

Welcome!

Monteagle Assembly members, family, friends, and visitors

On behalf of the Board of Trustees and our staff, we welcome you to the Monteagle Sunday School Assembly's 143rd season! For generations, families from near and far have gathered to enjoy eight weeks of friendship, fellowship and fun! The Assembly has an active and varied program including religious, educational, cultural and recreational choices for every age group. The program book is your road map to the many lectures, activities, workshops, and outdoor opportunities offered daily. Every year you will find new options and old favorites for the entire family. Whether you and your family have been coming to the Assembly for generations or this is your first visit, we hope that you will enjoy your time on the Mountain. Welcome to our beloved "Chautauqua of the South."

Hays Haney

President

Monteagle Sunday School Assembly

Program and Platform

143rd Assembly ~ ~ June 8–August 3, 2025

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MONTEAGLE SUNDAY SCHOOL ASSEMBLY

Statement of Purpose

The purposes of the Assembly are to serve as a church and Christian religious organization to advance and promote religion, art, science, education, and the broadest possible culture in the interest of Christianity without regard to sect or denomination. These Bylaws are intended to provide for and assure the continuation of these purposes.

Mission Statement

The Mission of the Monteagle Sunday School Assembly is to be a welcoming community of Christian faith where people gather to engage in spiritual growth and renewal, lifelong inquiry and learning, recreational and cultural enrichment, while being good stewards of our natural resources and our Assembly heritage.

We do this through

- An active and varied program of events and activities for members, guests, and the community at large;
- An emphasis on developing values, character, and leadership among our children and young people;
- Promoting and fostering an intergenerational and family friendly environment;
- A membership engaged in governing the Assembly and guiding its future;
- Taking excellent care of the Assembly grounds, building, and facilities;
- Sound financial management to ensure the sustainability of the Assembly.

Values

We believe

- A safe, caring, and friendly environment promotes spiritual, moral and intellectual growth for people of all ages;
- Our interdenominational Christian beliefs are the bedrock of our community;
- In the value of the Assembly's Chautauqua heritage and in our community traditions;
- In the centrality of our responsibilities to the children and young people in our midst;
- Education is key to a happy life, recreation sustains our bodies, and cultural enrichment is central to creating a civil society;
- In being good stewards of the natural and built community around us, and in being good neighbors to those beyond our gates.

Religious Activities

Warren Chapel

Warren Chapel is the center of Monteagle Sunday School Assembly's spiritual life and the location for many opportunities to engage in religious activities throughout the summer season and year-round. Please contact any person listed below if you wish to become more involved in Chapel life.

Chapel Committee: Co-Chairs, Frannie Smith, Virginia Curry

Altar Guild: Co-Chairs, Stephanie Smith, Rick Boeth

Assembly Choir: Director, TBA

Sunday School: Youth Chair: Jamie Green, Adult Chair: Frannie Smith

Intergenerational Chime Choir: Pam Maloof

Sunday Schedule

Adult & Youth Sunday School 10:00-10:45 a.m.

Adult classes begin Week 1, Sun., June 8

There are two adult Sunday School classes beginning June 8; **no Sunday School offerings on the last Sunday of the Season**. One class is held on the Winfield House Porch. The second class is hosted by Margaret and Steve Rixham, cottage #158, Leap of Faith. Topics vary in both classes; volunteers choose the study materials

Youth classes begin Week 1, Sun., June 8

Buzzards & Falcons led by Christian Coordinator..... Nashville Home Porch
Eagles led by Parent Volunteers..... Shady Dell
Eaglets led by Parent Volunteers (**no younger siblings, please**)..... Shady Dell

Sunday Worship 11:00 a.m.

Childcare for 2-4 yr. old children during Worship Service **ONLY**

Hummingbird Room, see "Notes" Weeks 1-8

Weekday Schedule

Twilight Prayers.....Monday-Thursday: 7:00 p.m.
A family-friendly, Vespers service led by the guest minister including scripture, psalms, prayer, reflection, and song. Please see *Mountain Voices* for special musical offerings.

Dinner on the Chapel Grounds.....Mon., 6:00 p.m. followed by Twilight Prayers
All are welcomed at the Dinner on the Chapel Grounds for a Bring-a-Dish Dinner. Entrée, lemonade and paper products are supplied; please see *Mountain Voices* and the Mall Kiosk for weekly information.

Notes:

1. Sunday morning childcare is offered as a service to those parents attending the 11 a.m. worship service. *Children must be potty-trained. Please provide your cell phone number and leave phone on vibrate so that you can be reached in case of emergency.*
2. Tennis is not allowed on the Mall or East courts during Sunday School, Worship, or Twilight Prayers. Tennis is not allowed on the East Courts during Sunday worship but IS permitted during Twilight Prayers. Pickleball is not allowed during Sunday School, Worship or Twilight Prayers. Activities in gym are not allowed as well during the worship services or Sunday School.
3. Children should refrain from riding bikes or playing outside Warren Chapel during the 11 a.m. service and during Twilight Prayers.
4. Golf cart parking at Warren Chapel is for the benefit of those who need mobility assistance. Please do not move carts during any of the services.

Guest Ministers 2025

Each week, a guest minister serves as pastor and teacher at Warren Chapel. Ministers reside in the Burris Ministerial Cottage (#70), (931) 924-2752.

Week 1: The Rev. Sara-Scott Wingo, Retired Episcopal Minister; Rector at Emmanuel Episcopal Church in Richmond, VA

Week 2: The Rev. Richard Alquist, Church of the Holy Cross, Trussville, AL

Week 3: The Rev. Melissa Derseweh, Morton Memorial United Methodist Church, Monteagle, TN

Week 4: The Rev. Mary Balfour Dunlap, The Episcopal Church of the Resurrection, Greenwood, SC

Week 5: The Rev. Darren Brandon, St. Paul's Methodist Church, Louisville, KY

Week 6: The Rev. Keith Gunter, New Creation Church, Hendersonville, TN

Week 7: The Rev. Ed Norton, Independent Presbyterian Church, Memphis, TN

Week 8: The Rev. Robert Cook, St. Andrew's Anglican Church, Little Rock, AR

Monteagle-Sewanee Sunday: The Rev. Sara Ardrey Graves, Interim Associate Dean for Community Life, School of Theology, Sewanee, TN

Schedule of Regular Activities

Quiet Hour: Daily — 1:00 - 2:30 p.m.

No loud noises, pickleball, tennis, music, mowing, construction, etc.

Lectures/Movies/Etc.

The daily program listing is your best guide, but this is a general outline and schedule of the regular offerings at MSSA

Lectures 10:45 a.m. & 7:45 p.m.
Special Programs Locations and times vary
Movies Auditorium at 7:45 p.m.
(Early-Bird Movies offered for younger children and parents on Wednesdays at 6:00 p.m.)

Mall Snack Shop

Mon., Tues., Thurs., Fri. 9:30 a.m.-12:15 p.m.; 2:30-5:00 p.m.
Wednesdays 9:30 a.m.-12:15 p.m.; 2:30-4:00 p.m.
Reopens at 5:30 for Early Bird Movie
Saturdays 10:00 a.m.-12:00 p.m.; 2:30-4:00 p.m.
Sundays-Movie/Lectures/Special Programs 7:15-8:30 p.m.
Weekday-Movie/Lectures/Special Programs 7:15-8:30 p.m.

Library at Winfield House

Monday-Friday 10:00 a.m.-12:00 p.m.; 2:30-4:30 p.m.
Closed Saturday and Sunday

Swimming Pool

Monday-Saturday:

Open to all: 10:00 a.m.-12:00 p.m.
Water Safety & Swimming Lessons
(by prior appointment only): 12:00 noon-1:00 p.m.
Open to all: 2:30-5:30 p.m.
Friday only, Open to all: 2:30-7:30 p.m.

Sunday:

Open to all 2:30-5:30 p.m.
Monday-Friday, Adult Water Exercise (over 18): 8:00-9:30 a.m.

Harton Hall

Operational Dates: Sunday, June 8 through Sunday, August 3

Lunch Monday-Friday: 11:45 a.m.-1:00 p.m.
Outdoor Grill Monday-Friday: 12:00-1:00 p.m.
Sunday Buffet 12:00-1:00 p.m.
Closed Saturdays

Harton Hall, on the site of the original Assembly Inn, is operated by Nashville's Emily and Jim Frith, owners of The Corner Market, and managed by Deanna Caldwell of Sewanee.

Food prices include sales tax. Cash, credit cards, and Venmo are accepted.

Special orders available by request.

No dogs or bare feet are allowed inside the dining room.

Check program listings and *Mountain Voices*, the weekly Assembly newsletter, for special events, weekly menus and program updates.

MSSA Loves Electric Carts, Bicycles & Walking Wouldn't You Love To Park That Car?

The Board of Trustees, President, and Officers of the Monteagle Sunday School Assembly encourage you to enjoy the fresh air and the opportunity to stretch your legs whenever possible. We all want to do our part to protect the environment, the safety of our children and pedestrians, and the quiet and tranquility of our Assembly grounds. Here are the things you can do:

- Whenever possible, walk, ride your bike, or use an electric cart.
- Park your car. If you can, use one of our convenient parking areas outside the Assembly's fenced grounds. These parking areas are located outside the Front Gate and outside the North Gate. A free satellite parking pass is required in these lots for security purposes.



Enjoy Walking MSSA Nature Trails

In addition to the developed areas of neighborhoods and parkland linked by roads, footpaths, and footbridges within the Assembly's historic Grounds, there is a system of nature trails on Assembly property that extends into the woods beyond the west and north gates of the Grounds.

Warren's Point on the plateau bluff to the north is the destination of the East and West Nature Trails. A large gazebo at Warren's Point is lined with benches that invite you to sit and enjoy the splendid view into the valley, and a stone bench further down the slope is a perfect spot for quiet reflection. Permanent picnic tables are also in place for fellowship with family and friends. The fire ring at Warren's Point is only for use during Assembly organized activities and with Assembly staff supervision.

The North Nature Trail offers a more rugged two-mile hike below the bluff line of Warren's Point. In Waldrop Woods there is a pleasant Loop Trail that begins and ends at the West (walking) Gate near where Linden and Walnut Avenues intersect, behind Cottage #142. Approximate distances and landmarks on the routes of these trails are noted on maps of the Assembly Nature Trails that are available in the Assembly office, snack shop, dining hall, and chapel.

Warren's Point and the Monteagle Sunday School Assembly Cemetery may also be accessed by walking along the gravel road that extends towards the left beyond the North Gate of the Assembly Grounds.

**"You will show me the path of life; in your presence there is fullness of joy,
and in your right hand are pleasures for evermore."**

Psalms 16, verse 11

MONTEAGLE SUNDAY SCHOOL ASSEMBLY

History of the Monteagle Sunday School Assembly

In April 1882, the Sunday School Convention of Tennessee sought to establish a Sunday School Congress for the following summer. In October the charter was drawn for the Monteagle Sunday School Assembly. The Board then selected a site, hired a landscape engineer from Rochester, New York, to lay out the grounds and planned a program. The Monteagle Sunday School Assembly opened its first session on July 17, 1883, for the purpose of “the advancement of science, literary attainment, Sunday School interests, and the promotion of the broadest popular culture in the interest of Christianity without regard to sect or denomination.”

The Assembly was an immediate success in spite of the fact that a restaurant and amphitheater were the only permanent structures on the Grounds the first summer. An ambitious building program soon resulted in scores of boarding houses, public meeting rooms, and private cottages to accommodate the thousands who visited the Assembly each year for the summer season. For a number of years before southern colleges and universities offered summer courses on their campuses, summer schools at the Assembly were popular. School teachers from across the South thronged to Monteagle to attend classes that broadened their educational experience.

In its early years the Assembly maintained close ties to the Chautauqua Institution at Chautauqua, NY, the original or “Mother” Assembly, founded in 1872. Chautauqua’s goal was to combine the training of Sunday School teachers with a broader program of religious, educational, and cultural enrichment. The national Chautauqua Literary and Scientific Circle (C.L.S.C.) program held annual graduation ceremonies for southern students at the Monteagle Assembly, its recognized regional headquarters. In the early 1900s, as part of a coalition known as the International Chautauqua Alliance, the Monteagle Sunday School Assembly presented nationally known lecturers, ministers, and artists in the Auditorium.

World War I, the Great Depression, and World War II took their tolls on the Monteagle Sunday School Assembly. Fewer people in attendance meant declining revenues and many programs were discontinued. Some cottages stayed vacant year after year. Yet the Assembly continued with a summer session each year, offering basic religious, platform and youth programs for all who came.

The 1960s and ’70s brought a reawakening of interest in the Monteagle Assembly and its programs. Families reopened and repaired cottages, and endowment funds were established as a means to rejuvenate the worship programs and other activities. The Centennial Celebration in 1982 was a catalyst in promoting interest and participation in the Assembly community, and in underpinning historic preservation efforts through designation as a Historic District listed in the National Register of Historic Places. Events of the Assembly’s first 100 years were chronicled in a souvenir publication, *Mountain Voices: The Centennial History of Monteagle Sunday School Assembly*. Ties to the mother Chautauqua Institution in New York were reestablished through membership in a growing Chautauqua Network, and an Archive for the collection and preservation of Assembly records and memorabilia was established.

Today the Monteagle Sunday School Assembly continues to honor its history and mission with a rich and varied schedule of religious, educational, cultural, and recreational programs for all ages. Assembly members and visitors affirm their commitment to the purpose of the Assembly by their support of these programs. In doing so they continue, in the words of the Rev. William H. Elder, III, “the marvelous legacy of Christian human beings who have sought ways to cherish, nourish, renew and share their faith in an environment at times mistaken for Eden.”

MONTEAGLE SUNDAY SCHOOL ASSEMBLY

Woman's Association 2025

Motto: "Each for the other, all for Monteagle"

Organized in 1887, the MSSA Woman's Association has played a vital role in the development of the Assembly by providing hospitality, financial support, and meeting space for all aspects of the program. Centrally located on the Mall, the Association's cottage, Winfield, houses the Assembly library and is staffed by a resident Hostess/Librarian. Winfield was acquired in 1960 when Assembly member Ella D. Winfield bequeathed her property to the Assembly. The Fletcher Guest Wing, made possible by a fund established in memory of Gertrude Bowling Whitworth Fletcher, was added to accommodate Platform guests. Winfield is the location for many activities during the season, including Sunday School, parents' meetings, workshops, children's story hours, Mahjong and card parties. There is always a warm welcome on the Winfield porch. Membership is open to all who wish to support the Woman's Association and its activities.

Officers 2025

President.....	Lyn Knopf
Vice-President.....	Kathy Provost
Treasurer.....	Mary Earthman
Asst. Treasurer	Julia Curry
Recording Secretary.....	Claudia Haltom
Corresponding Secretaries.....	Corinne Adrian and Kay Quinn
Literary Guild	Lori Davis and Sallie Stevens
Cottage Tour Co-Chairs	Susan Gray
Bazaar Chair.....	Celeste Reed
Winfield Cottage Telephone	(931) 924-2255



Woman's Association

2025 Calendar Weekly Schedule

All events take place at Winfield Cottage Porch

Mahjong Mondays, 2:30-4:30 p.m., tournament week 8

Beginners Mahjong, Tuesdays 9:30-11:00 a.m.

Adult Card Party & Mahjong Meet-Up, Wednesdays 2:30-4:30 p.m.

Arty Party Weeks 3 and 6 – Wednesday 6:30-8:30 p.m.

All Assembly adults are welcome at the Arty Parties & Porch Parties

WEEK 1, June 8-14

Mon., 2:30-4:30 p.m. Mahjong

*Tues., 9:30-11:00 a.m. Beginner Mahjong

Wed., 2:30-4:30 p.m. Adult Card Party and Mahjong Meet-Up

WEEK 2, June 15-21

Mon., 9:30 a.m. Woman's Association Meeting and Welcome Back Brunch-Dues \$25.00.

Mon., 2:30-4:30 p.m. Mahjong

*Tues., 9:30-11:00 a.m. Beginner Mahjong

Wed., 2:30-4:30 p.m. Adult Card Party and Mahjong Meet-Up

Fri., 5:00-6:30 p.m., Porch Party

WEEK 3, June 22-28

Mon., 2:30-4:30 p.m. Mahjong

*Tues., 9:30-11:00 a.m. Beginner Mahjong

Wed., 2:30-4:30 p.m. Adult Card Party and Mahjong Meet-Up

*Wed., 7:30-9:30 p.m. Arty Party

Thur., 4:00 p.m. Book Club #1

WEEK 4, June 29-July 5

Mon., 2:30-4:30 p.m. Mahjong

*Tues., 9:30-11:00 a.m. Beginner Mahjong

Wed., 2:30-4:30 p.m. Adult Card Party and Mahjong Meet-Up

WEEK 5, July 6-12

Mon., 9:30 a.m. Woman's Association Meeting-Dues \$25.00

Mon., 2:30-4:30 p.m. Mahjong

*Tues., 9:30-11:00 a.m. Beginner Mahjong

Wed., 2:30-4:30 p.m. Adult Card Party and Mahjong Meet-Up

Thur., 4:00 p.m. Book Club #2

Fri., 5:00-6:30 p.m. Porch Party

WEEK 6, July 13-19

Mon., 9:30 a.m. Woman's Association Meeting-Dues \$25.00

Mon., 2:30-4:30 p.m. Mahjong

*Tues., 9:30-11:00 a.m. Beginner Mahjong

Wed., 2:30-4:30 p.m. Adult Card Party and Mahjong Meet-Up

*Wed., 7:30-9:30 p.m. Arty Party

Fri., 9:00 a.m.-3:00 p.m. Woman's Association Bazaar (The Mall)

*Fri., 10:00 a.m-3:00 p.m. 60th Cottage Tour (Assembly Grounds)

Fri., 6:00 p.m. Thank You Party for Volunteers

WEEK 7, July 20-26

Mon., 2:30-4:30 p.m Mahjong

*Tues., 9:30-11:00 a.m. Beginner Mahjong

Wed., 2:30-4:30 p.m. Adult Card Party and Mahjong Meet-Up

Thur., 4:00 p.m. Book Club #3 (Cottage 77)

WEEK 8, July 27-August 3

Mon., 9:30 a.m. Woman's Association Meeting-Dues \$25.00

Mon., 2:30-4:30 p.m. Mahjong

*Tues., 9:30-11:00 a.m. Beginner Mahjong

Tues.-Thur., 2:30-4:30 Mahjong Tournament

Fri., 5:00-6:30 p.m. Porch Party

*Denotes sign-up and/or fee required.

Please check the platform calendar for further details.

Winfield Hours: Monday through Friday, 10:00-noon; 2:30-4:30 p.m.

MONTEAGLE SUNDAY SCHOOL ASSEMBLY

Youth Program

The youth have been an integral part of the Assembly from its beginning, and many consider Monteagle a place where children can develop both spiritually and physically in a safe environment. Throughout the summer season, a Youth Coordinator, Christian Education Coordinator, Kindergarten and Crafts Director, and other Youth Staff supervise high quality activities for children of all ages.

Children are encouraged to participate in their age-appropriate groups and in all phases of Assembly life; however, our mission places a high value on family, and **parents should still consider themselves completely responsible for their children's behavior** whether they are at home or participating in Assembly functions. **The Assembly youth staff is not to be considered as babysitters, and parents should be prepared to supervise their children at movies, lectures, or concerts and other events. In many cases, adult accompaniment will be the best choice.**

Weekly Youth Parents Meetings:

These meetings are a great way to be in the loop about the week's activities, any schedule changes, and volunteer needs. We hope you will plan to attend these half-hour meetings held each Tuesday from 10:15-10:45 a.m. on the porch at Harton Hall.

Excursions:

Age-appropriate excursions have been planned for each week. Please refer to the Auditorium bulletin board (located in the front of the Auditorium) each Monday for information on the specific excursions for your child's age group as well as information for All-Assembly Excursions. Additional information will be available at the Youth Parents' Meeting each Tuesday at 10:15 a.m. on the porch at Harton Hall and may also be obtained from the Superintendent of Youth Programs. For excursions away from the Assembly, parents are advised to use discretion in allowing their children to participate. Eagles and Eaglets must be accompanied on excursions by a parent or a responsible adult. Children under the age of twelve will not be allowed to ride in cars with the youth staff, so parents should plan to drive their own children on excursions.

Bicycle and Bridge Safety:

We want all Assembly youth to be safe and enjoy their mountain experience. Parents, please help us to help your children stay safe. All cyclists within the Assembly grounds must abide by the laws of the State of Tennessee regarding bicycle safety. In addition, there are specific Assembly rules that strictly forbid the riding of bicycles on footbridges or tennis courts and require that pedestrians on Assembly footpaths be given the right of way. **Infractions of the bicycle safety rules may result in the loss of bicycle privileges.**

Curfew:

The Youth Committee recommends these as appropriate times for children to be home:

Children under 12 years: 10:30 p.m.

Children 12-14 years: 11:00 p.m. or immediately following a youth event for this age group

Children 15-17 years: 11:30 p.m. or immediately following a youth event for this age group

There is an established midnight curfew for all persons under 18 years of age.

MONTEAGLE SUNDAY SCHOOL ASSEMBLY

Age Categories for Youth Activities

Group	Ages	Group	Ages
Hummingbirds	3 to 5	Buzzards	12 to 14
Eaglets	6 to 8	Falcons	15 to 17
Eagles	9 to 11		

Registration for all youth is held at the auditorium from 9:30 to 10:00 a.m. Monday through Friday. Please bring gate ticket and release form to receive a fun band identification bracelet. In addition to registering, a parent must sign each Hummingbird in at the Hummingbird Room each day.

Schedule of Weekly Youth Activities

Playtime	Mon.-Fri.	10-12 a.m.	Hummingbirds	Rear of Auditorium
Games	Mon.-Fri.	10-12 a.m.	Eaglets, Eagles, Buzzards, Falcons	On the Mall
Arts/Crafts	Mon., Wed.	2:30 p.m.	Eaglets	Shady Dell
	Tues., Thurs.	2:30 p.m.	Eagles	Shady Dell
Early-Bird Movie Night	Wed.	6:00 p.m.	Hummingbirds (& parents)	Auditorium
Story Time	Tues., Thurs.	3:00-3:30 p.m.	Hummingbirds & Eaglets	Winfield Porch
June: Youth Tennis:	Mon.	3:00-4:00 p.m.	Eagles	East Gate Courts
	Wed.	2:30-3:30 p.m.	Buzzards & Falcons	East Gate Courts
	Wed.	3:30-4:00 p.m.	Eaglets	East Gate Courts
July: Youth Tennis	Mon.	3:30-4:30 p.m.	Buzzards & Falcons	East Gate Courts
	Wed.	9:00-10:00 a.m.	Eagles	East Gate Courts
	Thurs.	9:30-10:00 a.m.	Eaglets	East Gate Courts
Intergenerational Chime Choir	Tues, Wed.	9:30-9:55 a.m.	Ages: 4-100	Warren Chapel
Progressive Dinner	Wed.	6:00-7:00 p.m.	Buzzards/Falcons	Meet at Nashville Home
Progressive Dinner	Thurs.	6:00-7:00 p.m.	Eagles	Meet at Nashville Home
Moonlight Swim	Tues.	8:00-8:50 p.m.	Eagles	Meet at Gym/Pool
		9:00-10:00 p.m.	Buzzards, Falcons	Meet at Gym/Pool
Youth Campfire	Wed.	9:00 p.m.	Buzzards, Falcons	Meet at Nashville Home
Capture the Flag	Thurs.	9:00-11:00 p.m.	Eagles, Buzzards & Falcons	Meet at Nashville Home

Check Auditorium bulletin board for daily details of Youth Program, excursion sign-ups, etc.

MONTEAGLE SUNDAY SCHOOL ASSEMBLY

Season Expenses

During the Summer Assembly a gate ticket is required for any person entering the Grounds. This ticket entitles one to attend all Assembly programs and to use all Assembly facilities.

Tickets will be checked before admittance to the grounds, pool, and tennis courts. Our employees are required to check tickets and can do their job more pleasantly and efficiently with your cooperation. Please be prepared to show tickets for ALL passengers in your vehicle at all times!

All pets must be registered with the Assembly and must wear identification tags at all times. These tags are not transferable. Before pet registration can be issued, members should provide evidence that pets have been inoculated against rabies within the past 12 months.

Schedule Of Charges

	Season	Month	Week	Day
Gate*	\$445.00	\$300.00	\$121.00	\$20.00
Health Aide/Sitter	61.00	44.00	34.00	8.00
Pet	50.00	50.00	25.00	25.00
Auto	100.00	60.00	30.00	6.00
Satellite Parking Pass	Free	Free	Free	Free
Lecture Pass	100.00			

Satellite Parking Pass is obtained in the office. The only individuals who may purchase cottage owner discounted tickets are the Assembly member, spouse of member, children and grandchildren of member, parents and grandparents of member. Guests, cousins, and siblings of members are required to pay the above posted fees.

***All Persons 3 years of age and over**

Monthly Charge is for FOUR WEEKS, not a calendar month

Day: Any visit of more than four (4) hours in one day, except July 4, requires the purchase of a full-day ticket. A person may come in only one time per day on a 4-hour pass.

Policies for Non-Resident Children

1. Member/Resident Sponsor:
 - Each child must have a Member Sponsor or Resident (renter) Sponsor.
 - Tickets must be purchased in the Office
 - Parent will execute applicable waiver at the time of the purchase which must include the sponsor's contact information (to be verified by the office)
 - EXCEPTION: If the Parent stays on the Grounds to participate in the Platform, then a Sponsor is not required.
2. Each Non-Resident Child must be at least 6 years of age (Eaglet and above – no Hummingbirds)
3. Resident and Temporary Resident children take precedence based on available capacity (e.g., children of Members and Renters). The Non-Resident Child Program is not available for Fourth of July week.
4. Quiet Hour:
 - Parent must pick up the child by 1:00 p.m. or arrange for the child to remain with the Sponsor during Quiet Hour. Child may return at 2:30 p.m.

MONTEAGLE SUNDAY SCHOOL ASSEMBLY

Rules And Regulations

Leaseholders, Renters, And Guests Important! Please Read

We hope you have a wonderful stay on the grounds of the Monteagle Sunday School Assembly this summer. Below is an abbreviated list of our rules and regulations for easy reference and emphasis. We strongly suggest you familiarize yourself with the complete Code of Regulations and ByLaws available on the Assembly website at www.mssa1882.org. Questions pertaining to them may be directed to the Executive Director or to any trustee.

All persons within the Assembly grounds are subject to **all** of the rules, regulations, and Bylaws officially adopted. Leaseholders are responsible for ensuring that all persons in their households read and abide by all of the rules and regulations.

General Rules:

1. The President and Executive Director have the duty and authority to enforce the rules.
2. Any person within the Assembly grounds may be required at any time to show evidence of authorized presence with a ticket or pass. Four-hour passes will be provided without charge to any person wishing to attend specific religious, cultural, and/or educational activities. Periodic leasehold checks may be made during the annual assembly to ensure all occupants have tickets. **All persons must present their gate tickets to the gatekeeper upon entering and leaving the gate.**
3. No one may endanger the health or safety of persons or property within the Assembly. Destruction of or damage to any Assembly property subjects the offender to appropriate fine and discipline by the Board of Trustees.
4. The Executive Director has the authority to abate all nuisances, including excessive noise, and correct all dangerous conditions.
5. The shooting of guns, sling shots, firecrackers, and fireworks on the Assembly property is prohibited. Violations of this code shall result in a \$500 fine for the first offense and expulsion for the remainder of the season for a second offense.
6. Trash fire of any kind on Assembly grounds both within and without the fenced area is prohibited. Metal grills/barbecue broiling stands designed for cooking purposes only may be used outdoors with supervision on leaseholds but not on parkland unless supervised by Assembly summer personnel or permanent personnel. With the foregoing and following exceptions, open fires are prohibited on leaseholds and Assembly property. Grills must be out from under and away from overhanging eaves or trees. Permanent and/or portable firepits including but not limited to solo style smokeless fire pits, chimineas, pagodas and other similar products and fire pits of any kind are considered open fires and therefore may not be used on leaseholds or assembly property. Campfires are permitted within the stone fire rings on the cleared areas at Warren Point and campground.

7. Camping is not allowed on Assembly property except at the campgrounds. Warren Point is not a campground.
8. The possession or use of alcoholic beverages on public grounds, in public places, or at public functions on the Assembly grounds is prohibited and subjects the offender to disciplinary action by the Board of Trustees. **No alcohol except in private cottages.** Controlled substances of any kind may not be used anywhere and subjects the offender to the laws of the State of Tennessee. One must be twenty-one (21) years of age to use alcohol.
9. Persons are not permitted to climb on the Pilcher Arch.
10. No commercial activity or fund-raising activity shall be conducted on the Assembly grounds without approval of the Board of Trustees. These activities include, among others, the activity of any committee.
11. Advertising in *Mountain Voices* shall be limited to Assembly-sponsored events, leaseholds available, and other matters specifically approved by the Board of Trustees.
12. Unless otherwise provided, fines of up to \$500 for each violation under the Code of Regulations may be imposed. Assembly services may be suspended or terminated to leasehold, including suspension or termination of water service. Offenders may be expelled from and prohibited entry to the Assembly grounds. The Board of Trustees may terminate a member's lease in cases of non-payment of dues or assessments or violations under the Charter, the ByLaws, or the Code of Regulations.

General Youth:

1. A midnight curfew is in effect for all persons who have not reached their eighteenth (18th) birthday. The Security Officer is authorized to ask for proper identification from anyone found outside cottages after that hour. Violators of the curfew will be escorted to their cottages, and their parents or hosts will be informed. All violators must appear before the Youth Committee. A second violation will result in the appearance of both the violator and parents before the Disciplinary Committee for appropriate discipline, which may include expulsion from the Grounds.
2. Without exception, a person shall be eighteen (18) years of age or older to stay overnight in the Nashville Home.
3. Summer staff employees are subject to **all rules and regulations.**

Bicycles:

1. Bicycles and scooters shall not be ridden across walking bridges or on tennis courts. They **must be walked** across such bridges. The first time that an offender is stopped by anyone on the Assembly grounds, the person will be given a warning and reported to the Executive Director. The second time that the offender is stopped, that person and his/her parent will meet with the Executive Director. The third time that the offender is stopped, he/she will have the bike confiscated for one week. If there is another offense, the individual will be brought in front of the Executive Disciplinary Committee. Bicyclists should exercise consideration at all times for pedestrians and use caution when riding along or crossing roads.
2. The use of safety helmets is mandatory in agreement with Tennessee law. The youth of the Assembly must wear helmets when riding their bicycles in accordance with Tennessee state law. On the Assembly Grounds, the first time that the

youth is stopped for not wearing a helmet, the youth will be warned. Any person on the Assembly Grounds can stop any youth not wearing a helmet and report him/her to the Executive Director. The parent will then be notified. The second time that the youth is stopped for not wearing a helmet and is reported to the Executive Director, the youth and the parent will meet with the Executive Director or a designee. The third time that the same youth is stopped for not wearing a helmet; the bike will be confiscated for one week. If there is a fourth offense, the youth will be brought in front of the Disciplinary Committee.

3. No bicycles shall be parked in front of the Auditorium, Warren Chapel, or Harton Hall. Appropriate bicycle racks or designated areas will be located near these buildings. Violators' bicycles will be confiscated and violators may be fined.
4. Scooters, roller blades, roller skates, and similar devices on wheels and runners are prohibited for use on streets, sidewalks, bridges, and tennis courts.

Pets:

1. Pets shall be registered with the Assembly and bear identification tags at all times. These tags are not transferable. All pets shall be inoculated against rabies.
2. All pets shall be kept inside cottages or on a leash between the hours of 7:00 p.m., and 7:00 a.m.; however, animals, including dogs and cats, that have attacked other domestic animals or humans shall be kept behind doors or fences, or on a leash, or shall be tied up at all times. Owners may be fined for violation. Pets that become a nuisance or dangerous may be expelled from the Assembly grounds.

Motor Vehicles:

1. Motor vehicles should be used with the greatest of care. Fines may be imposed for speeding, failing to stop, and driving in a reckless or careless manner. Any person cited for four offenses of the traffic regulations within a 12- month period shall have his or her driving privileges within the Assembly grounds suspended for six months.
2. The speed limit is **14 miles per hour** throughout the Grounds except through **the Mall area where the speed limit is 10 miles per hour**. No one shall operate a motor vehicle of any kind, including golf carts, on Assembly property without a valid driver's license.
3. Motorcycles, motorized scooters, go-carts, campers, RVs, four-wheelers, and/or mobile homes are not allowed on the Assembly grounds. Use of large trucks, moving vans, or trailer-type haulers inside the Assembly grounds must be approved by the Executive Director. No approval will be granted during the Assembly season.
4. Golf carts may be allowed on the Assembly grounds upon application to and with permission of the Executive Director. Golf carts shall be operated only on roadways with an exception for medical reasons or handicapped condition of the operator or passengers when carts may be operated on walkways and paths. All golf carts must be equipped with a horn and must have front lights and rear lights or reflectors if driven after daylight hours.
5. No one shall ride on top of vehicles, on fenders or bumpers, on backs of vehicles (other than truck beds), or in any other place other than that provided for passengers inside the vehicles.



MONTEAGLE SUNDAY SCHOOL ASSEMBLY

2024-2025 Committee Assignments

**The MSSA Board President and the Executive Director
participate on all committees as Ex-Officio members**

Architectural Review

Neil Kunkel, Chair

Jay Cleveland
Frannie Corzine
Stephen Green
Gretchen Johnson
Chris Knopf
David Malone
Barry Moody
Robin Thompson

Archives

Morgan Merrill, Chair

Oliver Jervis-Historian
Richard Boeth
Candice Carr
Anne Dennington
Jack Duncan
Judy Duncan
Mary Earthman
Earl Gilbreath
Margie Martin
Sandra Polk

By-Laws

Paula Walker, Chair

Bill Davis
Mark Floyd
David Malone
Andy Wildman

Cemetery

David Hudgins, Chair

Susan Parker-Treasurer
Meghan Hudgins-Secretary
Bill Davis
Mary Balfour Dunlap
Ashley Short Grigsby
Chris Knopf
Anne Monfore
Julia Owen

Development

Susan Acker, Chair

Frannie Ambrose
Mary Louise Clark
Joanna Ellis Douglass
Mary Balfour Dunlap
Meghan Hudgins
Lyn Knopf
Mary Ellen Lovell
Louise Manzella

Education

Dawn Logan, Chair

Kent Ballow
Kylee Swiggart Bandy
Christie Burbank
Mary Clark
Bethany Frank
Gilbert Gordon
Gibson Merrill Keith
Ellie Lovvorn
Emily McKnight
Jane Pratt
Helene Thompson
Susannah Walker
Caroline Wildman

Finance

Chris Knopf, Chair

Anne Archer Dennington
Regan Greer
Will Reynolds
Jimmy Stansell

Landscaping

Mary Louise Clark, Chair

Frannie Ambrose
Helen Bird
Weezie Green
Sarah Fleming
Cullen Hornaday
Gretchen Johnson
Dawn Logan
Mary Ellen Lovell
Louise Manzella
Dot Neale
Sallie Stevens

Legal Counsel

Bill Davis
Hays Haney

Long Range Planning

Anne Byrn Floyd, Chair

Ellie Billington
Joel McAlister
Walter Merrill
Lane Price
Will Reynolds

Marketing &

Communications

Ann Ewing, Chair

Anne Archer Dennington
Martha Ann Pilcher
Katie Trahan

MAEFC

Will Reynolds, President

Frannie Corzine, V.P.
Stephen Green, Sec./Treas.
Nelson Byrd
David Fitzgerald
Claudia Haltom
Mary Ellen Lovell
Kay Quinn
Jimmy Stansell

Membership

Anne Byrn Floyd, Chair

Anne Dennington
Carole Fesmire
Jamie Green
Anne Monfore
Laurie Peacock

Outreach

Mary Balfour Dunlap, Chair

Susan Acker
Kent Ballow
Christie Burbank
Mary Clark
Kate Connell
Mary Earthman
Ginny Gordon
Cullen Hornaday
Jenny Jervis
Dawn Logan
Dot Neale
Ruth Patterson
Will Reynolds
Stephanie Smith
Sallie Stevens
Perian Strang
Marion Van Zandt

Pickleball

Mary Anna & David Malone,

Co-Chairs

Jay Cleveland
Mark Floyd
Susan Gray
Kirby May

Platform

Amanda Moody, Chair

Janie Berry
Frannie Corzine
Mary Louise Clark
Margaret Graham
Bill Haltom
Rick Jansen
Lyn Knopf
Emily McKnight
Anne Monfore
Dot Neale
Betsy Peebles
Pace Verner

Property, Security, & Safety

Albert Ambrose, Chair

Bill Davis
Anne Byrn Floyd
Joel McAlister
Betsy Peebles
Luther Richardson, III
Steve Rixham
Jimmy Stansell
Thomas Van Zandt

Reforestation

**Jennifer Smith & John Clark,
Co-Chairs**

Albert Ambrose
Jack Arnold
Kathryn Henry-Choisser
John Earthman
Carter Gordon
Lucy Keeble
Neil Krugman
Evelyn Ferris Raines

Tennis

**Jane Jackson, Co-Chair
Betsy Peebles, Co-Chair**

Louise Beasley
Sidney Short
Robin Thompson

Trails

David Peacock, Chair

Tom Montgomery
Clark Tate
Thad Thompson
Caroline Wildman
Jessie Yancey

Warren Chapel

Virginia Curry, Co-Chair

Frannie Smith, Co-Chair

Altar Guild

Stephanie Smith, Co-Chair

Rick Boeth, Co-Chair

Virginia Curry
Kathy Flatley
Cullen Hornaday

Burriss Ministerial Residence

Sallie Stroud, Co-Chair

Ruth Patterson, Co-Chair

Chapel & Dinner Volunteers

Corinne Adrian
Nancy Aubke
Melissa Barrett
Rick Boeth
Mary Louise Clark
Jack Duncan
Judy Duncan
Karen Eager
Linda Elder
Bill Elder
Ginny Gordon
Gilbert Gordon
Margaret Graham
Susan Gray
Steven Green
Melissa Haines
Claudia Haltom
Bill Haltom
Buck Neely
Ruth Patterson
Betsy Peebles
Jane Pratt
Julian Price
Lane Price
Kathy Provost
Frannie Smith
Sallie Stevens
Mary Jo Van Zandt
Polk Van Zandt
Anne Worthen

Dinner on the Grounds

Rick Boeth
Virginia Curry
Margaret Graham
Claudia Haltom
Cullen Hornaday
Frannie Smith

Worship Music

Clinton Bailey
Ellie Billington
Cyndy Hudgins
Pam Maloof
Brenda Matthews
Jimmy Stansell

Sunday School

Jamie Green-Co-Chair

Frannie Smith-Co-Chair

Peaceful Practices at the Point

Pace Verner, Chair

Welcome

Jamie Green, Chair

Tiffany Carr
Cecil Billington Blair
Bessie Doffermeyre
Elizabeth Fox
Celeste Reed
Jessie Yancey

Youth

Jamie Green, Co-Chair

Jen Reynolds, Co-Chair

Louise Beasley
Hayden Blaine
Shellie Carr
Tiffany Carr
Julia Curry
Bessie Doffermeyre
Lillie Fish
Helen Fish
Rachel Kennedy
Katherine Merrill
Jill Pratt
Lindsey Price
Claire Richards
Katherine Merrill
Jill Pratt
Claire Richards
Katherine Torkelson
Ellen Tulluck
Susannah Walker
Katherine Walters

MONTEAGLE SUNDAY SCHOOL ASSEMBLY

Officers of the Board of Trustees 2024-2025

President:	Hays Haney
First Vice President:	Andy Wildman
Second Vice President:	Walter Merrill
Secretary:	Lori Davis
Treasurer:	Chris Knopf

Advisory Council

Kent Ballow	Amanda Moody	Overton Thompson, III
Bill Cox	Barry Moody	Tommy Trabue
Cyndy Hudgins	Julian Price	Virginia Uden
Oliver Jervis	Stephanie Smith	Pat Wildman
Greg Maloof	Helene Thompson	

2024-25 Board of Trustees

Caucus	Class of 2025	Class of 2026	Class of 2027
Episcopal	Tom Montgomery*	Walter Merrill	Rick Boeth
Methodist	Frannie Smith	Anne Archer Dennington*	Ruth Patterson
Presbyterian	Amanda Moody*	Joel McAlister	Anne Byrn Floyd
Consolidated	Paige Cleveland	Laurie Peacock*	Neil Kunkel
At Large	Luther Richardson Steve Rixham Betsy Peebles	Clinton Bailey* Will Reynolds Andy Wildman	Hays Haney* Lori Davis Chris Knopf*

*Second Term

Meetings of the Board of Trustees for 2025

Saturday, June 14th.....	9:00 AM
Saturday, June 28th.....	9:00 AM
Saturday, July 12th.....	9:00 AM
Saturday, July 25th.....	4:30 PM
Saturday, July 26th.....	1:00 AM

MONTEAGLE SUNDAY SCHOOL ASSEMBLY

Endowment Fund Corporation

The Monteagle Assembly Endowment fund was incorporated on July 10, 1959, for the purpose of soliciting and accepting gifts, grants, devises, and bequests in aid and furtherance of the objectives and purposes of Monteagle Sunday School Assembly. Much benefit to the Assembly has derived from the generosity and foresight of many.

Gifts may be made in cash, through appreciated securities, or through other methods of planned giving, such as, insurance proceeds, remainder trusts, or final bequests. Please contact any member of the MAEFC Board if you would like to discuss this matter further.

Officers of the Board of Trustees

President Will Reynolds
Vice President Frannie Corzine
Secretary/Treasurer..... Stephen Green

Class of 2025	Class of 2026	Class of 2027
Kay Quinn	Nelson Byrd	Davis Fitzgerald
Claudia Haltom	Frannie Corzine*	Mary Ellen Lovell
Stephen Green	Will Reynolds*	Jimmy Stansell

Hays Haney 2024-2025 MSSA Board President

Ex-Officio:
Steve Williams, Executive Director

*Second Term

For the revolving class of MAEFC Trustees, two trustees are elected by the MSSA Board, and one is elected by the MAEFC Board. The MSSA President is a MAEFC Trustee by virtue of office.

MAEFC 2025 BOARD MEETINGS

Saturday, June 14 1:00 p.m.
Saturday, July 26 2:30 p.m.

A comprehensive accounting of all gifts to the Assembly, including endowment fund information, will be published in an Annual Report following the fiscal year end.

Bridges to the Future Campaign

The purpose of the *Bridges to the Future Campaign* is to encourage members and friends of the Monteagle Assembly to remember the Assembly in their estate plans. The campaign will help ensure the future of the Assembly for generations to come. Today, we are able to enjoy much of what we cherish about the Assembly due to the generous gifts of members in the past. Now through the Bridges Campaign, each of us can help ensure that future generations will have the same opportunity to share in this wonderful place as our children and grandchildren are having.

To date we have had 106 members or families who have made a commitment to remember the Assembly in their estate plans. They are listed below.

Susan Acker	Havens & Joel McAlister
Tupper and Tom Allen	Morgan Van Zandt & Walter Merrill
Frannie and Albert Ambrose	Helen L. Miller (Deceased)
Cathy and Clinton Bailey	Clay R. Miller (Deceased)
Barbara Blake Baine	Anne Cox Monfore
Kent Ewing Ballow	Robert W. Monfore (Deceased)
Steve Barnes (Deceased)	Amanda and Barry Moody
Jane Barton (Deceased)	Ellen Livingfield More
Keith Barton	Laddie Neil (Deceased)
Ellie and William Billington	Army Nelson (Deceased)
Harry Lee Billington (Deceased)	Sara Nelson (Deceased)
Corinne Blake (Deceased)	Aileen F. O'Brien (Deceased)
Norman Blake	Linda & W. Scott Parrish
Blythe Orr Bowman	Lauren Hudgins & David T. Peacock
Sherrill Marks Byrd (Deceased)	Elizabeth W. Phillips
Gray Campbell	William H. M. Phillips (Deceased)
Anne Byrne and Mark Floyd	David Pilcher
Sydney & Larry Catlett	Eugene C. Pilcher
James H. Cheek, Jr. (Deceased)	Lane Mathis & Julian Price, Jr.
Jeannine Clements	Lindsey & Evan Price
Annis and Bill Cox	Julia Pulliam (Deceased)
Virginia Tipton Craig (Deceased)	Walter T. Pulliam (Deceased)
C. Irwin Crais (Deceased)	Alice Harton Ratcliffe (Deceased)
Margaret Crais	Fran Reynolds (Deceased)
Nancy & Henry R. Crais	Louise Richardson (Deceased)
Stewart Crais	Luther W. Richardson, Jr. (Deceased)
Virginia and Ed Curry	Susie Webb Ries
Colonel and Mrs. James Dismukes	Russell Ries (Deceased)
Beverly Douglas, Jr. (Deceased)	Margaret & Steve Rixham
Elizabeth H. (Missie) Edwards	Anne Byrn Roberts (Deceased)
Andrew Ewing	Lucy Roberts
Ann M. Ewing	Mary Carolyn Roberts
Katharine P. Flatley & William F. Flatley	Jack Roberts III
Bethany & J. Lanier Frank	Richardson Roberts
Karin B. & John O. Haley	Christie Ewing Rolon
Polly Ann Halliday (Deceased)	Ann Shayne
Wick Halliday (Deceased)	Agnes and Lindsey Short
Lisa & Tom Hammett	John Sisson
Hays Thompson Haney	Frances Tipton Smith
Marjorie Hornaday-Oexmann (Deceased)	Jennifer M. Smith
Cynthia K. & W. Robert Hudgins	Stephanie C. Smith
Jim Humphreys	Anderson Spickard, Jr. (Deceased)
Judith Humphreys (Deceased)	Sue Spickard
Jean Jervis (Deceased)	Helene Thompson
Oliver W. Jervis	Lucinda T. Trabue (Deceased)
Mary Susan and Delk Kennedy	Evelyn & Thomas M. Trabue, Jr.
Paula Walker & Neil Kunkel	Virginia H. & James Uden
Dianne Hudgins Lloyd	Nancy Harton Washburn (Deceased)
Mary Ellen Lovell	Britton P. D. Watson
Arthur E. Malone, Jr. (Deceased)	Betty Webster (Deceased)
Cornelia B. Malone	Bucky Webster (Deceased)
Mary Anna & David E. Malone	Elizabeth S. (Pat) Wildman
Tanja & John A. Malone	Irene Wills (Deceased)
Pamela Krug & Gregory P. Maloof	W. Ridley Wills II (Deceased)
Margie Martin	Frank A. Woods (Deceased)
Dorothy Shands Martin (Deceased)	Jayne Ann Woods
Scott F. May	Anne Roberts & George Worthen

MONTEAGLE SUNDAY SCHOOL ASSEMBLY

Cemetery

The Cemetery Committee of the Monteagle Sunday School Assembly was constituted in 2001. This committee reports to the Membership and is vested with plenary powers to carry out the operation, management, and maintenance of the MSSA Cemetery subject to directions the MSSA Membership may from time to time adopt. The Committee is subject to regulations of the State of Tennessee.

Please contact a member of the Committee if you would like to acquire a perpetual care burial plot, erect a marker, or make a donation to the Cemetery fund. Contact any Committee member or the MSSA office in the event that assistance with burial arrangements is needed.

Cemetery Committee members are elected by the MSSA membership at the Annual meeting. Committee officers are elected by committee members following the MSSA Annual meeting. The MSSA President is a member of the Committee by virtue of office.

Cemetery Committee

Chairman David Hudgins
Secretary Meghan Hudgins
Treasurer Susan Parker

Class of 2025

Anne Monfore
Chris Knopf
Meghan Hudgins

Class of 2026

Julia Owen
Ashley Grisby*
Susan Parker

Class of 2027

Bill Davis
Mary Balfour Dunlap
David Hudgins*

Hays Haney 2024-2025 MSSA Board President

*Second term

MONTEAGLE SUNDAY SCHOOL ASSEMBLY

143rd Platform

JUNE 8-AUGUST 3, 2025

Workshops, Events, Performances, and Activities

REGISTRATION POLICIES FOR ALL ADULT AND YOUTH WORKSHOPS, EVENTS, AND ACTIVITIES

1. MSSA gate tickets are required for all persons on the grounds of the Assembly, except those visiting for four hours or less, who will be issued a temporary pass. EVERYONE, members and non-members, MUST present their MSSA gate ticket at each workshop session. (A four-hour pass is not a substitute for a gate pass in attending a workshop.)
2. Registration for workshops may be made online or at the MSSA business office during regular hours: Monday – Friday, 8 a.m. to 4 p.m., and during the summer program season on Saturday, 9 a.m. to 3 p.m.
3. A name will not be added to the workshop registration until the fee has been paid by cash, check, credit card, or house account.
4. Refunds will be made only if a replacement participant can be secured from the waiting list. Otherwise, no refund will be given.
5. Assembly residents are eligible for priority registration from April 1-May 15. Assembly residents include: cottage owners, renters, and their guests, who have a purchased a gate pass and are in residence at the time of the workshop.
6. Non-residents may place their names on the waiting list between April 1-May 15. On May 16, registration is open to all and those on the waiting lists will be confirmed a place in a workshop as space becomes available.
7. Most adult workshops are also appropriate for mature teens, and in some cases for children as young as ten if accompanied by a registered parent.

WEEK ONE

June 8-14, 2025

The Story Starts

Workshops, Events, Performances, and Activities

When required, payment and registration for workshops, events and activities may be made online or in the MSSA office. Remember to bring your gate pass to all workshops and show it to the platform staff on duty. Complete registration details and policies may be found on page 22.

Sun., June 8, 2:30 p.m., Warren Chapel and Assembly Locations

The Great Assembly Blessing! A New Assembly Tradition

Please join us as we begin a new tradition at the Assembly—Blessing the Assembly Together! As we begin the 143rd Season, join us in the Chapel as Pace Verner and Sara-Scott Wingo speak to us on the power of blessing and how we can speak blessings over our Assembly. And after some short instruction, each person will choose one of 5 preset locations on the grounds, follow our Prayer Leaders there and offer blessings and prayers from a program that each of us will receive. We can walk or go in a golf cart to our location of choice and after our Blessing, we are invited to return to the Chapel for an Ice Cream Social. All ages are welcome, and we invite you to gather with us as we bless together our summer home and all of the activities that go with it!

Mon., Weeks 1-8, 8-9:00 a.m., Gymnasium

Ageless Strength & Vitality: Brendie Mitchell, instructor

Join us for *Ageless Strength & Vitality*, a dynamic, one-hour class specifically designed to support healthy aging through a holistic combination of yoga, weightlifting, brain exercises, and balance training. This unique class targets key areas that are known to age more rapidly, such as muscle mass, flexibility, balance, and cognitive function, while also enhancing overall wellness. The class combines aerobic movement, muscle-strengthening exercises, and brain-boosting activities to provide a well-rounded workout aimed at slowing the effects of aging. Whether you're looking to increase your strength, improve flexibility, sharpen your mind, or enhance your overall balance, *Ageless Strength & Vitality* will leave you feeling stronger, more centered, and more energized. Perfect for individuals of all ages and fitness levels, this class offers a supportive, low-impact approach to aging gracefully and actively!

Open to adults; no fee; no advance registration required

Mon. & Wed., Weeks 1-8, 8:30-9:15 a.m., Pool

Aqua Yoga: Liz Norell (Mon.) & Carter Floyd (Wed.), instructors

Aqua yoga moves traditional yoga postures into the water, to better support joints and lessen the cardio impact of the practice. These classes will also be gentle, in that we will move from one pose to the next at a relatively slow pace and hold the poses longer. Our

goal will be to stretch big muscle groups (especially hips, back, and legs) and calm the nervous system. This accessible yoga class will leave you feeling refreshed and calmed. It's open to everyone, regardless of body type/shape, gender, yoga experience (or lack thereof), or mobility challenge. If you can get in and out of the pool, we will make this class work for you!

Open to adults; no fee; no advance registration required

Mon.–Fri., June 9–13, 2:30–5:00 p.m., Maney Art Pavilion/Shady Dell (check schedule each day)

#1-A Drawing & Watercolor Instruction Workshop: Exploring watercolors from a fresh perspective by painting Assembly images with Cheryl Lankhaar, instructor. This workshop will focus on drawing skills and understanding values in creating strong paintings. We will also review watercolor theory and mixing. Our subject matter will be painting an iconic Assembly image. Students provide their own materials unless they arrange otherwise to purchase a kit containing basic pigments, brushes, and paper. *Advance registration required; limited to 8 participants; \$25 class fee, watercolor kit can be pre-ordered for \$50.*

Mon., Weeks 1–8, 10:45–11:45 a.m., Warren's Point

Peaceful Practice at the Point with Pace Verner, leader

Pace will share her Peaceful Practice with us each Monday morning at Warren's Point gazebo from 10:45–11:45 a.m. She will read a prayer, poem, or scripture, followed by a time of silence for prayer, meditation, or journaling, then lead a brief time for group reflection. Bring your journal, pen, and perhaps a blanket for sitting. All are welcome.

Open to adults; no fee; no advance registration required



Peaceful Practice at the Point with Pace Verner

Mon., June 9, 6:00-7:00 p.m., Warren Chapel

Dinner on the Chapel Grounds: Dinner on the Chapel Grounds: Come one and all! Everyone is invited to join the Chapel Committee for dinner on the Chapel Grounds Monday evenings at 6:00 pm. The main dish, paper products, water, and lemonade are provided by the Chapel Committee. Please bring a side dish or dessert to share. When the bell rings for Twilight Prayers, we are all invited to join in the Twilight Prayers service. A great time of fellowship!

No fee; no advance registration required

Mon. June 9, 7:45 p.m., Harton Dining Hall

All-Assembly Bingo! Join us for an evening of fun, friendly competition at all-assembly Bingo! There will be prizes, snack shop offerings, and a variety of Bingo games!

Tues. & Wed., Weeks 1-8, 9:30-9:55 a.m., Warren Chapel

Ring! Intergenerational chime choir with Pam Maloof, instructor

Using a harmony bell method participants create a melody accompanied by a CD. The color-coded system allows everyone to participate. Grandparents, parents, and older siblings are encouraged to join in creating beautiful music.

Open to ages 4-100; no fee; no advance registration required

Tues. & Th., Weeks 1-8, 8:00 a.m., Gymnasium

Pilates with Kim Butters, instructor

Pilates Mixed Level Mat will begin each session with stretching to help alignment and increase awareness in the body. The class will then move through the classic Pilates mat exercises with modifications given for beginners or those with physical issues. Each session lasts 55 minutes and promises to be an invigorating start to your morning!

Open to adults; no fee; no advance registration required



Tues., June 10, 10:45 a.m., Warren Chapel

Lecture: A Summons to Monteagle: The Great Writers of the Monteagle Assembly with Bill Haltom

Throughout its history, the Monteagle Assembly has been the home or respite of many of our nation's greatest writers, including Peter Taylor, Andrew Lytle, Allen Tate, Eleanor Ross Taylor, and others honored in the Assembly's Writers Grove. How "The Mountain" attracted and inspired such outstanding storytellers and wordsmiths will be explored in this presentation.

Tues. June 10, 2:30p.m., Meet at Northgate

Sacred Hike on the Assembly Nature Trails

Join Sara-Scott Wingo for a hike on our Assembly Nature Trails. During the hike the eucharist will be celebrated. This special event is open to all ages.

Wed., Weeks 1-4. 8:00 a.m., Gymnasium

Tai Chi on the Mountain with Shaonian Bates, instructor

Tai Chi is an ancient martial arts technique that enhances physical and mental health, as well as improves posture, balance, flexibility, and strength. Tai Chi is a series of flowing and meditative like movements. Tai Chi can boost your mood, alleviate pain, strengthen the immune system, and improve heart health. In this class, we begin by warming up the body, then practice learning the Yang style 24-Forms. This class will build on itself; over time you learn the 24 forms. This class is for all levels and is good for people of all ages.

Open to adults; no fee; no advance registration required

Wed., June 11, 10:45 a.m., Warren Chapel

Lecture: Storytelling Interiors with Stephanie Sabbe

Stephanie Sabbe has built her reputation on her ability to create "new-old" homes. Whether she is rehabilitating a century old Georgian to meet modern standards or infusing a 1990s spec house with architectural detail and charm it has never known, her work is defined by a unique blend of history and transformation. Stephanie believes that our homes tell a story, and her passion lies in helping homeowners uncover the narrative of their surroundings. From hosting lively gatherings to sitting alone in bed before turning out the light, every moment we spend in our homes communicates something about who we are, who we have been, and who we aspire to become. The tools for this storytelling workshop of sorts are not words, but rather lighting, pattern, detail, scale, and much more. The takeaway will be a collection of ideas that can be implemented in your own interior spaces, ensuring that, whether surrounded by company or in solitude, the overall sentiment of the space you call home will be: "This feels like you."

Wed., June 11, 3:00 p.m., Harton Hall

#1-B Make and Take Tomato Pie with Emily Frith

She's back and so is her famous Tomato Pie. Come learn how to make Chef Emily Frith's Tomato Pie. Participants should bring their own cutting board and knife. Each participant will make and take their own tomato pie home. A box will be provided to carry it home safely.

Advance sign-up required, maximum 20, \$35 class fee

Thurs., June 12, 9:00 – 10:00 a.m., Winfield Porch

A Conversation with the Pastors

Please join the Rev. Mary Balfour Dunlap and the Rev. Sara Scott Wingo for a conversation about a pre-selected topic. See this week's *Mountain Voices* for what will be discussed. Light refreshments will be provided.

Thurs., June 12, 10:45 a.m., Warren Chapel

Lecture: Defining the Sacred with Humor with David McMillan

David will begin with a story of frustration about the time he and his wife were leaving France after a 3 week stay in Avignon. This is an example of how our brains can torment us and how we take ourselves too seriously. All religions address this humor trait. But instead of bringing us spiritual comfort and faith, sometimes religion can create personal trauma through sacred dogma. David will encourage self-doubt and faith simultaneously and will invite the audience to consider the brilliance of irony. He will conclude with a story of a Christmas almost ruined.

Thurs., June 12, 2:30-4:30 p.m., Pulliam Center

#1-C Gratitude Journaling Workshop with Dr. David McMillan

Gratitude journaling is a powerful practice that can significantly improve your overall well-being and mindset. By consciously acknowledging and appreciating the positive aspects of your life, you can cultivate a more positive outlook and experience a range of benefits.

Advance registration required; journal and pen provided; limited to 20 participants, no fee

Thurs., June 12, 8:00 p.m., Warren Chapel

Lecture: The Psychology of Money with Bill Spitz

Bill Spitz will discuss the psychology of money. He will argue that the goal of saving and investing is inner peace, and one of the ways to achieve that state is to determine how much is “enough.” If you are lucky enough to achieve “enough,” it is important not to move the goalpost and to simply savor your status. He will talk about the danger of envy, methods for coping with uncertainty, and perhaps spend a little time on educating children about money.

Fri., Weeks 1-8, 8:00 a.m., Gymnasium

YoMessage with Lauren Laurino, instructor

This class is a combination of Yoga and Massage; specifically Yin or restorative Yoga where poses are held for a longer duration while comfortably bolstered and participants receive massage while holding these poses with the goal of helping muscles to relax and achieve greater range of motion.

Open to adults; no fee; no advance registration required

Fri., June 13, 10:45 a.m., Warren Chapel

Lecture: Saving Monticello with Marc Leepson

A lively history of Monticello, Thomas Jefferson's “Essay in Architecture,” with a slide show containing many historic images, that focuses on the family that owned Monticello for 89 years—longer than Jefferson's family did—and saved the property from

ruin on two different occasions. This is a little-known but important story of historic preservation and of the Levy Family, the stewards of Monticello from 1834-1823.

Fri., June 13, 2:30 p.m., Writers' Grove

Readings in the Writers' Grove featuring: Caroline Vogel and Sara-Scott Wingo:

Come join author Caroline Vogel for a reading and discussion about her first children's book for all ages: *God Spark*. *God Spark* is about a child learning that God's bright light lives within her. Her beloved Grandma shares this wisdom which ignites a journey of discovery for the little girl. She not only learns about the Spark within her, she also begins to discover the God Spark in others. She becomes curious about seeing the Spark in teachers, friends, family members, and her bus driver. Her ability to experience the Spark within herself as well as see it in others, grows her relationship with a loving God and her beloved grandmother. This book is written for everyone (young and old) who wants to better discover the God Spark within themselves and all those around them. Caroline's book will be available for purchase.

For several years, Sara-Scott Wingo has been writing about children as a spiritual gift to a family. Sara-Scott will be reading one of her essays reflecting raising three daughters and weaving in stories of life, faith, and church. She will be reading a devotion entitled *Made of You, Made of God*.

Open to adults; no fee; no advance registration required

Fri. June 13, 6-7 p.m., Nashville Home

Eagles, Buzzards and Falcons Porch Party: Dress up in your summer best and join your favorite Eagles, Buzzards, and Falcons for a porch party on the Nashville Home Porch. Guests should bring an appetizer or dessert to share.

Sat., June 14, 10:00 a.m., Auditorium

The World of Reptiles with Bob Tarter

Come see the live animal show and learn all about the world of reptiles. All ages welcome!

Sat., June 14, 8:00 p.m., Auditorium

A Night at the Bluebird with Amy Kurland

Amy Kurland, Founder of Nashville's Bluebird Cafe will share the story of the Bluebird's origins and greatest moments, with performance by two of her favorites, Grammy winner Don Henry (Where've You Been, All Kinds of Kinds), and Nashville Songwriters Hall of Fame member Victoria Shaw (I Love The Way You Love Me, The River).

WEEK ONE

June 8-15, 2025

The Story Starts

Daily Schedule

SUNDAY, JUNE 8

- 10:00-10:45 Sunday School for adults and youth..... Various locations
- 11:00 Raising of the Flag and Blessing of the 143rd Assembly..... Mall Flagpole
- 11:10 **Worship Service: The Rev. Sara-Scott Wingo**..... Warren Chapel
Sermon endowed in memory of Kate Cox Kretschmar
& Wilson Primm Kretschmar
- 2:30 **The Great Assembly Blessing!**..... Meet at Warren Chapel
 Ice Cream Social afterwards.
See Week One description
- 7:30 Youth posting of the weekly calendar..... Auditorium
 Come be the first to see this week's activities!
- 7:45 **Classic Movie** (*see kiosk and Auditorium bulletin board*) Auditorium
All children must be accompanied by an adult.

MONDAY, JUNE 9

- 8:00-9:00 Adult Exercise: Ageless Strength & VitalityGymnasium
(bring mat or towel)
 Brendie Mitchell, instructor
Keeble and Erwing Family Fund
- 8:30-9:15 **Adult Exercise: Aqua Yoga**..... Pool
 Liz Norell, instructor
Elrod Family Fund
- 9:30-10:00 Youth Registration: *bring gate ticket & release form* Front of Auditorium
Information on weekly workshops and special events available
- 10:00-Noon ♦Playtime: Hummingbirds Hummingbird Room
- 10:00-Noon ♦Games: All youth groups Meet at Mall
- 10:45-11:45 **Peaceful Practice at the Point**..... Warren's Point
 Led by Pace Verner; *see Week One description*
The William Dunn (Billy) Trabue Family Fund
- 1:00-2:30 **Quiet Hour (and a half)**
- 2:30-4:30 Mahjong MondayWinfield Porch
 No instruction
- 2:30-3:30 ♦Eaglets: Arts & Crafts (*no supply fee*)..... Shady Dell
- 2:30-3:30 ♦Eagles, Buzzards & Falcons: Ultimate Frisbee North Gate Field
- 2:30-5:00 **John Gaddis Watercolor Workshop (Mon.-Fri.)**..... Shady Dell
Exploring watercolors from a fresh perspective by
painting iconic Assembly images.
 Cheryl Lankhaar, instructor
Advanced registration required, \$25 fee, max 8 participants
John Gaddis Watercolor Fund

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
 Please observe Quiet Hour each day from 1:00 to 2:30

3:00-4:00	♦Eagles: Tennis.....	East Tennis Courts
6:00	Dinner on the Chapel Grounds	Chapel Porch
7:00	Twilight Prayers	Warren Chapel
	<i>This week in memory of the Rev. Wilson Woodcock</i>	
7:45	All-Assembly BINGO!	Harton Hall

TUESDAY, JUNE 10

8:00-9:00	Adult Exercise: Pilates (<i>bring mat or towel</i>)	Gymnasium
	Kim Butters, instructor	
	<i>Saunders Family Fund</i>	
9:30-9:55	Ring! Intergenerational Bell Chime Rehearsal	Warren Chapel
	Open to ages 4-100, no signup, no fee.	
	Pam Maloof, instructor	
9:30-10:00	Youth Registration: <i>bring gate ticket & release form</i>	Front of Auditorium
9:30-11:00	Mahjong for Beginners	Winfield Porch
	<i>Advance registration preferred, no fee.</i>	
10:00-Noon	♦Playtime: Hummingbirds	Hummingbird Room
10:00-Noon	♦Games: All youth groups	Meet at Mall
10:15	Youth Parents' Meeting: <i>ALL parents please attend!</i>	Harton Hall Porch
10:45	Lecture: A Summons to Montegale:	Warren Chapel
	The Assembly's Great Writers	
	Bill Haltom	
	<i>Elizabeth Creighton Spickard Schumann Fund</i>	
1:00-2:30	Quiet Hour (and a half)	
2:30-3:30	Adult tennis skills and drills.....	East Tennis Courts
	Improve your game through drills and strategy-based lessons.	
	<i>No fee.</i>	
2:30-3:30	♦Eagles: Arts & crafts (<i>no supply fee</i>)	Shady Dell
TBD	♦Eaglets: Excursion	Meet at Auditorium
	<i>Check the Auditorium bulletin board for destination,</i>	
	<i>departure time, and items to bring.</i>	
	<i>Parent drivers will be needed.</i>	
TBD	♦Buzzards/Falcons: Excursion	Meet at Auditorium
	<i>Check the Auditorium bulletin board for destination,</i>	
	<i>departure time, and items to bring.</i>	
2:30	Sacred Hike:	Meet at North Gate
	Rev. Sara-Scott Wingo, leader	
	<i>See Week One description</i>	
2:30-5:00	John Gaddis Watercolor Workshop (Mon.-Fri.)	Shady Dell
	<i>Exploring watercolors from a fresh perspective by</i>	
	<i>painting iconic Assembly images.</i>	
	Cheryl Lankhaar, instructor	
	<i>John Gaddis Watercolor Fund</i>	
3:00-3:30	♦Hummingbirds & Eaglets: Story time	Winfield Porch
3:30-4:30	Adult tennis round robin	Mall Tennis Courts
6:15-7:00	♦Eaglets: Sack Supper (<i>bring your own</i>)	Ball Swing Park
7:00	Twilight Prayers	Warren Chapel

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

7:45	Movie (<i>see the kiosk and Auditorium bulletin board</i>) Auditorium <i>All children must be accompanied by an adult.</i>
8:00-8:45	♦Eagles: Moonlight swim & hoops Pool & Gym
9:00-10:00	♦Buzzards & Falcons: Moonlight swim & hoops Pool & Gym

WEDNESDAY, JUNE 11

8:00-9:00	Adult Exercise: Tai Chi Gymnasium Shao-nian Bates, instructor <i>Elrod Family Fund</i>
8:30-9:15	Adult Exercise: Aqua Yoga Pool Carter Floyd, instructor <i>Elrod Family Fund</i>
9:30-9:55	Ring! Intergenerational Bell Chime Rehearsal Warren Chapel Open to ages 4-100, no signup, no fee. Pam Maloof, instructor
9:30-10:00	Youth Registration: <i>bring gate ticket & release form</i> Front of Auditorium
10:00-Noon	♦Playtime: Hummingbirds Hummingbird Room
10:00-Noon	♦Games: All youth groups Meet at Mall
10:45	Lecture: Storytelling Interiors Warren Chapel Stephanie Sabbe <i>Phillips Historic District Fund</i>
1:00-2:30	<i>Quiet Hour (and a half)</i>
TBD	♦Eagles: Youth excursion Meet at Auditorium <i>Check the Auditorium bulletin board for destination, departure time, and items to bring. Parent drivers will be needed.</i>
2:30-3:30	♦Eaglets: Arts & crafts (<i>no supply fee</i>) Shady Dell
2:30-4:30	Adult Card Party and Mahjong Meetup Winfield Porch No Mahjong instruction: 2 tables and sets will be available.
2:30-3:30	♦Buzzards & Falcons: Tennis games East Tennis Courts
2:30-5:00	John Gaddis Watercolor Workshop (Mon.-Fri.) Shady Dell <i>Exploring watercolors from a fresh perspective by painting iconic Assembly images.</i> Cheryl Lankhaar, instructor <i>John Gaddis Watercolor Fund</i>
3:00	Culinary Event: Make-and-Take Harton Hall <i>Learn how to make Chef Emily's beloved tomato pie.</i> <i>Advance registration required: max 20; fee: \$35</i> <i>Participants should bring a sharp knife and cutting board.</i> Emily Frith, instructor
3:30-4:00	♦Eaglets: Tennis games East Tennis Courts
5:15-5:50	♦Hummingbirds: Parent-child meetup Pilcher Park Meet on playground before the movie!
6:00	♦Hummingbirds: Early-bird movie: Auditorium Hummingbirds & Parents, too! <i>See the Mall kiosk & bulletin board; children must be accompanied by an adult</i>
6:00-7:00	♦Buzzards & Falcons: Progressive dinner Meet at Nashville Home
7:00	Twilight Prayers Warren Chapel <i>Youth-led service</i>

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

- 7:45 **Family Film** (*see kiosk and Auditorium bulletin board*,..... Auditorium
all children must be accompanied by an adult)
- 9:00 ♦Buzzards & Falcons: Campfire.....Meet at Nashville Home

THURSDAY, JUNE 12

- 7:00-10:00 **Produce Market on the Mall** Front of Harton Hall
- 8:00-9:00 **Adult Exercise: Pilates** (*bring mat or towel*)Gymnasium
Kim Butters, instructor
Saunders Family Fund
- 9:00-10:00 **A Conversation with the Pastors**.....Winfield Porch
The Rev. Mary Balfour Dunlap and The Rev. Sara Scott-Wingo
Check Mountain Voices for this week's topic.
- 9:30-10:00 Youth Registration: *bring gate ticket & release form*Front Auditorium
- 10:00-Noon ♦Playtime: Hummingbirds Hummingbird Room
- 10:00-Noon ♦Games: All youth groups Meet at Mall
- 10:45 **Lecture: Defining the Sacred:**..... Warren Chapel
A study of finding happiness and why it is important.
Dr. David McMillian
More Fun and Other Nonsense Fund
- 1:00-2:30 **Quiet Hour (and a half)**
- 2:30-5:00 **John Gaddis Watercolor Workshop (Mon.-Fri.)**..... Shady Dell
*Exploring watercolors from a fresh perspective by
painting iconic Assembly images.*
Cheryl Lankhaar, instructor
John Gaddis Watercolor Fund
- 2:30-4:30 **Journaling Workshop: The Power of Gratitude:**..... Pulliam Center
Dr. David McMillian, instructor
Advance registration required; journal and pen provided; no fee.
More Fun and Other Nonsense Fund
- TBD ♦Buzzards & Falcons: ExcursionMeet at Auditorium
*Check the Auditorium bulletin board for destination,
departure time, and items to bring.*
- 2:30-3:30 ♦Eagles: Arts & crafts (*no supply fee*) Shady Dell
- 3:00-3:30 ♦Hummingbirds & Eaglets: Story time Winfield Porch
- 3:00-6:00 Fresh Mess Market Harton Park
- 5:00-5:45 ♦Eaglets: Night GamesGymnasium
- 6:00-7:00 ♦Eagles: Progressive dinnerMeet at Nashville Home
- 7:00 **Twilight Prayers**..... Warren Chapel
- 7:45 **Lecture: The Power of Money**..... Warren Chapel
Bill Spitz
The Wallace Fund
- 9:00 ♦Eagles, Buzzards & Falcons: Night games.....Meet at Nashville Home
Capture the Flag

FRIDAY, JUNE 13

- 8:00-9:00 **Adult Exercise: YoMassage** (*bring mat or towel*).....Gymnasium
Lauren Larino, instructor
Elrod Family Fund

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

9:30-10:00	Youth Registration: <i>bring gate ticket & release form</i> Front of Auditorium
10:00-Noon	♦Water Games: Hummingbirds Hummingbird Room <i>Wear a bathing suit and bring a towel!</i>
10:00-Noon	♦Water Games: All youth groups Meet at Mall <i>Wear a bathing suit and bring a towel!</i>
10:45	Lecture: Saving Monticello..... Warren Chapel The story of Levy family and how they restored a crumbling Monticello. Mark Leepson <i>The Jack D. Ingle Fund</i>
1:00-2:30	<i>Quiet Hour (and a half)</i>
2:30	Readings from the Writers' Grove Warren Chapel (rain location) Caroline Vogel will read from her book <i>God Spark</i> Sara-Scott Wingo will read from her essay, "Made of You, Made of God."
2:30-5:00	John Gaddis Watercolor Workshop (Mon.-Fri.) Shady Dell <i>Exploring watercolors from a fresh perspective by painting iconic Assembly images.</i> Cheryl Lankhaar, instructor <i>John Gaddis Watercolor Fund</i>
6:00-7:00	♦Eagles, Buzzards, and Falcons; Porch Party Nashville Home Porch <i>Dress up and bring an appetizer to share.</i>
7:45	Movie (<i>see the kiosk and Auditorium bulletin board</i>) Auditorium <i>All children must be accompanied by an adult.</i>

SATURDAY, JUNE 14

9:00	MSSA Board Meeting..... Pulliam Center
10:00	Animal Show: The World of Reptiles Auditorium Bob Tarter from the Natural History Educational Company <i>All children must be accompanied by an adult; NO DOGS ALLOWED!</i> <i>Keeble-Ewing Family Fund</i>
1:00	MAEFC Meeting..... Pulliam Center
4:00	MSSA Town Hall Meeting Warren Chapel
6:00	All-Assembly Dinner Harton Hall <i>Welcome back shrimp boil.</i> <i>Advance registration required; fee paid at the office.</i> <i>See Mountain Voices for details.</i>
8:00	Performance: A Night at the Bluebird with Amy Kurland..... Auditorium <i>Stories about the legendary Bluebird Café in Nashville.</i> <i>Founder Amy Kurland, songwriter's Don Henry, and Victoria Shaw</i> <i>will entertain us with stories and songs from this iconic venue.</i> <i>The William Dunn (Billy) Trabue Family Fund</i>

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

WEEK TWO

Wayne & Virginia Jervis Bible Week

June 15-21, 2025

Workshops, Events, Performances, and Activities

When required, payment and registration for workshops, events and activities may be made online or in the MSSA office. Remember to bring your gate pass to all workshops and show it to the platform staff on duty. Complete registration details and policies may be found on page 22.

Mon., Weeks 1-8, 8-9:00 a.m., Gymnasium

Ageless Strength & Vitality: Brendie Mitchell, instructor

Join us for *Ageless Strength & Vitality*, a dynamic, one-hour class specifically designed to support healthy aging through a holistic combination of yoga, weightlifting, brain exercises, and balance training. This unique class targets key areas that are known to age more rapidly, such as muscle mass, flexibility, balance, and cognitive function, while also enhancing overall wellness. The class combines aerobic movement, muscle-strengthening exercises, and brain-boosting activities to provide a well-rounded workout aimed at slowing the effects of aging. Whether you're looking to increase your strength, improve flexibility, sharpen your mind, or enhance your overall balance, *Ageless Strength & Vitality* will leave you feeling stronger, more centered, and more energized. Perfect for individuals of all ages and fitness levels, this class offers a supportive, low-impact approach to aging gracefully and actively!

Open to adults; no fee; no advance registration required

Mon. & Wed., Weeks 1-8, 8:30-9:15 a.m., Pool

Aqua Yoga: Liz Norell (Mon.) & Carter Floyd (Wed.), instructors

Aqua yoga moves traditional yoga postures into the water, to better support joints and lessen the cardio impact of the practice. These classes will also be gentle, in that we will move from one pose to the next at a relatively slow pace and hold the poses longer. Our goal will be to stretch big muscle groups (especially hips, back, and legs) and calm the nervous system. This accessible yoga class will leave you feeling refreshed and calmed. It's open to everyone, regardless of body type/shape, gender, yoga experience (or lack thereof), or mobility challenge. If you can get in and out of the pool, we will make this class work for you!

Open to adults; no fee; no advance registration required

Mon. – Thurs., June 16-19, Youth Pickleball Week

Sign-ups: Mon.-Tues. June 16-17, Youth Bulletin Board

Tournament Play: Wed.-Thurs. June 18-19, 10:00-12:00 a.m., Pickleball Courts
Pickleball Youth Tournament

Buzzards and Falcons will get the opportunity to participate in their own pickleball tournament! All Buzzards and Falcons are welcome, no matter the skill level. Advanced sign-up required. Come have some fun and attend the kick-off event on Tuesday, June 16 at 7:00 to find out who your teammate will be for the friendly competition! Kick-off location TBD.

Mon., Weeks 1-8, 10:45-11:45 a.m., Warren's Point

Peaceful Practice at the Point with Pace Verner, leader

Pace will share her Peaceful Practice with us each Monday morning at Warren's Point gazebo from 10:45-11:45 a.m. She will read a prayer, poem, or scripture, followed by a time of silence for prayer, meditation, or journaling, then lead a brief time for group reflection. Bring your journal, pen, and perhaps a blanket for sitting. All are welcome.

Open to adults; no fee; no advance registration required

Mon., June 16, 6-7:00 p.m., Warren Chapel

Dinner on the Chapel Grounds: Dinner on the Chapel Grounds: Come one and all! Everyone is invited to join the Chapel Committee for dinner on the Chapel Grounds Monday evenings at 6:00 pm. The main dish, paper products, water, and lemonade are provided by the Chapel Committee. Please bring a side dish or dessert to share. When the bell rings for Twilight Prayers, we are all invited to join in the Twilight Prayers service. A great time of fellowship!

No fee; no advance registration required

Mon., June 16, 7:45 p.m., Harton Hall

Trivia Night: Are you ready to put your thinking caps on and have a blast? We've got just the thing to spice up your Monday night – Trivia Night at Harton Hall! Whether you're a trivia whiz or just looking for a fun night out with friends, our Trivia Night Extravaganza is the perfect way to challenge your brain while enjoying time with friends. Leave your phones in your pockets because this is all about good old-fashioned brainpower – no technology allowed! It's a great way to unplug and enjoy some quality time with new and old friends. Plus, what's better than bonding over shared knowledge or lack thereof.

Tues. & Wed., Weeks 1-8, 9:30-9:55 a.m., Warren Chapel

Ring! Intergenerational chime choir with Pam Maloof, instructor

Using a harmony bell method participants create a melody accompanied by a CD. The color-coded system allows everyone to participate. Grandparents, parents, and older siblings are encouraged to join in creating beautiful music.

Open to ages 4-100; no fee; no advance registration required

Tues. & Th., Weeks 1-8, 8:00 a.m., Gymnasium**Pilates** with Kim Butters, instructor

Pilates Mixed Level Mat will begin each session with stretching to help alignment and increase awareness in the body. The class will then move through the classic Pilates mat exercises with modifications given for beginners or those with physical issues. Each session lasts 55 minutes and promises to be an invigorating start to your morning!

Open to adults; no fee; no advance registration required

Tues. – Fri., June 17–20, 10:45 a.m., Warren Chapel**The Wayne and Virginia Jervis Bible Week Lectures** with Tom Ward

This series of classes will focus on the relationship between worship and the Scriptures of the Old and New Testaments. These texts emerged through worshipping communities and seeing them in that context can foster an on-going life of prayer. There will be four presentations:

What is the Bible?

What is prayer?

Praying the Bible.

Practicing praying the Bible.

The Wayne and Virginia Jervis Bible Week Fund

Tues., June 17, 2.30 p.m., Pulliam Center**#2-A CPR and AED Training** with Stacie Meeks

The Adult First Aid/CPR/AED course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies such as burns cuts scrapes sudden illnesses head neck back injuries heat and cold emergencies and how to respond to breathing and cardiac emergencies for victims about 12 years and older. Successful students will receive a certificate for Adult First Aid/CPR/AED valid for two years.

Advance registration required, limited to 20 participants, no fee

Wed., Weeks 1-4. 8:00 a.m., Gymnasium**Tai Chi on the Mountain** with Shaonian Bates, instructor

Tai Chi is an ancient martial arts technique that enhances physical and mental health, as well as improves posture, balance, flexibility, and strength. Tai Chi is a series of flowing and meditative like movements. Tai Chi can boost your mood, alleviate pain, strengthen the immune system, and improve heart health. In this class, we begin by warming up the body, then practice learning the Yang style 24-Forms. This class will build on itself; over time you learn the 24 forms. This class is for all levels and is good for people of all ages.

Open to adults; no fee; no advance registration required

Wed. June 18, 3:00 p.m., Harton Hall**Cooking Demonstration** with Ellen Fort

Ellen will be sharing homemade pasta, authentic Spanish gazpacho, and no cook summer sauce recipes!

Thurs., June 19, 9:00 – 10:00 a.m., Winfield Porch

A Conversation with the Pastors

Please join the Rev. Mary Balfour Dunlap and the Rev. Richard Alquist for a conversation about a pre-selected topic. See this week's *Mountain Voices* for what will be discussed. Light refreshments will be provided.

Thurs. June 19, 1:00 p.m., Leave from front gate!

Caving with Joey Favaloro: Eagles

We have many wonderful caving experiences this summer! The incomparable Joey Favaloro will be leading our caving excursions this summer—his experience and expertise are unmatched! Please read the following description to know what to bring and how to prepare: For all caving excursions, advanced sign up is required (on youth bulletin boards) and all groups will meet right outside the front gates in the small parking area. Please arrive 15 minutes early. Caves are fun and full of wonder, and they are also often wet, cold, and muddy: Cavers will need closed-toed shoes, long pants (ex: moisture-wicking pants; thick jeans; etc), t-shirt (long-sleeved preferable for warmth), long-sleeve pullover (optional: for warmth), a bike helmet, headlamp or flashlight (small flashlights can be taped to bike helmets to make a “headlamp”), and a towel to sit on in the car afterwards! Happy caving!

Thurs., June 19, 2:30-4:30 p.m., Shady Dell

#2-B Make-and-Take Workshop: Around the World Coasters with Virginia Curry
There's always a location in the world that is a special adventure! Make 4 ceramic coasters with maps from around the globe. Waterproofed, cork backed tiles with your favorite places on the planet!

Advance registration required; maximum 12 participants; \$12 materials fee

Thurs., June 19, 8:00 p.m., Auditorium

Lecture: The Fateful Final Voyage of Captain James Cook, One of History's Greatest Explorers with Hampton Sides

Based on his recent book, *The Wide Wide Sea*, Hampton will discuss explorer James Cook's epic final voyage around the world and, using slides, will relate his own far-flung travels in the captain's long and controversial wake.

Fri., Weeks 1-8, 8:00 a.m., Gymnasium

YoMessage with Lauren Laurino, instructor

This class is a combination of Yoga and Massage; specifically Yin or restorative Yoga where poses are held for a longer duration while comfortably bolstered and participants receive massage while holding these poses with the goal of helping muscles to relax and achieve greater range of motion.

Open to adults; no fee; no advance registration required

Fri. June 20, 2:30 p.m., meet at Warren Chapel

Bird Walk and Talk with Richard Candler

Richard Candler is the coauthor of *Birding Sewanee: a guide to birding the South Cumberland Region*. An overview of the many bird species that call our region home and how to find them will be shared. Participants will meet at Warren Chapel for the start of the walk. A pair of binoculars is suggested for this experience. Sensible shoes recommended as well as a hat, sunscreen, and bug spray.

Sat., June 21, 8:00 p.m., Mall Gazebo

A Night Under the Stars with Bradley Cole Smith and Nelson Nolan

Singer/songwriter Bradley Cole Smith has been a fixture in the Atlanta music scene since the 1990's. His latest album, *The Hilltop*, features a lush, rootsy landscape with diverse instrumentation. Saturday evening, Smith brings his music to the Mall Gazebo for "A Night Under the Stars with Bradley Cole Smith." Bradley will also bring Nelson Nolan to accompany him. Visitors are invited to bring lawn chairs or picnic blankets, as Mall seating is limited, and enjoy an evening of music starting at 8:00 p.m.



Nelson Nolan and Bradley Cole Smith

WEEK TWO

Wayne & Virginia Jervis Bible Week

June 15-21, 2025

Daily Schedule

SUNDAY, JUNE 15

10:00-10:45	Sunday School for adults and youth.....	Various locations
11:00	Worship Service: The Rev. Richard Ahlquist	Warren Chapel
	<i>Sermon endowed in memory of Clarence E. Beck, Miss Bess Beck, & Thomas Barnes Scoggins</i>	
7:30	Youth posting of the weekly calendar.....	Auditorium
	Come be the first to see this week's activities!	
7:30	♦Youth Pickleball Tournament sign up	Auditorium Bulletin Board
	Buzzards and Falcons can sign up. <i>Sign-up sheets on the Auditorium Bulletin</i>	
7:45	Classic Movie (<i>see kiosk and Auditorium bulletin board</i>)	Auditorium
	<i>All children must be accompanied by an adult.</i>	

MONDAY, JUNE 16

Sign up for Youth Pickleball Tournament

8:00-9:00	Adult Exercise: Ageless Strength & Vitality	Gymnasium
	<i>(bring mat or towel)</i> Brendie Mitchell, instructor <i>Keeble and Ewing Family Fund</i>	
8:30-9:15	Adult Exercise: Aqua Yoga	Pool
	Liz Norell, instructor <i>Elrod Family Fund</i>	
9:30	Meeting: MSSA Woman's Association.....	Winfield Porch
	Annual Dues \$25. Membership is open to all who wish to support the Association.	
9:30-10:00	Youth Registration: <i>bring gate ticket & release form</i>	Front of Auditorium
	<i>Information on weekly workshops and special events available</i>	
10:00-Noon	♦Playtime: Hummingbirds	Hummingbird Room
10:00-Noon	♦Games: All youth groups meet at Mall	
10:45-11:45	Peaceful Practice at the Point	Warren's Point
	Led by Pace Verner; <i>see Week Two description</i> The William Dunn (Billy) Trabue Family Fund	
Noon-1:00	Woman's Association: Welcome back brunch.....	Winfield Porch
1:00-2:30	Quiet Hour (and a half)	
2:30-4:30	Mahjong Monday	Winfield Porch
	No instruction	
2:30-3:30	♦Eaglets: Arts & Crafts (<i>no supply fee</i>).....	Shady Dell

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

2:30-3:30	♦Eagles, Buzzards & Falcons: Ultimate Frisbee	North Gate Field
3:00-4:00	♦Eagles: Tennis	East Tennis Courts
6:00	Dinner on the Chapel Grounds	Chapel Porch
7:00	Twilight Prayers	Warren Chapel
	<i>This week in memory of Elmer P. Jacobs</i>	
7:45	Adult Trivia Night	Harton Hall

TUESDAY, JUNE 17

Sign up for Youth Pickleball Tournament

8:00-9:00	Adult Exercise: Pilates (<i>bring mat or towel</i>)	Gymnasium
	Kim Butters, instructor	
	<i>Saunders Family Fund</i>	
9:30-9:55	Ring! Intergenerational Bell Chime Rehearsal	Warren Chapel
	Open to ages 4-100, no signup, no fee.	
	Pam Maloof, instructor	
9:30-10:00	Youth Registration (<i>bring gate ticket & release form</i>)	Front Auditorium
9:30-11:00	Mahjong for Beginners	Winfield Porch
	<i>Advance registration preferred, no fee.</i>	
10:00-Noon	♦Playtime: Hummingbirds	Hummingbird Room
10:00-Noon	♦Games: All youth groups	Meet at Mall
10:15	Youth Parents' Meeting: <i>ALL parents please attend!</i>	Harton Hall Porch
10:45	Bible Lecture Series (1 of 4): Part I: What is the Bible?	Warren Chapel
	Tom Ward	
	<i>Wayne and Virginia Jervis Bible Week Fund</i>	
1:00-2:30	Quiet Hour (and a half)	
2:30-3:30	♦Eagles: Arts & crafts (<i>no supply fee</i>)	Shady Dell
TBD	♦Eaglets: Excursion	Meet at Auditorium
	<i>Check the Auditorium bulletin board for destination, departure time, and items to bring. Parent drivers are needed.</i>	
TBD	♦Buzzards/Falcons: Excursion	Meet at Auditorium
	<i>Check the Auditorium bulletin board for destination, departure time, and items to bring.</i>	
2:30-3:30	Adult tennis skills and drills	East Tennis Courts
	Improve your game through drills and strategy-based lessons.	
	<i>No fee.</i>	
2:30-5:00	Workshop: CPR and AED Training	Pulliam Center
	Stacie Meeks, instructor	
	<i>Advance registration required, limited to 20 participants, no fee</i>	
	<i>Ethel and George Archer Fund</i>	
3:00-3:30	♦Hummingbirds & Eaglets: Story time	Winfield Porch
3:30-4:30	Adult tennis round robin	Mall Tennis Courts
6:15-7:00	♦Eaglets: Sack supper (<i>bring your own</i>)	Ball Swing Park
7:00	Twilight Prayers	Warren Chapel
7:00-7:45	Buzzards and Falcons Pickleball Kickoff Dinner	TBD
7:45	Movie (<i>see kiosk and Auditorium bulletin board</i>)	Auditorium
	<i>All children must be accompanied by an adult.</i>	
8:00-8:45	♦Eagles: Moonlight swim & hoops	Pool & Gym
9:00-10:00	♦Buzzards & Falcons: Moonlight swim & hoops	Pool & Gym

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

WEDNESDAY, JUNE 18

8:00-9:00	Adult Exercise: Tai Chi.....Gymnasium Shao-nian Bates, instructor <i>Elrod Family Fund</i>
8:30-9:15	Adult Exercise: Aqua Yoga..... Pool Carter Floyd, instructor <i>Elrod Family Fund</i>
9:30-9:55	Ring! Intergenerational Bell Chime Rehearsal Warren Chapel Open to ages 4-100, no signup, no fee. Pam Maloof, instructor
9:30-10:00	Youth Registration: <i>bring gate ticket & release form</i>Front Auditorium
10:00-Noon	♦Playtime: Hummingbirds Hummingbird Room
10:00-Noon	♦Games: All youth groups Meet at Mall
10:00-Noon	♦Buzzards & Falcons: Pickleball TournamentPickleball Courts <i>Games will be offered to those Buzzards and Falcons who are not participating in the Pickleball Tournament</i>
10:45	Bible Lecture Series (2 of 4): Part II What is Prayer?..... Warren Chapel Tom Ward <i>Wayne and Virginia Jervis Bible Week Fund</i>
1:00-2:30	<i>Quiet Hour (and a half)</i>
TBD	♦Eagles: ExcursionMeet at Auditorium <i>Check the Auditorium bulletin board for destination, departure time, and items to bring. Parent drivers are needed.</i>
2:30-3:00	Culinary Guild Meeting Harton Hall
2:30-3:30	♦Eaglets: Arts & crafts (<i>no supply fee</i>) Shady Dell
2:30-3:30	♦Buzzards & Falcons: TennisEast Tennis Courts
2:30-4:30	Adult Card Party and Mahjong MeetupWinfield Porch No Mahjong instruction: 2 tables and sets will be available.
3:00	Culinary Event: Cooking demonstration..... Harton Hall Homemade pasta, no-cook summer sauces, and Spanish gazpacho. Emily Frith and Ellen Fort <i>Special Lecture Fund</i>
3:30-4:00	♦Eaglets: Tennis.....East Tennis Courts
5:15-5:50	♦Hummingbirds: Parent-child meetup.....Pilcher Park Meet on playground before the movie!
6:00	♦Hummingbirds: Early-bird movie: Auditorium <i>Hummingbirds & parents, too! See the Mall kiosk & Auditorium bulletin board; children must be accompanied by an adult</i>
6:00-7:00	♦Buzzards & Falcons: Progressive dinnerMeet at Nashville Home
7:00	Twilight Prayers Warren Chapel <i>Youth-led service</i>
7:45	Family Film (<i>see kiosk and Auditorium bulletin board</i>) Auditorium <i>All children must be accompanied by an adult.</i>
9:00	♦Buzzards & Falcons: CampfireMeet at Nashville Home

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

THURSDAY, JUNE 19

7:00-10:00	Produce Market on the Mall Front of Harton Hall
8:00-9:00	Adult Exercise: Pilates (<i>bring a towel or mat</i>)Gymnasium Kim Butters, instructor <i>Saunders Family Fund</i>
9:00 -10:00	A Conversation with the PastorsWinfield Porch The Rev. Mary Balfour Dunlap and The Rev. Richard Ahlquist <i>Check Mountain Voices for this week's topic.</i>
9:30-10:00	Youth Registration: <i>bring gate ticket & release form</i> Front of Auditorium
10:00-Noon	♦Playtime: Hummingbirds Hummingbird Room
10:00-Noon	♦Games: All youth groups Meet at Mall
10:00-Noon	♦Buzzards & Falcons: Pickleball TournamentPickleball Courts <i>Games will be offered to those Buzzards and Falcons who are not participating in the Pickleball Tournament</i>
10:45	Bible Lecture Series (3 of 4): Part III: Praying the Bible Warren Chapel Tom Ward <i>Wayne and Virginia Jervis Bible Week Fund</i>
1:00-2:30	Quiet Hour (and a half)
1:00	♦Eagles Caving Excursion with Joey Meet at Front Gate <i>Check the Auditorium bulletin board for destination, and items to bring. Parent drivers are needed.</i>
TBD	♦Buzzards & Falcons: Excursion Meet at Auditorium <i>Check the Auditorium bulletin board for destination, departure time, and items to bring.</i>
2:30-3:30	♦Eagles: Arts & crafts (<i>no supply fee</i>) Shady Dell
2:30-4:30	Make-and-Take Workshop: Around the World Coasters Shady Dell Virginia Curry, instructor <i>Advance registration required, limited to 12 participants, \$12 materials fee Bates Blackwood Family Fund</i>
3:00-3:30	♦Hummingbirds & Eaglets: Story timeWinfield Porch
3:00-6:00	Fresh Mess Market Harton Park
5:00-5:45	♦Eaglets: Night GamesGymnasium
6:00-7:00	♦Eagles: Progressive dinnerMeet at Nashville Home
7:00	Twilight Prayers Warren Chapel
7:45	Lecture: <i>The Wide Wide Sea</i>: Warren Chapel The ill-fated last voyage of Captain James Cook <i>Book sale and signing after lecture.</i> Hampton Sides <i>Rollins Lecture Fund</i>
9:00-11:00	♦Eagles, Buzzards & Falcons: Night games.....Meet at Nashville Home <i>Capture the Flag</i>

FRIDAY, JUNE 20

8:00-9:00	Adult Exercise: YoMassage (<i>bring mat or towel</i>).....Gymnasium Lauren Larino, instructor <i>Elrod Family Fund</i>
9:30-10:00	Youth Registration: <i>bring gate ticket & release form</i>Front Auditorium

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

10:00-Noon	◆Water Games: Hummingbirds	Hummingbird Room
	<i>Wear a bathing suit and bring a towel!</i>	
10:00-Noon	◆Water Games: All youth groups	Meet at Mall
	<i>Wear a bathing suit and bring a towel!</i>	
10:45	Bible Lecture Series (4 of 4): Part IV:	Warren Chapel
	Practicing praying the Bible	
	Tom Ward	
	<i>Wayne and Virginia Jervis Bible Week Fund</i>	
1:00-2:30	Quiet Hour (and a half)	
2:30	Bird Walk and Talk	Meet at Warren Chapel
	Richard Candler, guide	
	<i>Advance registration required; max 15 participants.</i>	
	<i>Please bring binoculars</i>	
	<i>Corinne Blake Environmental & Nature Lecture Series Fund</i>	
5:00-6:30	Woman's Association Porch Party.....	Winfield
	<i>Bring your own appetizer and beverage; all Assembly adults invited.</i>	
7:45	Movie (see kiosk and Auditorium bulletin board).....	Auditorium
	<i>All children must be accompanied by an adult.</i>	

SATURDAY, JUNE 21

5:30	All-Assembly Dinner	Harton Hall
	<i>Featuring Atlanta's Fox Bros BBQ!</i>	
	<i>Advance registration required; fee paid at office;</i>	
	<i>See Mountain Voices for details.</i>	
8:00	Performance: A Night Under the Stars with.....	Mall Gazebo
	Bradley Cole Smith and Nelson Nolan	
	<i>The Music Fund</i>	



◆Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

WEEK THREE

June 22–28, 2025

Workshops, Events, Performances, and Activities

When required, payment and registration for workshops, events and activities may be made online or in the MSSA office. Remember to bring your gate pass to all workshops and show it to the platform staff on duty. Complete registration details and policies may be found on page 22.

Mon., Weeks 1-8, 8-9:00 a.m., Gymnasium

Ageless Strength & Vitality: Brendie Mitchell, instructor

Join us for *Ageless Strength & Vitality*, a dynamic, one-hour class specifically designed to support healthy aging through a holistic combination of yoga, weightlifting, brain exercises, and balance training. This unique class targets key areas that are known to age more rapidly, such as muscle mass, flexibility, balance, and cognitive function, while also enhancing overall wellness. The class combines aerobic movement, muscle-strengthening exercises, and brain-boosting activities to provide a well-rounded workout aimed at slowing the effects of aging. Whether you're looking to increase your strength, improve flexibility, sharpen your mind, or enhance your overall balance, *Ageless Strength & Vitality* will leave you feeling stronger, more centered, and more energized. Perfect for individuals of all ages and fitness levels, this class offers a supportive, low-impact approach to aging gracefully and actively!

Open to adults; no fee; no advance registration required

Mon. & Wed., Weeks 1-8, 8:30-9:15 a.m., Pool

Aqua Yoga: Liz Norell (Mon.) & Carter Floyd (Wed.), instructors

Aqua yoga moves traditional yoga postures into the water, to better support joints and lessen the cardio impact of the practice. These classes will also be gentle, in that we will move from one pose to the next at a relatively slow pace and hold the poses longer. Our goal will be to stretch big muscle groups (especially hips, back, and legs) and calm the nervous system. This accessible yoga class will leave you feeling refreshed and calmed. It's open to everyone, regardless of body type/shape, gender, yoga experience (or lack thereof), or mobility challenge. If you can get in and out of the pool, we will make this class work for you!

Open to adults; no fee; no advance registration required

Mon., Weeks 1-8, 10:45-11:45 a.m., Warren's Point

Peaceful Practice at the Point with Pace Verner, leader

Pace will share her Peaceful Practice with us each Monday morning at Warren's Point gazebo from 10:15-11:15 a.m. She will read a prayer, poem, or scripture, followed by a time of silence for prayer, meditation, or journaling, then lead a brief time for group reflection. Bring your journal, pen, and perhaps a blanket for sitting. All are welcome.

Open to adults; no fee; no advance registration required

Mon., June 23, 3:00 p.m. Midway Mushroom Farm

#3-A Excursion to Midway Mushroom Farm with Pledger Schaefer

Come tour Midway Mushrooms' facility and see how their cultivation process works. The lifecycle of a mushroom grown indoors requires tight control of atmospheric conditions in multiple simulated environments, all housed in their 80x40 warehouse. Meet in front of Auditorium at 2:30 p.m. to carpool over to the farm.

Advance registration required; max 30 participants; no fee.

Mon., June 23, 6-7:00 p.m., Warren Chapel

Dinner on the Chapel Grounds: Dinner on the Chapel Grounds: Come one and all! Everyone is invited to join the Chapel Committee for dinner on the Chapel Grounds Monday evenings at 6:00 pm. The main dish, paper products, water, and lemonade are provided by the Chapel Committee. Please bring a side dish or dessert to share. When the bell rings for Twilight Prayers, we are all invited to join in the Twilight Prayers service. A great time of fellowship!

No fee; no advance registration required

Mon., June 23, 8:30 p.m., North Gate

Bats on the Plateau with Maggie Whitt

Meet at North Gate and walk to the point. Delve into the enchanting world of bats as Maggie takes you on a journey through a captivating presentation. Discover the intricate lives of these nocturnal creatures as we uncover their crucial role in maintaining ecological balance. Learn about the diverse bat species that call Tennessee home. Evening will finish at the Point with campfire and s'mores. This is a family event.

Tues. & Wed., Weeks 1-8, 9:30-9:55 a.m., Warren Chapel

Ring! Intergenerational chime choir with Pam Maloof, instructor

Using a harmony bell method participants create a melody accompanied by a CD. The color-coded system allows everyone to participate. Grandparents, parents, and older siblings are encouraged to join in creating beautiful music.

Open to ages 4-100; no fee; no advance registration required

Tues., & Wed., June 24-25, 2:30-5:00 p.m., Shady Dell

#3-B Floor Cloth Workshop with Colby Henderson-Black and Bradley Mims

Co-facilitators, Bradley and Colby are bringing back a Monteagle classic! In this class, you will design your own floor cloth to be displayed proudly in your kitchen or bathroom. Ideas, inspirations, and instruction will be provided, but feel free to do your own research ahead of time and bring some ideas!

Advance registration required, limited to 20 participants, \$35 materials fee.

Tues. & Th., Weeks 1-8, 8:00 a.m., Gymnasium

Pilates with Kim Butters, instructor

Pilates Mixed Level Mat will begin each session with stretching to help alignment and increase awareness in the body. The class will then move through the classic Pilates mat exercises with modifications given for beginners or those with physical issues. Each session lasts 55 minutes and promises to be an invigorating start to your morning!

Open to adults; no fee; no advance registration required

Tues., June 24, 10:45 a.m., Warren Chapel

Lecture: The Science of Sleep and its Impact on Longevity with Dr. Jay Cleveland
Dr. Cleveland will provide insight into the importance of good sleep and how it affects our health and its impact on our minds, our hearts and our body as a whole. We will discuss methods to immediately improve your sleep habits and the long-term consequences of interrupted, deficient sleep.

Tues. June 24, 5:00-6:45 p.m., Meet at gym!

Hayride and Cookout: Hummingbirds, Eaglets, and Eagles: come and enjoy a Hayride around the assembly before enjoying hamburgers and hotdogs at the gym!

Wed., Weeks 1-4. 8:00 a.m., Gymnasium

Tai Chi on the Mountain with Shaonian Bates, instructor

Tai Chi is an ancient martial arts technique that enhances physical and mental health, as well as improves posture, balance, flexibility, and strength. Tai Chi is a series of flowing and meditative like movements. Tai Chi can boost your mood, alleviate pain, strengthen the immune system, and improve heart health. In this class, we begin by warming up the body, then practice learning the Yang style 24-Forms. This class will build on itself; over time you learn the 24 forms. This class is for all levels and is good for people of all ages.

Open to adults; no fee; no advance registration required

Wed., June 25, 10:45 a.m., Warren Chapel

Lecture: Holocaust Reflections with Rabbi Bruce Aft

Rabbi Bruce Aft will discuss reflections on what has been learned from the Holocaust 80 years later.

Wed., June 25, 7:30-9:30 p.m., Winfield Porch

#3-C Arty Party #1: Register at the office by Tuesday at 4:00 pm. Limit of 14 participants, adults only. \$40 fee. Bring your own snack & beverage.

Thurs., June 26, 9:00 – 10:00 a.m., Winfield Porch

A Conversation with the Pastors

Please join the Rev. Mary Balfour Dunlap and the Rev. Melisa Derseweh for a conversation about a pre-selected topic. See this week's *Mountain Voices* for what will be discussed. Light refreshments will be provided.

Thurs., June 26, 10:45 a.m., Warren Chapel

Lecture: Scarlett Fever: The Greatness of Gone With The Wind with Elliot Engel
Dr. Engel reveals the astounding background of Margaret Mitchell's great book and how it actually reflects the story of her life. No matter how familiar you might be with the novel and the movie, Professor Engel will fascinate you with so much new and exciting information about this most popular novel and its remarkable yet most peculiar author.

Thurs. June 26, 1:00 p.m., *Leave from front gate!*

Caving with Joey Favaloro: Eaglets

We have many wonderful caving experiences this summer! The incomparable Joey Favaloro will be leading our caving excursions this summer—his experience and expertise are unmatched! Please read the following description to know what to bring and how to prepare: For all caving excursions, advanced sign up is required (on youth bulletin boards) and all groups will meet right outside the front gates in the small parking area. Please arrive 15 minutes early. Caves are fun and full of wonder, and they are also often wet, cold, and muddy: Cavers will need closed-toed shoes, long pants (ex: moisture-wicking pants; thick jeans; etc), t-shirt (long-sleeved preferable for warmth), long-sleeve pullover (optional: for warmth), a bike helmet, headlamp or flashlight (small flashlights can be taped to bike helmets to make a “headlamp”), and a towel to sit on in the car afterwards! Happy caving!

Thurs., June 26, 2:30 p.m., Pulliam Center

#3-D Strategies for Aging Well with Brendie Mitchell

This presentation will provide an overview of strategies that can be employed to reverse aging, improve overall well-being, and how you can “age-proof” your home. This presentation will include practical steps that should be employed to improve and maintain independence in your home and when it’s time to consider other options.

Advance registration required; no fee; maximum 24 participants

Thurs., June 26, 8:00 p.m., Warren Chapel

Lecture: The Inimitable Winston Churchill with Elliot Engel

Dr. Engel has dug deeply into numerous biographies to discover delightful yet virtually unknown stories about Winston Churchill. They reveal an incredibly inspiring public and private figure. Using anecdotes, analysis, and large doses of humor, Professor Engel vividly brings to life this twentieth-century giant.

Fri., Weeks 1-8, 8:00 a.m., Gymnasium

YoMassage with Lauren Laurino, instructor

This class is a combination of Yoga and Massage; specifically Yin or restorative Yoga where poses are held for a longer duration while comfortably bolstered and participants receive massage while holding these poses with the goal of helping muscles to relax and achieve greater range of motion.

Open to adults; no fee; no advance registration required

Fri., June 27, 10:45 a.m., Warren Chapel

Lecture: The Dickens Nobody Knows with Elliot Engel

As great as his literary reputation remains today, Charles Dickens suffers from such an incomplete portrait in the minds of his readers. Professor Engel rescues him by enthusiastically tracing his astonishing life and writing career. Using biography, analysis, and large doses of humor, Dr. Engel reveals an author far more fascinating than the immortal characters he created in his novels.

Fri., June 27, 2:30 p.m., Writer's Grove

Readings in the Writers' Grove: Liz Norell will read from her new book *The Present Professor*.

At a time of crisis in higher education, as teachers struggle to find new ways to relate to, think about, and instruct students, this book holds a key.

Sat. June 28, Depart from auditorium! (departure time TBD)

All-Assembly River Trip: Hiwassee

Come enjoy a fun-filled day of rafting on the Hiwassee River on our first all-assembly family excursion of the season! Advanced sign-up and payment required. River rafting trips are fun and require the right gear. See the following for what to wear/bring: sun-screen, towel, swimsuit, shorts/shirt if preferred, sturdy shoes that will stay on feet (no flip flops or slides), and a spirit for adventure! (Suggested shoes: sandals with straps, old tennis shoes, etc.)

****Buzzards and Falcons will depart Friday and have an overnight excursion near the river. Same applies as listed above for this group!**

Sat., June 28, 8:00 p.m., Gymnasium

All Assembly Dance: Get Down Karaoke Band

Come enjoy this five-piece band with a BIG sound! They will be performing a wide range of hit songs from top 40, alternative, and timeless classics.



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WEEK THREE

June 22-28, 2025

Daily Schedule

SUNDAY, JUNE 22

- 10:00-10:45 Sunday School for adults and youth..... Various locations
- 11:00** **Worship Service: The Rev. Melisa Derseweh** Warren Chapel
*Sermon endowed in memory of Kate M. McTyeire
& Marian McTyeire*
- 7:30 Youth posting of the weekly calendar..... Auditorium
Come be the first to see this week's activities!
- 7:45** **Classic Movie** (see kiosk and Auditorium bulletin board) Auditorium
All children must be accompanied by an adult.

MONDAY, JUNE 23

- 8:00-9:00 Adult Exercise: Ageless Strength & VitalityGymnasium
(bring mat or towel)
Brendie Mitchell, instructor
Keeble and Erwing Family Fund
- 8:30-9:15** **Adult Exercise: Aqua Yoga**..... Pool
Liz Norell, instructor
Elrod Family Fund
- 9:30-10:00 Youth Registration: bring gate ticket & release form Front of Auditorium
Information on weekly workshops and special events available
- 10:00-Noon ♦Playtime: Hummingbirds Hummingbird Room
- 10:00-Noon ♦Games: All youth groupsMall
- 10:45-11:45** **Peaceful Practice at the Point**..... Warren's Point
Led by Pace Verner; see *Week Three* description
The William Dunn (Billy) Trabue Family Fund
- 1:00-2:30** **Quiet Hour (and a half)**
- 2:30** **Excursion: Midway Mushroom Farm**.....Meet in front of the Auditorium
Advance registration required; to carpool to the farm.
max 30 participants; no fee. Drivers needed.
- 2:30-4:30 Mahjong Monday Winfield Porch
No instruction
- 2:30-3:30 ♦Eaglets: Arts & Crafts (no supply fee)..... Shady Dell
- 2:30-3:30 ♦Eagles, Buzzards & Falcons: Ultimate Frisbee North Gate Field
- 3:00-4:00 ♦Eagles: Tennis.....East Tennis Courts
- 6:00** **Dinner on the Chapel Grounds** Chapel Porch
- 7:00** **Twilight Prayers** Warren Chapel
This week in memory of Ward Lacy
- 7:45** **Movie** (see kiosk and Auditorium bulletin board) Auditorium
All children must be accompanied by an adult.

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

8:15 Family Event: Bat walk, talk, and campfire at the Point Meet at North Gate
Maggie Whit, presenter
See Week Three description

TUESDAY, JUNE 24

8:00-9:00 Adult Exercise: Pilates (*bring mat or towel*)Gymnasium
Kim Butters, instructor
Saunders Family Fund

9:30-9:55 Ring! Intergenerational Bell Chime Rehearsal Warren Chapel
Open to ages 4-100, no signup, no fee.
Pam Maloof, instructor

9:30-10:00 Youth Registration: *bring gate ticket & release form* Front of Auditorium

9:30-11:00 Mahjong for Beginners Winfield Porch
Advance registration preferred, no fee.

10:00-Noon ♦Playtime: Hummingbirds Hummingbird Room

10:00-Noon ♦Games: All youth groups Meet at Mall

10:15 Youth Parents' Meeting: *ALL parents please attend!* Harton Hall Porch

10:45 Lecture: The Science of Sleep and Warren Chapel
its Impact on Longevity
Jay Cleveland
Savage-Zerfoss-Fryer Fund

1:00-2:30 Quiet Hour (and a half)

2:30 **Workshop:** Canvas Floor Cloths Shady Dell
Colby Henderson-Black and Bradley Mims, instructors
Brantley Smith Fine Arts Fund
Advance sign-up required, max 12 participants, \$35 class fee

2:30-3:30 ♦Eagles: Arts & crafts (*no supply fee*) Shady Dell

TBD ♦Buzzards/Falcons: Excursion Meet at Auditorium
Check the Auditorium bulletin board for destination, departure time, and items to bring.

2:30-3:30 Adult tennis skills and drills East Tennis Courts
Improve your game through drills and strategy-based lessons.
No fee.

3:00-3:30 ♦Hummingbirds & Eaglets: Story time Winfield Porch

3:30-4:30 Adult tennis round robin Mall Tennis Courts

5:00-6:30 ♦Hummingbirds, Eaglets, and Eagles Hayride and cookout Gym
Dinner will be provided.

7:00 Twilight Prayers Warren Chapel

7:45 Performance: Sewanee Summer Music Festival Auditorium
Music Fund

8:00-8:45 ♦Eagles: Moonlight swim & hoops Pool & Gym

9:00-10:00 ♦Buzzards & Falcons: Moonlight swim & hoops Pool & Gym

WEDNESDAY, JUNE 25

8:00-9:00 Adult Exercise: Tai ChiGymnasium
Shao-nian Bates, instructor
Elrod Family Fund

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

8:30-9:15	Adult Exercise: Aqua Yoga..... Pool Carter Floyd, instructor <i>Elrod Family Fund</i>
9:30-9:55	Ring! Intergenerational Bell Chime Rehearsal Warren Chapel Open to ages 4-100, no signup, no fee. Pam Maloof, instructor
9:30-10:00	Youth Registration: <i>bring gate ticket & release form</i> Front Auditorium
10:00-Noon	♦Playtime: Hummingbirds Hummingbird Room
10:00-Noon	♦Games: All youth groups Meet at Mall
10:45	Lecture: The Holocaust:..... Warren Chapel Reflections on what we have learned from the Holocaust 80 years later Rabbi Bruce Aft <i>The Rollins Family Fund</i>
1:00-2:30	Quiet Hour (and a half)
2:30	Workshop: Canvas Floor Cloths..... Shady Dell Colby Henderson-Black and Bradley Mims, instructors <i>Brantley Smith Fine Arts Fund</i> <i>Advance sign-up required, max 12 participants, \$35 class fee</i>
TBD	♦Eagles: Excursion Meet at Auditorium <i>Check the Auditorium bulletin board for destination, departure time, and items to bring. Parent drivers are needed.</i>
2:30-3:30	♦Eaglets: Arts & crafts (<i>no supply fee</i>) Shady Dell
2:30-3:30	♦Buzzards & Falcons: Tennis East Tennis Courts
2:30-4:30	Adult Card Party and Mahjong Meetup Winfield Porch No Mahjong instruction: 2 tables and sets will be available.
3:00	Culinary Event: Cooking demonstration..... Harton Hall Emily Frith and guest chef <i>Check Mountain Voices for more information.</i> <i>Special Lecture Fund</i>
3:30-4:00	♦Eaglets: Tennis..... East Tennis Courts
5:15-5:50	♦Hummingbirds: Parent-child meetup..... Pilcher Park Meet on playground before the movie!
6:00	♦Hummingbirds: Early-bird movie: Auditorium <i>Hummingbirds & parents, too! See the Mall kiosk & Auditorium bulletin board; children must be accompanied by an adult</i>
6:00-7:00	♦Buzzards & Falcons: Progressive dinner Meet at Nashville Home
7:00	Twilight Prayers Warren Chapel <i>Youth-led service</i>
7:30-9:30	Arty Party: Bring your own snack/beverage..... Winfield Porch \$40 fee; register in office; <i>see Week Three description</i>
7:45	Family Film (<i>see kiosk and Auditorium bulletin board</i>) Auditorium <i>All children must be accompanied by an adult.</i>
9:00	♦Buzzards & Falcons: Campfire Meet at Nashville Home

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

THURSDAY, JUNE 26

7:00-10:00	Produce Market on the Mall	Front of Harton Hall
8:00-9:00	Adult Exercise: Pilates (bring a towel or mat).....	Gymnasium
	Kim Butters, instructor	
	<i>Saunders Family Fund</i>	
9:00 -10:00	A Conversation with the Pastors	Winfield Porch
	The Rev. Mary Balfour Dunlap and The Rev. Melissa Derseweh	
	<i>Check Mountain Voices for this week's topic.</i>	
9:30-10:00	Youth Registration: <i>bring gate ticket & release form</i>	Front Auditorium
10:00-Noon	♦Playtime: Hummingbirds	Hummingbird Room
10:00-Noon	♦Games: All youth groups	Meet at Mall
10:45	Lecture: Scarlett Fever	Warren Chapel
	The Greatness of <i>Gone with the Wind</i>	
	Elliot Engel	
	<i>The Barnes Family Fund</i>	
1:00-2:30	Quiet Hour (and a half)	
1:00	♦Eaglets Excursion	Meet at Front Gate
	Caving with Joey	
	<i>Check the Auditorium bulletin board for destination, and items to bring. Parent drivers needed.</i>	
TBD	♦Buzzards/Falcons: Excursion	Meet at Auditorium
	<i>Check the Auditorium bulletin board for destination, departure time, and items to bring.</i>	
2:30	Workshop: Canvas Floor Cloths.....	Shady Dell
	Colby Henderson-Black and Bradley Mims, instructors	
	<i>Brantley Smith Fine Arts Fund</i>	
	<i>Advance sign-up required, max 12 participants, \$35 class fee</i>	
2:30-3:30	♦Eagles: Arts & crafts (<i>no supply fee</i>)	Shady Dell
2:30	Workshop: Strategies for Aging Well	Pulliam Center
	Brendie Mitchell	
3:00-3:30	♦Hummingbirds & Eaglets: Story time	Winfield Porch
3:00-6:00	Fresh Mess Market	Harton Park,
4:00	Woman's Association Book Club #1	Winfield Porch
	<i>Here One Moment</i> , by Liane Moriarty	
5:00-5:45	♦Eaglets: Night Games	Gymnasium
6:00-7:00	♦Eagles: Progressive dinner	Meet at Nashville Home
7:00	Twilight Prayers	Warren Chapel
7:45	Lecture: The Inimitable Winston Churchill.....	Warren Chapel
	Elliot Engel	
	<i>The Barnes Family Fund</i>	
9:00-11:00	♦Eagles, Buzzards & Falcons: Night games.....	Meet at Nashville Home
	<i>Capture the Flag</i>	

FRIDAY, JUNE 27

8:00-9:00	Adult Exercise: YoMassage (<i>bring mat or towel</i>).....	Gymnasium
	Lauren Larino, instructor	
	<i>Elrod Family Fund</i>	
9:30-10:00	Youth Registration: <i>bring gate ticket & release form</i>	Front of Auditorium

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

10:00-Noon	♦Water Games: Hummingbirds	Hummingbird Room
	<i>Wear a bathing suit and bring a towel!</i>	
10:00-Noon	♦Water Games: All youth groups	Meet at Mall
	<i>Wear a bathing suit and bring a towel!</i>	
10:45	Lecture: The Dickens Nobody Knows	Warren Chapel
	Elliot Engel	
	<i>Bates-Blackwood Fund</i>	
1:00-2:30	<i>Quiet Hour (and a half)</i>	
TBD	♦Hiwassee Overnight	Meet at Nashville Home
	<i>Buzzards & Falcons; advance registration required;</i>	
	<i>limited space; see Auditorium bulletin board for</i>	
	<i>information, including supply list.</i>	
2:30	Readings from the Writers' Grove	Warren Chapel (rain location)
	Liz Norell will read from her book, <i>The Present Professor</i>	
	<i>Book signing to follow reading.</i>	
	<i>Elizabeth Creighton Spickard Schumann Fund</i>	
7:45	Movie (see kiosk and Auditorium bulletin board)	Auditorium
	<i>All children must be accompanied by an adult.</i>	

SATURDAY, JUNE 28

TBD	All-Assembly Hiwassee Trip	Meet at Auditorium
	<i>Advance registration required; limited space;</i>	
	<i>see Auditorium bulletin board for information.</i>	
9:00	MSSA Board Meeting	Pulliam Center
7:45	All-Assembly Dance	Gymnasium
	The Get Down Karaoke Band	
	<i>See Week Three description</i>	
	<i>Judith Humphrey's Choral Music Program</i>	



♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

WEEK FOUR

June 29-July 5, 2025

Workshops, Events, Performances, and Activities

When required, payment and registration for workshops, events and activities may be made online or in the MSSA office. Remember to bring your gate pass to all workshops and show it to the platform staff on duty. Complete registration details and policies may be found on page 22.

Mon., Weeks 1-8, 8-9:00 a.m., Gymnasium

Ageless Strength & Vitality: Brendie Mitchell, instructor

Join us for *Ageless Strength & Vitality*, a dynamic, one-hour class specifically designed to support healthy aging through a holistic combination of yoga, weightlifting, brain exercises, and balance training. This unique class targets key areas that are known to age more rapidly, such as muscle mass, flexibility, balance, and cognitive function, while also enhancing overall wellness. The class combines aerobic movement, muscle-strengthening exercises, and brain-boosting activities to provide a well-rounded workout aimed at slowing the effects of aging. Whether you're looking to increase your strength, improve flexibility, sharpen your mind, or enhance your overall balance, *Ageless Strength & Vitality* will leave you feeling stronger, more centered, and more energized. Perfect for individuals of all ages and fitness levels, this class offers a supportive, low-impact approach to aging gracefully and actively!

Open to adults; no fee; no advance registration required

Mon. & Wed., Weeks 1-8, 8:30-9:15 a.m., Pool

Aqua Yoga: Liz Norell (Mon.) & Carter Floyd (Wed.), instructors

Aqua yoga moves traditional yoga postures into the water, to better support joints and lessen the cardio impact of the practice. These classes will also be gentle, in that we will move from one pose to the next at a relatively slow pace and hold the poses longer. Our goal will be to stretch big muscle groups (especially hips, back, and legs) and calm the nervous system. This accessible yoga class will leave you feeling refreshed and calmed. It's open to everyone, regardless of body type/shape, gender, yoga experience (or lack thereof), or mobility challenge. If you can get in and out of the pool, we will make this class work for you!

Open to adults; no fee; no advance registration required

Mon., June 30, 9:30 a.m.-2:00 p.m., Woody's Bike Shop

#4-A Adult Adventure: "Bike Ride and Picnic"

Meet at Woody's Bike Shop, Sewanee

Enjoy a ride of Sewanee's campus and domain with a break for lunch. These rides will all be at a leisurely pace however, some level of fitness will be necessary to complete the ride in comfort. The tours cost is \$100 per person and includes a picnic lunch. People

are welcome to use their own bikes, any bike that is capable of comfortably riding on loose gravel/rough pavement will be sufficient. Bikes/helmets can be rented from us for an additional \$17 and E bikes for \$30. The tour of Sewanee and the domain would meet at the shop around 9:30 for a 10AM departure,
Pre-registration is required. Limited space so sign up early!

Mon.-Fri., June 30-July 3

Olympics on the Mountain: Color Wars!

Calling all youth: this week is color wars! Come to games and enjoy Olympic-style festivities, games, and competitions. Each youth will be sorted on to a team upon arrival and given a color bandana: keep up with your bandana and wear it to all youth activities throughout the week! Let the games begin! Who will be victorious at the end of the week?

Mon., Weeks 1-8, 10:45-11:45 a.m., Warren's Point

Peaceful Practice at the Point with Pace Verner, leader

Pace will share her Peaceful Practice with us each Monday morning at Warren's Point gazebo from 10:15-11:15 a.m. She will read a prayer, poem, or scripture, followed by a time of silence for prayer, meditation, or journaling, then lead a brief time for group reflection. Bring your journal, pen, and perhaps a blanket for sitting. All are welcome
Open to adults; no fee; no advance registration required

Mon., June 30, 6-7:00 p.m., Warren Chapel

Dinner on the Chapel Grounds: Dinner on the Chapel Grounds: Come one and all! Everyone is invited to join the Chapel Committee for dinner on the Chapel Grounds Monday evenings at 6:00 pm. The main dish, paper products, water, and lemonade are provided by the Chapel Committee. Please bring a side dish or dessert to share. When the bell rings for Twilight Prayers, we are all invited to join in the Twilight Prayers service. A great time of fellowship!

No fee; no advance registration required

Mon. June 30, 7:45 p.m., Harton Dining Hall

All-Assembly Bingo! Join us for an evening of fun, friendly competition at all-assembly Bingo! There will be prizes, snack shop offerings, and a variety of Bingo games!

Tues. & Wed., Weeks 1-8, 9:30-9:55 a.m., Warren Chapel

Ring! Intergenerational chime choir with Pam Maloof, instructor

Using a harmony bell method participants create a melody accompanied by a CD. The color-coded system allows everyone to participate. Grandparents, parents, and older siblings are encouraged to join in creating beautiful music.

Open to ages 4-100; no fee; no advance registration required

Tues., July 1, 2:30 p.m., Meet at Auditorium

All-Assembly Outreach Project: Sleep in Heavenly Peace with Will Reynolds, organizer

For this year's community service project, MSSA will be working with Sleep in Heavenly Peace. Sleep in Heavenly Peace is a national organization whose mission is to

provide beds for children who are in undesirable sleeping situations. This could mean on the floor, sleeping with a sibling or their parents. There will be jobs for children aged 5-99, so come on out and let's get to work!

Tues. & Th., Weeks 1-8, 8:00 a.m., Gymnasium

Pilates with Kim Butters, instructor

Pilates Mixed Level Mat will begin each session with stretching to help alignment and increase awareness in the body. The class will then move through the classic Pilates mat exercises with modifications given for beginners or those with physical issues. Each session lasts 55 minutes and promises to be an invigorating start to your morning!

Open to adults; no fee; no advance registration required

Tues., July 1, 10:45 a.m., Warren Chapel

Lecture: Oaklands Mansion, Adaptive Re-use and One Museum's Community Partnerships with James Manning

James will be sharing his passion for historic homes specifically Oaklands Mansion, its adaptive reuse and community partnerships.

Tues., July 2, 7:45 p.m., Auditorium

Movie and Q&A with Hayden Blane

Screening of the movie *This Day Forward*. The movie is inspired by the true story of a wife and mother of three struggling to keep her family, and her faith, intact after her husband is diagnosed with a stage three brain tumor. The movie's lead actress, Hayden Blane will introduce the movie along with a Q&A about the story and production.

Wed., Weeks 1-4, 8:00 a.m., Gymnasium

Tai Chi on the Mountain with Shaonian Bates, instructor

Tai Chi is an ancient martial arts technique that enhances physical and mental health, as well as improves posture, balance, flexibility, and strength. Tai Chi is a series of flowing and meditative like movements. Tai Chi can boost your mood, alleviate pain, strengthen



the immune system, and improve heart health. In this class, we begin by warming up the body, then practice learning the Yang style 24-Forms. This class will build on itself; over time you learn the 24 forms. This class is for all levels and is good for people of all ages. *Open to adults; no fee; no advance registration required*

Wed., July 2, 10:45 a.m., Warren Chapel

Lecture: Issues of Aging from the Perspective of the Caregiver and the Carereceiver with Sandra Randleman

This seminar will discuss the care of aging adults of various stages of health and under different circumstances. We will consider transitions for aging adults in the absence of major disease or mental or physical health issues; when physical health or mental issues require some assistance; and when more severe health issues require a great deal of assistance in care and protection from harm. Our discussions will include documents for planning care at various stages of the aging process, documents covering financial issues, and issues dealing with downsizing and transitions of physical location, aging in place, caregiving resources and care of the caregiver. We will also discuss senior care terminology, especially with respect to senior living arrangement and how these various arrangements affect family caregiving responsibilities.

Wed. July 2, 12:00 p.m., *Leave from front gate!*

Caving with Joey Favaloro: Buzzards and Falcons

We have many wonderful caving experiences this summer! The incomparable Joey Favaloro will be leading our caving excursions this summer—his experience and expertise are unmatched! Please read the following description to know what to bring and how to prepare: For all caving excursions, advanced sign up is required (on youth bulletin boards) and all groups will meet right outside the front gates in the small parking area. Please arrive 15 minutes early. Caves are fun and full of wonder, and they are also often wet, cold, and muddy: Cavers will need closed-toed shoes, long pants (ex: moisture-wicking pants; thick jeans; etc), t-shirt (long-sleeved preferable for warmth), long-sleeve pullover (optional: for warmth), a bike helmet, headlamp or flashlight (small flashlights can be taped to bike helmets to make a “headlamp”), and a towel to sit on in the car afterwards! Happy caving!

Wed., July 2, 2:30-4:30 p.m., Shady Dell

#4-B Workshop: Flower Arranging with Judy Walling, instructor

Bring a bucket of greenery from your Cottage’s yard, clippers or floral scissors, and the magic will begin! Flowers, container, oasis, floral tape, and wire will be provided for a memorable centerpiece to use all week!

Advance registration required; max 12 participants; \$40 materials fee.

Wed., July 2, 8:00 p.m., Warren Chapel

Lecture: Your Hidden Genius: The Power and the Permanence of Our Natural Abilities with Betsy Wills

Feeling stuck or unfulfilled in your career—or in life? You don’t have to quit or remove something from your life to find joy again. What if the answer lies in adding something—tapping into a hidden talent that’s waiting to be realized? Join Betsy

Wills, co-founder of YouScience, TEDxNashville speaker, and co-author of *Your Hidden Genius*, for an inspiring exploration of your innate abilities. Learn how to leverage your natural strengths to reignite your passion and satisfaction at work and in life.

Thurs., July 3, Entries for Pie Contest

Bakers all over the Assembly are invited to test their skills and potentially win bragging rights for the 2025 Harton Hall Pie Contest. The highly anticipated event promises a celebration of pie-making prowess, complete with trophy, esteemed judges, and a festive atmosphere. Pies should be brought to the Dining Hall on Thursday, July 3rd for judging and tasting by noon. The winner will be announced at the 4th of July Picnic!

Thurs., July 3, 8:00 a.m., Meet at North Gate

18th Annual Off-Road Classic: Family Walk/Run in the Woods

Slightly challenging 5k run/walk through the Assembly's Waldrop Woods. Finish-line celebration with watermelon at the Pool! No registration fee to participate.

No advance registration required; no registration fee

Thurs., July 3, 9:00-10:00 a.m., Winfield Porch

A Conversation with the Pastors

Please join the Rev. Mary Balfour Dunlap and the Rev. James K. Polk Van Zandt for a conversation about a pre-selected topic. See this week's *Mountain Voices* for what will be discussed. Light refreshments will be provided.

Thurs., July 3, 10:45 a.m., Warren Chapel

Lecture: Blazing a Path to the Frontier: The Story of the First Exascale Supercomputer with Justin Whitt

Many scientists and engineers have long dreamed of using a computer capable of completing a quintillion calculations in a single second—a so called, exascale computer. In 2012, some of the foremost computer scientists in the world held a series of workshops to discuss the feasibility of an exascale supercomputer. Their conclusion was that an exascale computer would never be feasible. Fast-forward to 2022, when Oak Ridge National Laboratory announced that its supercomputer called Frontier had broken the exascale barrier becoming the first exascale computer in the world. This is the behind-the-scenes story of how the Frontier supercomputer went from a dream to reality and a look at its impact on science after 3 years.

Thurs. July 3, 2:30-4:00 p.m., Pilcher Park/Pool

4th of July Relay and Pool Games

Come join us at Pilcher Park on July 3 at 2:30 pm for the 4th of July relay games! All youth ages are welcome to participate in fun-filled activities leading up to the incomparable MSSA Egg Toss! Bring your A-game and your egg toss partner (or find one when you arrive!)—pool relay games to follow at the swimming pool.

Fri., Weeks 1-8, 8:00 a.m., Gymnasium

YoMassage with Lauren Laurino, instructor

This class is a combination of Yoga and Massage; specifically Yin or restorative Yoga where poses are held for a longer duration while comfortably bolstered and participants receive massage while holding these poses with the goal of helping muscles to relax and achieve greater range of motion.

Open to adults; no fee; no advance registration required

Fri., July 4, 8:00 a.m., Meet at Front Gate

46th Annual Monteeagle/Sewanee Run/Walk

Run 6.4 miles to Shenanigans via the Mountain Goat Trail. Walkers may begin at the trailhead at Dollar General. Celebration and awards at Shenanigans.

No advance registration required; no registration fee

Fri., July 4, 12:00 p.m. Mall Bandstand

Family Entertainment: Cumberland Mountain Music Makers

Fri., July 4, 7:10 p.m., Mall Bandstand

Candlelight Service with brass faculty of the Sewanee Summer Music Festival

Faculty brass will play a prelude and accompany the hymns during the service. The final piece of the prelude is a medley of the official song/hymn of each branch of the Armed Forces, during the playing of which active and retired members are invited to stand and be recognized.



WEEK FOUR

June 29-July 5, 2025

Daily Schedule

SUNDAY, JUNE 29

10:00-10:45	Sunday School for adults and youth.....	Various locations
11:00	Worship Service: The Rev. Mary Balfour Dunlap.....	Warren Chapel
	<i>Sermon endowed in memory of Sally Mysing Elder</i>	
	<i>& Louise Boucher</i>	
2:30	Youth Staff Pickleball Tournament	Pickleball Courts
7:30	Youth posting of the weekly calendar.....	Auditorium
	Come be the first to see this week's activities!	
7:45	Classic Movie (see kiosk and Auditorium bulletin board)	Auditorium
	<i>All children must be accompanied by an adult.</i>	

MONDAY, JUNE 30

8:00-9:00	Adult Exercise: Ageless Strength & Vitality	Gymnasium
	<i>(bring mat or towel)</i>	
	Brendie Mitchell, instructor	
	<i>Keeble and Ewing Family Fund</i>	
8:30-9:15	Adult Exercise: Aqua Yoga.....	Pool
	Liz Norell, instructor	
	<i>Elrod Family Fund</i>	
9:30-10:00	Youth Registration: <i>bring gate ticket & release form</i>	Front of Auditorium
	<i>Information on weekly workshops and special events available</i>	
9:30-2:00	Adult Excursion: Bicycle ride and picnic	Meet at Woody's Bicycle Shop
	Bicycle tour of Sewanee and surrounding domain. Picnic lunch will be provided.	
	<i>Preregistration required; see Week Four description</i>	
10:00-Noon	♦Playtime: Hummingbirds	Hummingbird Room
10:00-Noon	♦Games: All youth groups	Mall
	<i>Olympic Color Wars</i>	
10:45-11:45	Peaceful Practice at the Point	Warren's Point
	Led by Pace Verner; <i>see Week Four description</i>	
	<i>The William Dunn (Billy) Trabue Family Fund</i>	
1:00-2:30	Quiet Hour (and a half)	
2:30	♦Eaglets: Nature Walk.....	Meet at Auditorium
	Crawfish hunt	
2:30-3:30	♦Eagles, Buzzards & Falcons: Ultimate Frisbee	North Gate Field
2:30-4:30	Mahjong Monday	Winfield Porch
	No instruction	
3:00-4:00	♦Eagles: Tennis	East Tennis Courts
7:00	Twilight Prayers	Warren Chapel
	<i>This week in memory of Alan Gray Mooring Campbell</i>	
7:45	All-Assembly BINGO!	Harton Hall

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

TUESDAY, JULY 1

- 8:00-9:00** **Adult Exercise:** Pilates (*bring mat or towel*).....Gymnasium
Kim Butters, instructor
Saunders Family Fund
- 9:30-9:55** **Ring!** Intergenerational Bell Chime Rehearsal Warren Chapel
Open to ages 4-100, no signup, no fee.
Pam Maloof, instructor
- 9:30-10:00 Youth Registration *bring gate ticket & release form*..... Front of Auditorium
- 9:30-11:00 Mahjong for Beginners Winfield Porch
Advance registration preferred, no fee.
- 10:00-Noon ♦Playtime: Hummingbirds Hummingbird Room
- 10:00-Noon ♦Games: All youth groups Meet at Mall
Olympic Color Wars
- 10:15 Youth Parents' Meeting: *ALL parents please attend!*..... Harton Hall Porch
- 10:45** **Lecture:** The Oaklands Mansion:..... Warren Chapel
Adaptive Re-use and One Museum's Community Partnerships
James Manning
The Ethel and George Archer Fund

1:00-2:30 *Quiet Hour (and a half)*

- 2:30** **All-Assembly Outreach Project:**Meet at the Auditorium
Sleep in Heavenly Peace
Build a bed for Outreach at the VFW
Read this week's *Mountain Voices* for details.
- 2:30-3:30 Adult tennis skills and drills.....East Tennis Courts
Improve your game through drills and strategy-based lessons.
No fee.
- 3:30-4:30 Adult tennis round robin Mall Tennis Courts
- 5:00-6:00 ♦Hummingbirds: Sack SupperPilcher Park
Bring your own sack supper.
- 7:00** **Twilight Prayers**..... Warren Chapel
- 7:45** **Movie:** *This Day Forward* Auditorium
Movie Screening and Q&A with Hayden Blane
All children must be accompanied by an adult.
- 8:00-8:45 ♦Eagles: Moonlight swim & hoopsPool & Gym
- 9:00-10:00 ♦Buzzards & Falcons: Moonlight swim & hoops.....Pool & Gym

WEDNESDAY, JULY 2

- 8:00-9:00** **Adult Exercise:** Tai Chi.....Gymnasium
Shao-nian Bates, instructor
Elrod Family Fund
- 8:30-9:15** **Adult Exercise:** Aqua Yoga..... Pool
Carter Floyd, instructor
Elrod Family Fund
- 9:30-9:55** **Ring!** Intergenerational Bell Chime Rehearsal Warren Chapel
Open to ages 4-100, no signup, no fee.
Pam Maloof, instructor
- 9:30-10:00 Youth Registration: *bring gate ticket & release form*..... Front of Auditorium
- 10:00-Noon ♦Playtime: Hummingbirds Hummingbird Room

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

10:00-Noon	♦Games: All youth groups Meet at Mall <i>Olympic Color Wars</i>
10:45	Lecture: Care Giving for Elders;..... Warren Chapel What you need to know and should anticipate about caring for your spouse or parent. Sandra Randleman <i>Elizabeth Austin Lecture Fund</i>
Noon	Buzzards and Falcons: Caving Excursion..... Leave from Front Gate <i>Check the Auditorium bulletin board for destination and items to bring.</i>
1:00-2:30	Quiet Hour (and a half)
TBD	♦Eagles: Youth Excursion Meet at Auditorium <i>Check the Auditorium bulletin board for destination, departure time, and items to bring. Parents needed to drive.</i>
2:30-3:30	♦Eaglets: Arts & crafts (<i>no supply fee</i>) Shady Dell
2:30-3:30	Buzzards and Falcons: Tennis East Tennis Courts
2:30-4:30	Workshop: Flower Arranging Shady Dell Judy Walling, instructor <i>Advance registration required; limited to 12 participants; materials fee \$40. See Week Four description.</i> <i>Bates-Blackwood-Family Fund</i>
2:30-4:30	Adult Card Party and Mahjong Meetup Winfield Porch No Mahjong instruction: 2 tables and sets will be available.
3:30-4:00	♦Eaglets: Tennis..... East Tennis Courts
5:15-5:50	♦Hummingbirds: Parent-child meetup..... Pilcher Park Meet on playground before the movie!
6:00	♦Hummingbirds: Early-bird movie: Auditorium <i>Hummingbirds & parents, too! See the Mall kiosk & Auditorium bulletin board; children must be accompanied by an adult</i>
6:00-7:00	♦Buzzards & Falcons: Progressive dinner Meet at Nashville Home
7:00	Twilight Prayers Warren Chapel <i>Youth-led service</i>
7:45	Lecture: Finding Your Hidden Genius;..... Warren Chapel The Power and the Permanence of Our Natural Abilities Betsy Wills <i>Book signing following lecture.</i> <i>Miss Bessie Fund</i>
7:45	Family Film (<i>see the kiosk and Auditorium bulletin board, Auditorium all children must be accompanied by an adult</i>)
9:00	♦Buzzards/Falcons: Campfire Meet at Nashville Home

THURSDAY, JULY 3

Last day to sign up for the Men's Doubles Tournament

8:00	18th Off-Road Classic Meet at the North Gate <i>No fee</i>
8:00-9:00	Adult Exercise: Pilates (<i>bring mat or towel</i>) Gymnasium Kim Butters, instructor <i>Saunders Family Fund</i>

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

9:00 -10:00	A Conversation with the PastorsWinfield Porch The Rev. Mary Balfour Dunlap and The Rev. Polk Van Zandt Check <i>Mountain Voices</i> for this week's topic.
9:30-10:00	♦Eaglets: Tennis.....East Tennis Courts
10:00-11:00	Adult: Cardio TennisEast Tennis Courts
9:30-10:00	Youth Registration: <i>bring gate ticket & release form</i> Front of Auditorium
10:00-Noon	♦Playtime: Hummingbirds Hummingbird Room
10:00-Noon	♦Games: All youth groups Meet at Mall Olympic Color Wars
10:45	Lecture: Blazing a Path to the Frontier:Warren Chapel the story of the first exascale supercomputer. Jason Whitt <i>Special Lecture Fund</i>
Noon	Pie Contest: Entries must be brought to dining hall Harton Hall <i>Judging will be after lunch and the winner will be announced at the picnic.</i>
1:00-2:30	<i>Quiet Hour (and a half)</i>
2:30	July 4th Relay Games.....Pilcher Park
3:30	July 4th Penny Plunge & Pool Games Pool
6:00-7:00	♦Eagles: Progressive dinnerMeet at Nashville Home
7:00	Twilight Prayers Warren Chapel
7:45	Movie (<i>see the kiosk and Auditorium bulletin board</i>) Auditorium <i>All children must be accompanied by an adult.</i>
9:00	♦Eagles, Buzzards & Falcons: Night games.....Meet at Nashville Home <i>Capture the Flag</i>

FRIDAY, JULY 4

8:00	46th Annual Monteagle-Sewanee Run/Walk..... Meet at Front Gate No registration fee.
10:00	Fourth of July Parade Town of Monteagle
12:00	Annual Fourth of July PicnicThe Mall Bike Parade, Pledge of Allegiance & Invocation The Cumberland Mountain Music Makers <i>Music Fund</i>
2:30	Ultimate Frisbee Reunion!..... North Gate Field
4:00	All-Generation Softball Game North Gate Field
7:10	Patriotic Brass Prelude:Mall Bandstand Sewanee Summer Music Festival Musical salute to those who have served in the Armed Forces <i>Music Fund</i>
7:30	Candlelight ServiceMall Bandstand
8:45	FIREWORKS! North Gate Field

SATURDAY, JULY 5

9:00	Men's Doubles Tennis Tournament East Courts
7:30	Outreach Fundraiser Harton Hall Auction and dance to fund outreach on our beloved plateau <i>Tickets on sale at the office.</i>

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

WEEK FIVE

July 6-12, 2025

Adult Tennis Tournament Week

Workshops, Events, Performances, and Activities

When required, payment and registration for workshops, events and activities may be made online or in the MSSA office. Remember to bring your gate pass to all workshops and show it to the platform staff on duty. Complete registration details and policies may be found on page 22.

Mon., Weeks 1-8, 8-9:00 a.m., Gymnasium

Ageless Strength & Vitality: Brendie Mitchell, instructor

Join us for *Ageless Strength & Vitality*, a dynamic, one-hour class specifically designed to support healthy aging through a holistic combination of yoga, weightlifting, brain exercises, and balance training. This unique class targets key areas that are known to age more rapidly, such as muscle mass, flexibility, balance, and cognitive function, while also enhancing overall wellness. The class combines aerobic movement, muscle-strengthening exercises, and brain-boosting activities to provide a well-rounded workout aimed at slowing the effects of aging. Whether you're looking to increase your strength, improve flexibility, sharpen your mind, or enhance your overall balance, *Ageless Strength & Vitality* will leave you feeling stronger, more centered, and more energized. Perfect for individuals of all ages and fitness levels, this class offers a supportive, low-impact approach to aging gracefully and actively!

Open to adults; no fee; no advance registration required

Mon. & Wed., Weeks 1-8, 8:30-9:15 a.m., Pool

Aqua Yoga: Liz Norell (Mon.) & Carter Floyd (Wed.), instructors

Aqua yoga moves traditional yoga postures into the water, to better support joints and lessen the cardio impact of the practice. These classes will also be gentle, in that we will move from one pose to the next at a relatively slow pace and hold the poses longer. Our goal will be to stretch big muscle groups (especially hips, back, and legs) and calm the nervous system. This accessible yoga class will leave you feeling refreshed and calmed. It's open to everyone, regardless of body type/shape, gender, yoga experience (or lack thereof), or mobility challenge. If you can get in and out of the pool, we will make this class work for you!

Open to adults; no fee; no advance registration required

Mon.-Fri., July 7-11, 10:00 a.m.-Noon (practice), and Fri., July 11, 6:00-7:30 p.m. (dress rehearsal and dinner for participants) and 7:45 p.m. (show), Auditorium
All-Assembly Talent Show, organized by Bradley Moody Mims and Colby Henderson-Black

Rehearsals during the week; Talent Show on Friday. Bring your costumes, props, musical instruments, and all those talents you know you have! Let your imagination go

wild as you develop a skit, musical number, comedy routine, or dance. will be at the helm to help lead us towards a magical and memorable night. Start thinking about something fun! Adults and families are welcome and encouraged to participate. Don't miss this annual MSSA tradition! (Sign up to participate at the Auditorium bulletin board.)

Mon.-Fri, July 7-11, 2:30-5:00 p.m., Art Pavilion (Shady Dell rain location)

#5-A Workshop: Oil Painting with Kim Barrick

Grab your brushes, paints, and canvases for a fun week learning new or refreshing old skills. Kim's engaging teaching style will inspire you to take artistic risks and expand your creative spirit. Kim will focus on florals, wildlife, and abstraction. Bring your photos and dreams. Students provide their own supplies. A suggested supply list can be found at kimbarrickstudio.com/artist-toolbox/

Advance sign-up required; max 10 participants; no fee

Mon., Weeks 1-8, 10:45-11:45 a.m., Warren's Point

Peaceful Practice at the Point with Pace Verner, leader

Pace will share her Peaceful Practice with us each Monday morning at Warren's Point gazebo from 10:15-11:15 a.m. She will read a prayer, poem, or scripture, followed by a time of silence for prayer, meditation, or journaling, then lead a brief time for group reflection. Bring your journal, pen, and perhaps a blanket for sitting. All are welcome.

Open to adults; no fee; no advance registration required

Mon., July 7, 6:00 p.m., The Mall/Warren Chapel

Final Crossing Gospel Band: Final Crossing was formed in November 2021 by a bunch of guys just getting together to pick on Sunday afternoons after church. These Sunday afternoon "pickings" quickly turned into something more, and Final Crossing began performing at local churches and venues around the area. Final Crossing primarily performs Bluegrass Gospel, but they do throw in some traditional bluegrass driving songs from time to time. Members of the group are Daniel Stephens (guitar, vocals), Randy Hill (banjo, vocals), Dwight Duckworth (mandolin, vocals), Nathan DuBois (fiddle), and Curt DuBois (upright bass, vocals). Final Crossing is based out of Franklin County, Tennessee.

Mon., July 7, 6-7:00 p.m., Warren Chapel

Dinner on the Chapel Grounds: Dinner on the Chapel Grounds: Come one and all! Everyone is invited to join the Chapel Committee for dinner on the Chapel Grounds Monday evenings at 6:00 pm. The main dish, paper products, water, and lemonade are provided by the Chapel Committee. Please bring a side dish or dessert to share. When the bell rings for Twilight Prayers, we are all invited to join in the Twilight Prayers service. A great time of fellowship!

No fee; no advance registration required

Mon. July 7, 7:45 p.m., Harton Dining Hall

All-Assembly Bingo! Join us for an evening of fun, friendly competition at all-assembly Bingo! There will be prizes, snack shop offerings, and a variety of Bingo games!

Tues. & Th., Weeks 1-8, 8:00 a.m., Gymnasium**Pilates** with Kim Butters, instructor

Pilates Mixed Level Mat will begin each session with stretching to help alignment and increase awareness in the body. The class will then move through the classic Pilates mat exercises with modifications given for beginners or those with physical issues. Each session lasts 55 minutes and promises to be an invigorating start to your morning!

Open to adults; no fee; no advance registration required

Tues. & Wed., Weeks 1-8, 9:30-9:55 a.m., Warren Chapel**Ring!** Intergenerational chime choir with Pam Maloof, instructor

Using a harmony bell method participants create a melody accompanied by a CD. The color-coded system allows everyone to participate. Grandparents, parents, and older siblings are encouraged to join in creating beautiful music.

Open to ages 4-100; no fee; no advance registration required

Tues. July 8, 12:00 p.m. Buzzards & Falcons**Thurs. July 10, 1:00 p.m. Eagles Leave from front gate!****Caving with Joey Favaloro**

We have many wonderful caving experiences this summer! The incomparable Joey Favaloro will be leading our caving excursions this summer—his experience and expertise are unmatched! Please read the following description to know what to bring and how to prepare: For all caving excursions, advanced sign up is required (on youth bulletin boards) and all groups will meet right outside the front gates in the small parking area. Please arrive 15 minutes early. Caves are fun and full of wonder, and they are also often wet, cold, and muddy: Cavers will need closed-toed shoes, long pants (ex: moisture-wicking pants; thick jeans; etc), t-shirt (long-sleeved preferable for warmth), long-sleeve pullover (optional: for warmth), a bike helmet, headlamp or flashlight (small flashlights can be taped to bike helmets to make a “headlamp”), and a towel to sit on in the car afterwards! Happy caving!

Tues.-Sat., July 8-12, Adult Tennis Tournament

Women's doubles, women's singles, and mixed doubles. No fee to play.

Sign-up sheets will be posted (Auditorium bulletin board) from Mon., June 30-Mon., July 7. Register by noon on July 7. Participants should attend the kick-off party at Get Right (#92), Betsy Peebles's cottage, at 7:30 p.m. Mon. (BYOB). Participants will find out the draw at the party. Play begins Tues., July 8 at 10:00 a.m.

Tues., July 8, 10:45 a.m., Warren Chapel**Lecture: The Enneagram** with Liz Norrell

Perhaps you've heard of the Enneagram, but is this just another fad—or is there something to this oddly named tool? In this lecture, we'll introduce the Enneagram and its nine types by discussing the fears, needs, and qualities of each type. You'll have an opportunity to take a quick assessment to identify what *might* be your dominant type. Join us in the afternoon workshop for a deeper dive.

Tues., July 8, 2:30-4:30 p.m., Pulliam Center

#5-B Enneagram Workshop with Liz Norrell

The Enneagram: A deeper dive into types, wings, arrows, levels, and instincts

In this afternoon workshop, we'll dive more deeply into different dimensions of the Enneagram as a way to develop greater self-awareness. Among the topics we'll cover are:

- * How wings add complexity to our type
- * The arrows and their relationship to our self-awareness journey
- * Levels of development as a different lens on the ego
- * The three Enneagram instincts and their relationship to type

Participants can expect lots of self-exploration and reflection. Come prepared to laugh, to talk, and to think deeply about how you relate to the world and to others.

Advance registration required; no fee; maximum 30 participants

Wed., July 9, 8:00 a.m., Auditorium

Yoga with Pippa Brown

Pippa Browne has been practicing yoga for a few decades and began teaching a Vinyasa flow class in California in 2010. Since moving back to Tennessee she has done further training in Ashtanga and Kundalini Yoga. Her classes are based on a standard Vinyasa flow with elements of Ashtanga and Kundalini Yoga woven into them.

Wed., July 9, 10:45 a.m., Warren Chapel

Lecture: Who Won the Vietnam War? Surprise! with Oscar Fitzgerald

The Vietnam War is one of the most misunderstood wars in American history. How did we get into the war? Did the Gulf of Tonkin Incident really happen? Was the North Vietnamese Tet Offensive of 1968 a major defeat? What led the North Vietnamese to sign a peace agreement in 1972? What went wrong to force the U.S. to withdraw in 1975? The lecture will provide an overview of the war and dispel many of the myths that have grown up about the conflict.

Wed., July 9, 3:00 p.m., Harton Dining Hall

Baking in the American South with Anne Byrn

Witness the rise of Southern baking from the humble, make-do recipes of our ancestors to its place as one of the world's richest culinary traditions through this essential cookbook from bestselling author Anne Byrn. Anne will discuss her newest book and give a cooking demonstration of recipes from this collection of culinary history. Book sale and signing will follow the program.

Thurs., July 10, 9:00-10:00 a.m., Winfield Porch

A Conversation with the Pastors

Please join the Rev. Mary Balfour Dunlap and the Rev. Darren Brandon for a conversation about a pre-selected topic. See this week's *Mountain Voices* for what will be discussed. Light refreshments will be provided.

Thurs., July 10, 10:45 a.m., Warren Chapel**Lecture: Old Hollywood Movie Stars** with Anne Monfore

The lives and tragedies of old Hollywood movie stars and how mental health, specifically depression, played a part in each of their stories is the topic of this lecture. We will concentrate on five fascinating early stars: Vivian Leigh, Judy Garland, Audrey Hepburn, Joan Crawford and Gene Tierney with a brief introduction to their early childhoods, personal lives as stars, and quotes from each. These early stars shared many common threads which led to difficult lives and tragic endings. The Forties were the years of Old Hollywood's last stand, and the stars' quest to satisfy the moguls of the industry led to tragedy in their quest for beauty, fame and survival.

Thurs., July 10, 3:00 p.m., Lexington Cottage #9**#5-C Bourbon Tasting** with Jim Rogan

At this bourbon tasting you will enjoy four distinct and different tasting bourbons: Michter's Small Batch, Woodford Reserve, Maker's Mark and Blantons. The fun in this tasting will be in dissecting the flavors and finding where they land on your palate. *No fee; advance registration required; maximum 20 participants*

Thurs., July 10, 7:45 p.m., Warren Chapel**Lecture: "Wicked?:" The Road to the Emerald City and the Presidential Election of 1896** with John McCardell Jr.

The election of 1896 has often been described as a "critical" election, one in which voter preferences realign and party allegiances are recast. The contest between William McKinley and William Jennings Bryan offered voters a sharp contrast in platforms and styles. It also can help to illuminate (and be illuminated by) a beloved children's story, which became a major motion picture and which continues to be a part of our contemporary culture. Based on research first published in 1964, this talk will draw parallels between the election and the story, thereby enriching our understanding of both.

Fri., Weeks 1-8, 8:00 a.m., Gymnasium**YoMassage** with Lauren Laurino, instructor

This class is a combination of Yoga and Massage; specifically Yin or restorative Yoga where poses are held for a longer duration while comfortably bolstered and participants receive massage while holding these poses with the goal of helping muscles to relax and achieve greater range of motion.

Open to adults; no fee; no advance registration required

Fri., July 11, 2:30-4:30 p.m., Shady Dell**#5-D Felted Wool Ball Trivet** with Virginia Curry

Handy with a needle and thread? This Felted Wool Ball Trivet is for you! With a long embroidery needle, embroidery thread and an estimated 100 felted balls, make a long-lasting trivet to protect tables and countertops.

Advance registration required; maximum 12 participants; \$15 materials fee

Fri. July 11, 7:45 p.m., Auditorium

All Assembly Talent Show: (rehearsals during the week—see Youth Bulletin Board for times)

Sat., July 12, 5:30-8:15 p.m., Harton Hall & Mall

Jazz Picnic: Grab-and-go options will be available at Harton Hall starting at 5:30 p.m. The grill will be open with kid- and adult-friendly selections. Art Four Sale's all-original music draws from a variety of influences ranging from Pop and Brazilian to R & B and Jazz. From Nashville, Art Four Sale has performed in various settings since 1999 as they create the perfect mood, from festivals to garden parties. Sit back, relax, and enjoy a live art experience. Bring a picnic blanket or lawn chair. Tables will also be available to decorate. See *Mountain Voices* for more details on food options.

No fee; no advance registration required



Art Four Sale

WEEK FIVE

Adult Tennis Tournament Week

July 6–12, 2025

Daily Schedule

SUNDAY, JULY 6

10:00-10:45	Sunday School for Adults and Youth.....	Various Locations
11:00	Worship Service: The Rev. Darren Brandon	Warren Chapel
	<i>Sermon endowed in memory of John W. Harton & Frances L. Harton</i>	
2:30-4:30	Archives Open House.....	Archives
7:30	Youth posting of the weekly calendar.....	Auditorium
	Come be the first to see this week's activities and sign up for the All-Assembly Talent Show!	
7:45	Classic Movie (<i>see kiosk and Auditorium Bulletin Board</i>)	Auditorium
	<i>All children must be accompanied by an adult.</i>	

MONDAY, JULY 7

Sign up for the All-Assembly Talent Show

8:00-9:00	Adult Exercise: Ageless Strength & Vitality	Gymnasium
	<i>(bring mat or towel)</i>	
	Brendie Mitchell, instructor	
	<i>Keeble and Ewing Family Fund</i>	
8:30-9:15	Adult Exercise: Aqua Yoga	Pool
	Liz Norell, instructor	
	<i>Elrod Family Fund</i>	
9:30-10:00	Youth Registration: <i>bring gate ticket & release form</i>	Front of Auditorium
	<i>Information on weekly workshops and special events available</i>	
9:30-10:30	Meeting: MSSA Woman's Association.....	Winfield Porch
	Annual Dues \$25	
10:00-Noon	♦Playtime: Hummingbirds	Hummingbird Room
10:00-Noon	♦Games: All youth groups	Meet at Mall
10:00-Noon	Talent Show meeting and practice	Auditorium
	Participants will meet with directors Bradley Mims and Colby Henderson-Black and have the opportunity to practice.	
	<i>Performing Arts Fund</i>	
10:45-11:45	Peaceful Practice at the Point	Warren's Point
	Led by Pace Verner; <i>see Week Five description</i>	
	<i>The William Dunn (Billy) Trabue Family Fund</i>	
1:00-2:30	Quiet Hour (and a half)	
2:30-3:30	♦Eaglets: Arts & Crafts (<i>no supply fee</i>).....	Shady Dell
2:30-3:30	♦Eagles, Buzzards & Falcons: Ultimate Frisbee	North Gate Field
2:30-4:30	Mahjong Monday	Winfield Porch
	No instruction	

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

2:30-5:00	Workshop: Oil Painting with Kim Barrick.....	Art Pavilion
	<i>Advance registration required; max 10 participants; no fee.</i>	
	<i>See Week Five description for what to bring.</i>	
	<i>Brantley Smith Fine Arts Fund</i>	
3:30-4:30	♦ Buzzards & Falcons: Tennis	East Tennis Courts
6:00	Final Crossings Gospel Band	Mall Gazebo
	<i>Judith Humphrey's Choral Music Program</i>	
6:00	Dinner on the Chapel Grounds	Chapel Porch
7:00	Twilight Prayers	Warren Chapel
	<i>In memory of John Gibbs Albright & Beatrice Smith Orr</i>	
7:30	Adult Tennis Tournament Kickoff Party	Get Right Cottage (92)
	<i>BYOB and bring an appetizer to share.</i>	
7:45	All Assembly BINGO!	Harton Hall

TUESDAY, JULY 8

Adult Tennis Tournament starts on Mall Courts

8:00-9:00	Adult Exercise: Pilates (<i>bring mat or towel</i>)	Gymnasium
	Kim Butters; instructor	
	<i>Saunders Family Fund</i>	
9:30-9:55	Ring! Intergenerational Bell Chime Rehearsal	Warren Chapel
	Open to ages 4-100, no signup, no fee.	
	Pam Maloof, instructor	
9:30-10:00	Youth Registration <i>bring gate ticket & release form</i>	Front of Auditorium
9:30-11:00	Mahjong for Beginners	Winfield Porch
	<i>Advance registration preferred, no fee.</i>	



Final Crossings Gospel Band

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

10:00-Noon	◆Playtime: Hummingbirds	Hummingbird Room
10:00-Noon	◆Games: All youth groups	Meet at Mall
10:00-Noon	Talent Show meeting and practice	Auditorium
	Participants will meet with directors Bradley Mims and Colby Henderson Black and have an opportunity to practice.	
	<i>Performing Arts Fund</i>	
10:15	Youth Parents' Meeting: ALL parents please attend!	Harton Hall Porch
10:45	Lecture: Enneagram	Warren Chapel
	Learn about the nine Enneagram types and their characteristics, motivations, and challenges.	
	Liz Norell	
	<i>Folk Family Fund</i>	
Noon	◆Buzzards and Falcons: Caving excursion with Joey	Meet at Front Gate
	Location TBD	
	<i>Check the Auditorium bulletin board for destination, and items to bring</i>	
1:00-2:30	Quiet Hour (and a half)	
2:30-3:30	◆Eagles: Arts & crafts (<i>no supply fee</i>)	Shady Dell
2:30-3:30	Adult tennis skills and drills	Mall Courts
	Improve your game through drills and strategy-based lessons.	
	<i>No fee.</i>	
TBD	◆Eaglets: Excursion	Meet at Auditorium
	<i>Check the Auditorium bulletin board for destination, departure time, and items to bring. Parents needed to drive.</i>	
2:30-4:00	Enneagram Workshop:	Pulliam Center
	Learn life hacks and simple strategies. For parents of all ages.	
	Liz Norell, instructor	
	<i>Advance registration required; limited space; no fee</i>	
	<i>Folk Family Fund</i>	
2:30-5:00	Workshop: Oil Painting with Kim Barrick	Art Pavilion
	<i>Brantley Smith Fine Arts Fund</i>	
3:00-3:30	◆Hummingbirds & Eaglets: Story time	Winfield Porch
3:30-4:30	Adult tennis round robin	Mall Courts
6:15-7:00	◆Eaglets: Sack supper (<i>bring your own</i>)	Ball Swing Park
7:00	Twilight Prayers	Warren Chapel
7:45	Performance: Sewanee Summer Music Festival	Auditorium
	<i>Music Fund</i>	
8:00-8:45	◆Eagles: Moonlight swim & hoops	Pool & Gym
9:00-10:00	◆Buzzards & Falcons: Moonlight swim & hoops	Pool & Gym

WEDNESDAY, JULY 9

8:00-9:00	Adult Exercise: Yoga Flow (<i>bring mat or towel</i>)	Gymnasium
	Pippa Brown, instructor	
	<i>Elrod Family Fund</i>	
8:30-9:15	Adult Exercise: Aqua Yoga	Pool
	Carter Floyd, instructor	
	<i>Elrod family Fund</i>	
9:00-10:00	◆Eagles Tennis	East Tennis Courts

◆Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

9:30-9:55	Ring! Intergenerational Bell Chime Rehearsal Warren Chapel Open to ages 4-100, no signup, no fee. Pam Maloof, instructor
9:30-10:00	Youth Registration: <i>bring gate ticket & release form</i> Front of Auditorium
10:00-Noon	♦Playtime: Hummingbirds Hummingbird Room
10:00-Noon	♦Games: All youth groups Meet at Mall
10:00-Noon	Talent Show meeting and practice Auditorium Participants will meet with directors Bradley Mims and Colby Henderson-Black and have an opportunity to practice. <i>Performing Arts Fund</i>
10:45	Lecture: Who Won the Vietnam War? Surprise! Warren Chapel Oscar Fitzgerald
1:00-2:30	<i>Quiet Hour (and a half)</i>
TBD	♦Eagles: Excursion Meet at Auditorium <i>Check the Auditorium bulletin board departure information and items to bring. Parent drivers needed.</i>
2:30-3:00	Culinary Guild Meeting Harton Hall
2:30-3:30	♦Eaglets: Arts & crafts (<i>no supply fee</i>) Shady Dell
2:30-4:30	Adult Card Party and Mahjong Meetup Winfield Porch No Mahjong instruction: 2 tables and sets will be available.
2:30-5:00	Workshop: Oil Painting with Kim Barrick Art Pavilion <i>Brantley Smith Fine Arts Fund</i>
3:00	Culinary Event: Baking demonstration Harton Hall <i>Baking in the American South</i> Anne Byrn, instructor <i>Book signing following demonstration.</i> <i>Special Lecture Fund</i>
5:15-5:50	♦Hummingbirds: Parent-Child Meet-Up Pilcher Park <i>Meet on the playground before the Movie!</i>
6:00	♦Hummingbirds: Early-bird Movie: Auditorium <i>Hummingbirds & parents, too! See the Mall kiosk & Auditorium bulletin board; children must be accompanied by an adult</i>
6:00-7:00	♦Buzzards & Falcons: Progressive dinner Meet at Nashville Home
7:00	Twilight Prayers Warren Chapel <i>Youth-led service</i>
7:45	Family Film (<i>see kiosk and Auditorium bulletin board</i>) Auditorium <i>All children must be accompanied by an adult.</i>
9:00	♦Buzzards & Falcons: Campfire Meet at Nashville Home

THURSDAY, JULY 10

7:00-10:00	Produce Market on the Mall Front of Harton Hall
8:00-9:00	Adult Exercise: Pilates (<i>bring mat or towel</i>) Gymnasium Kim Butters, instructor <i>Saunders Family Fund</i>
9:00 -10:00	A Conversation with the Pastors Winfield Porch The Rev. Mary Balfour Dunlap and The Rev. Darren Brandon <i>Check Mountain Voices for this week's topic.</i>
9:30-10:00	Youth Registration: <i>bring gate ticket & release form</i> Front Auditorium

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

9:30-10:00	♦Eaglets Tennis	East Tennis Courts
10:00-11:00	Adult Cardio Tennis	East Tennis Courts
	Get your heart pumping & work up a sweat	
	<i>No advance registration required, no fee</i>	
10:00-Noon	♦Playtime: Hummingbirds	Hummingbird Room
10:00-Noon	♦Games: All youth groups	Meet at Mall
10:00-Noon	Talent Show meeting and practice	Auditorium
	Participants will meet with directors Bradley Mims and Colby Henderson-Black and have an opportunity to practice.	
	<i>Performing Arts Fund</i>	
10:45	Lecture: Old Hollywood Movie Stars:	Warren Chapel
	Their lives, tragedies, and how mental health impacted the lives of Vivian Leigh, Judy Garland, Joan Crawford, Audrey Hepburn, and Gene Tierney	
	Anne Monfore	
1:00-2:30	Quiet Hour (and a half)	
1:00	Eagles Excursion.....	Meet at Front Gate
	Caving excursion with Joey. Location TBD	
	<i>Check the Auditorium bulletin board for destination, and items to bring. Parent drivers needed.</i>	
TBD	Buzzards and Falcons Excursion.....	Meet at Auditorium
	<i>Check the Auditorium bulletin board for destination, departure time, and items to bring</i>	
2:30-3:30	♦Eagles: Arts & crafts (<i>no supply fee</i>)	Shady Dell
2:30-5:00	Workshop: Oil Painting with Kim Barrick.....	Art Pavilion
	<i>Brantley Smith Fine Arts Fund</i>	
3:00-3:30	♦Hummingbirds & Eaglets: Story time	Winfield Porch
3:00-4:30	Special Event: Adventures in Tasting Bourbon	Lexington Cottage (#9)
	With Jim Rogan	
	<i>Advance registration required; limited to 20 participants; no fee.</i>	
	<i>Special Lecture Fund</i>	
3:00-6:00	Fresh Mess Market	Harton Park
4:00	Book Club #2.....	Winfield Porch
	<i>The Comfort of Crows: A Backyard Year, by Margaret Renkl</i>	
5:00-5:45	♦Eaglets: Night games.....	Meet in the Gym
6:00-7:00	♦Eagles: Progressive dinner	Meet at Nashville Home
7:00	Twilight Prayers	Warren Chapel
7:45	Lecture: "Wicked?" The Road to Emerald City and.....	Warren Chapel
	the presidential election of 1896.	
	John McCardell Jr.	
	<i>Patterson Lecture Fund</i>	
9:00	♦Eagles, Buzzards & Falcons: Night Games:	Meet at Nashville Home
	<i>Capture the Flag</i>	

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

FRIDAY, JULY 11

8:00-9:00	Adult Exercise: YoMassage (<i>bring mat or towel</i>).....Gymnasium Lauren Larino, instructor <i>Elrod Family Fund</i>
9:30-10:00	Youth Registration: <i>bring gate ticket & release form</i>Front Auditorium
10:00-Noon	♦Water Games: Hummingbirds Hummingbird Room <i>Wear a bathing suit and bring a towel!</i>
10:00-Noon	♦Water Games: All youth groups Meet at Mall <i>Wear a bathing suit and bring a towel!</i>
10:00-Noon	Talent Show meeting and practice Auditorium Participants will meet with directors Bradley Mims and Colby Henderson-Black and have an opportunity to practice. <i>The Performing Arts Fund</i>
10:45	Lecture: Monteagle Assembly Endowment Fund.....Warren Chapel Current members of the MAEFC will talk about what the fund accomplished on a yearly basis, how it operates, and more. The MAEFC Committee
1:00-2:30	<i>Quiet Hour (and a half)</i>
2:30-4:30	Make-and-Take Workshop: Felted wool trivet Shady Dell Virginia Curry, instructor <i>Advance registration required, limited to 12 participants, \$15 materials fee</i> <i>Bates Blackwood Family Fund</i>
2:30-5:00	Workshop: Oil Painting with Kim Barrick.....Art Pavilion <i>Brantley Smith Fine Arts Fund</i>
5:00-6:30	Porch Party Winfield House <i>Bring your own appetizer and beverage; all Assembly adults invited.</i>
6:00-7:30	Talent Show dress rehearsal and dinner for participants Auditorium Come dressed for the show!
7:45	All-Assembly Talent Show Auditorium Doors open at 7:30 <i>Performing Arts Fund</i>

SATURDAY, JULY 12

9:00	MSSA Board MeetingPulliam Center
10:30	Adult Tennis Tournament: Women's doubles finals Mall Tennis Courts Lunch by the courts with food truck on site! Come to lunch and watch the finals!
5:30	Jazz Night dinner Harton Hall Grab-and-go dining selections. More details in <i>Mountain Voices</i> . Something for everyone!
5:30-8:15	Jazz Picnic with Art Four Sale Band.....Mall Bring a blanket or lawn chair. <i>Music Fund; Program Enhancement Fund</i>

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

WEEK SIX

Thomas Malone Trabue, III, Youth Week

July 13-19, 2025

Workshops, Events, Performances, and Activities

When required, payment and registration for workshops, events and activities may be made online or in the MSSA office. Remember to bring your gate pass to all workshops and show it to the platform staff on duty. Complete registration details and policies may be found on page 22.

Youth Week

July 14-18

Week 6 marks the beginning of youth week—a week highlighted by nightly youth activities for Buzzards and Falcons with the amazing Rev. Keith Gunter. This week is also “Spirit Week”—check the Youth Bulletin Board for daily dress-up themes and special activities!

Mon., Weeks 1-8, 8-9:00 a.m., Gymnasium

Ageless Strength & Vitality: Brendie Mitchell, instructor

Join us for *Ageless Strength & Vitality*, a dynamic, one-hour class specifically designed to support healthy aging through a holistic combination of yoga, weightlifting, brain exercises, and balance training. This unique class targets key areas that are known to age more rapidly, such as muscle mass, flexibility, balance, and cognitive function, while also enhancing overall wellness. The class combines aerobic movement, muscle-strengthening exercises, and brain-boosting activities to provide a well-rounded workout aimed at slowing the effects of aging. Whether you're looking to increase your strength, improve flexibility, sharpen your mind, or enhance your overall balance, *Ageless Strength & Vitality* will leave you feeling stronger, more centered, and more energized. Perfect for individuals of all ages and fitness levels, this class offers a supportive, low-impact approach to aging gracefully and actively!

Open to adults; no fee; no advance registration required

Mon. & Wed., Weeks 1-8, 8:30-9:15 a.m., Pool

Aqua Yoga: Liz Norell (Mon.) & Carter Floyd (Wed.), instructors

Aqua yoga moves traditional yoga postures into the water, to better support joints and lessen the cardio impact of the practice. These classes will also be gentle, in that we will move from one pose to the next at a relatively slow pace and hold the poses longer. Our goal will be to stretch big muscle groups (especially hips, back, and legs) and calm the nervous system. This accessible yoga class will leave you feeling refreshed and calmed. It's open to everyone, regardless of body type/shape, gender, yoga experience (or lack thereof), or mobility challenge. If you can get in and out of the pool, we will make this class work for you!

Open to adults; no fee; no advance registration required

Mon., Weeks 1-8, 10:45-11:45 a.m., Warren's Point

Peaceful Practice at the Point with Pace Verner, leader

Pace will share her Peaceful Practice with us each Monday morning at Warren's Point gazebo from 10:15-11:15 a.m. She will read a prayer, poem, or scripture, followed by a time of silence for prayer, meditation, or journaling, then lead a brief time for group reflection. Bring your journal, pen, and perhaps a blanket for sitting. All are welcome.

Open to adults; no fee; no advance registration required

Mon., July 14, 6-7:00 p.m., Warren Chapel

Dinner on the Chapel Grounds: Dinner on the Chapel Grounds: Come one and all!

Everyone is invited to join the Chapel Committee for dinner on the Chapel Grounds Monday evenings at 6:00 pm. The main dish, paper products, water, and lemonade are provided by the Chapel Committee. Please bring a side dish or dessert to share. When the bell rings for Twilight Prayers, we are all invited to join in the Twilight Prayers service. A great time of fellowship!

No fee; no advance registration required

Mon., July 14, 7:45 p.m., Harton Hall

Trivia Night: Are you ready to put your thinking caps on and have a blast? We've got just the thing to spice up your Monday night—Trivia Night at Harton Hall! Whether you're a trivia whiz or just looking for a fun night out with friends, our Trivia Night Extravaganza is the perfect way to challenge your brain while enjoying time with friends. Leave your phones in your pockets because this is all about good old-fashioned brainpower—no technology allowed! It's a great way to unplug and enjoy some quality time with new and old friends. Plus, what's better than bonding over shared knowledge or lack thereof.

Tues. & Th., Weeks 1-8, 8:00 a.m., Gymnasium

Pilates with Kim Butters, instructor

Pilates Mixed Level Mat will begin each session with stretching to help alignment and increase awareness in the body. The class will then move through the classic Pilates mat exercises with modifications given for beginners or those with physical issues. Each session lasts 55 minutes and promises to be an invigorating start to your morning!

Open to adults; no fee; no advance registration required

Tues. & Wed., Weeks 1-8, 9:30-9:55 a.m., Warren Chapel

Ring! Intergenerational chime choir with Pam Maloof, instructor

Using a harmony bell method participants create a melody accompanied by a CD. The color-coded system allows everyone to participate. Grandparents, parents, and older siblings are encouraged to join in creating beautiful music.

Open to ages 4-100; no fee; no advance registration required

Tues., Wed., and Thurs. July 15-17. 10:00-12:00 pm, Shady Dell

#6-A Eagles: Monteagle Montage with Susie Elder

Express yourself and see how creative you can be! In this mixed media and painting workshop, eagles explore various subjects and experiment with different types of media

to create Monteagle memories through art. Works include paintings on canvas, and colorful collage artworks.

Limited registration; advance sign-up & MSSA gate ticket required, max. #12

Tues., July 15, 10:45 a.m., Warren Chapel

Lecture: The Wills of the First Ladies with Josh Denton

A study of the wills of our First Ladies also highlights some personal planning challenges and pitfalls.

Tues., July 15 and Thurs., July 17, 2:30-4:00, Shady Dell

#6-B Eaglets Earthly Expressions: Art and Nature with Susie Elder

Eaglets join this workshop to combine a love of art with a connection to the natural world. Find artistic inspiration in the sites of Monteagle before venturing into Shady Dell to make your own art. Eaglets will learn about birds, flowers and landscapes then create beautiful artwork inspired by these natural subjects. Old clothes and happy faces are required!

Limited registration; advance sign-up & MSSA gate ticket required, max. #16

Tues., July 15, 2:30 p.m., Writer's Grove

Readings in the Writers' Grove: Rick Glaze will be reading from *Eight Pieces of Eight*

Tues., July 15, 8:00 p.m., Warren Chapel

Lecture: The American Folk Art Museum in New York: Past, Present, and Future with Jason Busch

The American Folk Art Museum (AFAM) is the leading forum in the United States for promoting folk and self-taught art across time and place. Established in 1961 in New York City by a group of avid early American folk art collectors, the Museum has expanded conceptually and physically to include a nationally renowned collection of nearly 10,000 works of art and archives representing self-taught artists from nearly every continent. The diversity of AFAM's collection is reflected in artworks predominantly made in America, yet by artists not necessarily born in this country and with ideas and ideals that span the world. Decade after decade, AFAM has boldly explored both revered and unconventional topics as exhibitions and educational programs while providing a stage for the work of artists who have come to their skill and trade through their own conviction, creativity, and sourced materials. The identity of the Museum's collection and exhibitions have been formed and reformed over the years by newly added makers and fresh ideas. The Museum advocates for those who historically have been sidelined and marginalized from mainstream discussions of art history. As such, AFAM has advanced a truly accessible and democratic art form that results through the personal circumstances of individuals. Through its exhibitions and publications, and now a vibrant virtual sphere online as well as social media, the Museum has literally shaped the perception and scholarship of the field of folk art from the eighteenth century to today. The American Folk Art Museum is currently celebrating more than 30 years of its location in the Lincoln Square neighborhood of Manhattan and 60 years since its establishment as a museum, with accompanying gifts of art and endowment campaigns as well as facility renovations that will manifest in 2026 as the

United States celebrates its 250th anniversary. Speaker Jason T. Busch, Becky and Bob Alexander Director & CEO of the American Folk Art Museum since 2018, will provide a survey of AFAM from its collections and exhibitions, past to present, with a view to its future and to that of folk art internationally. Through illustrating his talk with a rich assortment of weathervanes, quilts, trade signs, and furniture as well as portraits, paintings, and sculptures by artists such as Ammi Phillips, Asa Ames, and William Edmondson.

Mr. Busch will explore the connoisseurship of folk art while weaving together stories of AFAM's development. His lecture will provide an exploration into the nation's museum of folk art.

Tues. July 15, 5:00-6:45 p.m.; Meet at the gym!

Hayride and Cookout Hummingbirds, Eaglets, and Eagles: come and enjoy a Hayride around the assembly before enjoying hamburgers and hotdogs at the gym!

Wed., July 16, 8:00 a.m., Auditorium

Yoga with Pippa Brown

Pippa Browne has been practicing yoga for a few decades and began teaching a Vinyasa flow class in California in 2010. Since moving back to Tennessee she has done further training in Ashtanga and Kundalini Yoga. Her classes are based on a standard Vinyasa flow with elements of Ashtanga and Kundalini Yoga woven into them.

Wed., July 16, 10:45 a.m., Warren Chapel

Lecture: Ten Obscure Facts on Chattanooga in the Civil War with Sam Elliott

While the story of the Battle of Chattanooga is generally known, there are matters relating to the experience of the region as a whole that lend depth to the understanding of Chattanooga's critical role in the struggle.

Wed. July 16, 12:00 p.m., Buzzards and Falcons Leave from front gate!

Thurs. July 17, 1:00 p.m., Eaglets Leave from front gate!

Caving with Joey Favaloro

We have many wonderful caving experiences this summer! The incomparable Joey Favaloro will be leading our caving excursions this summer—his experience and expertise are unmatched! Please read the following description to know what to bring and how to prepare: For all caving excursions, advanced sign up is required (on youth bulletin boards) and all groups will meet right outside the front gates in the small parking area. Please arrive 15 minutes early. Caves are fun and full of wonder, and they are also often wet, cold, and muddy: Cavers will need closed-toed shoes, long pants (ex: moisture-wicking pants; thick jeans; etc.), t-shirt (long-sleeved preferable for warmth), long-sleeve pullover (optional: for warmth), a bike helmet, headlamp or flashlight (small flashlights can be taped to bike helmets to make a "headlamp"), and a towel to sit on in the car afterwards! Happy caving!

Wed., July 16, 2:30 p.m., Hallelujah Pottery Studio**#6-C Dough Bowl Candle** with Debbie Blinder

Join Debbie Blinder for an art excursion to Hallelujah Pottery located at 1202 W Main Street Monteagle TN.

Come on out to make a beautiful dough bowl candle. While the candles cool enjoy making healing bath salts. We will work with essential oils and choose salts such as Dead Sea, Himalayan and more. There will be tea, coffee, cold beverages and light snacks during class.

Advance registration required; \$40 includes all materials. Cap of 10-12 participants

Wed., July 16, 3:00 p.m., Dining Hall**Cooking Demonstration** with Guest Chef Sallie Stamps Swor

Sallie and Emily will discuss the art of cooking with honey. Cooking with honey can open a world of culinary possibilities, bringing both sweetness and depth to dishes.

Wed., July 16, 7:30-9:30 p.m., Winfield Porch**#6-D Arty Party:** Register at the office by Tuesday at 4:00 pm.

Limit of 14 participants, adults only. \$40 fee. Bring your own snack & beverage.

Thurs., July 17, 9:00-10:00 a.m., Winfield Porch**A Conversation with the Pastors**

Please join the Rev. Mary Balfour Dunlap and the Rev. Keith Gunter for a conversation about a pre-selected topic. See this week's *Mountain Voices* for what will be discussed. Light refreshments will be provided.

Thurs., July 17, 10:45 a.m., Warren Chapel**Lecture: Is Emily Post Rolling Over in her Grave? Modern Manners vs. Traditional Manners** with Gina Johnson

In 1922, former debutante and novelist, Emily Post was asked by the editors of Funk and Wagnall to write a book on etiquette. Nineteen editions later, her great grandchildren have published the Centennial edition of the popular book, still simply titled *Etiquette*. So much has changed in the U.S., and in the world, are manners in style now? Does it really matter if you know which fork to use? What is our responsibility as parents and grandparents to expose our families to these principles? In this interactive seminar, we will explore the origins of manners and reinforce the behaviors that help us to have successful interactions with others.

Thurs., July 17, 2:30 p.m., Warren Chapel**Floral Demonstration** with Kent Freeman

Kent Freeman is legendary for his creative floral designs and eye for transforming spaces into works of art. He is also no stranger to our mountain. Please join us for and afternoon talk on arranging flowers, picking containers, and creating magical combinations.

Fri., Weeks 1-8, 8:00 a.m., Gymnasium

YoMassage with Lauren Laurino, instructor

This class is a combination of Yoga and Massage; specifically Yin or restorative Yoga where poses are held for a longer duration while comfortably bolstered and participants receive massage while holding these poses with the goal of helping muscles to relax and achieve greater range of motion.

Open to adults; no fee; no advance registration required

Fri., July 18, 9 a.m.-3 p.m., MSSA Grounds

Woman's Association 61st Annual Cottage Tour & Bazaar

9:00 a.m.-3:00 p.m. Bazaar

10:00 a.m.-3:00 p.m. Cottage Tours. Advance tickets are \$25; same-day tickets are \$30.

Parking in North Gate Field is Free.

Payment for tour tickets and box lunches may be made online or in the MSSA office.

Sat., July 19, 10:00 a.m., Auditorium

Animals from Around the World with Bob Tarter

Come see the live animal show and learn all about different animals from around the world! All ages welcome!



WEEK SIX

Thomas Malone Trabue, III, Youth Week

July 13-19, 2025

Daily Schedule

SUNDAY, JULY 13

10:00-10:45	Sunday School for adults and youth.....	Various Locations
11:00	Worship Service: The Rev. Keith Gunter	Warren Chapel
	<i>Sermon endowed in memory of Irene Morgan Weaver</i>	
7:30	Youth Posting of the weekly calendar	Auditorium
	Come be the first to see this week's activities!	
7:45	Classic Movie (<i>see kiosk and Auditorium bulletin board</i>)	Auditorium
	<i>All children must be accompanied by an adult.</i>	

MONDAY, JULY 14

8:00-9:00	Adult Exercise: Ageless Strength & Vitality	Gymnasium
	<i>(bring mat or towel)</i>	
	Brendie Mitchell, instructor	
	<i>Keeble and Ewing Family Fund</i>	
8:30-9:15	Adult Exercise: Aqua Yoga	Pool
	Liz Norell, instructor	
	<i>Elrod Family Fund</i>	
9:30-10:00	Youth registration: <i>bring gate ticket & release form</i>	Front of Auditorium
	<i>Information on weekly workshops and special events available</i>	
9:30-10:30	Meeting: MSSA Woman's Association.....	Winfield Porch
	Annual Dues \$25	
10:00-Noon	♦Playtime: Hummingbirds	Hummingbird Room
10:00-Noon	♦Games: All youth groups	Meet at Mall
	Spirit Week! Come dressed up for the theme of the day	
	EACH day this week—check the Youth Bulletin board	
	for themes!	
10:45-11:45	Peaceful Practice at the Point	Warren's Point
	Led by Pace Verner; <i>see Week Six description</i>	
	<i>The William Dunn (Billy) Trabue Family Fund</i>	
1:00-2:30	Quiet Hour (and a half)	
2:30-4:30	Mahjong Monday	Winfield Porch
	No instruction	
2:30-3:30	♦Eaglets: Arts & crafts (<i>no supply fee</i>).....	Shady Dell
2:30-3:30	♦Eagles, Buzzards & Falcons: Ultimate Frisbee	North Gate Field
3:30-4:30	♦Buzzards and Falcons Tennis	East Tennis Courts
6:00	Dinner on the Chapel Grounds	Chapel Porch
7:00	Twilight Prayers	Warren Chapel
	<i>In memory of Laura M. Hyer, Abbie Lou Reynolds,</i>	
	<i>William H. Reynolds & Frances H. Reynolds</i>	

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

7:45	Trivia Night	Harton Hall
9:00	♦Buzzards & Falcons youth group.....	Meet at Nashville Home
	The Rev. Keith Gunter	
	<i>Malone Trabue Youth Fund</i>	

TUESDAY, JULY 15

8:00-9:00	Adult Exercise: Pilates (<i>bring mat or towel</i>).....	Gymnasium
	Kim Butters, instructor	
	<i>Saunders Family Fund</i>	
9:30-9:55	Ring! Intergenerational Bell Chime Rehearsal.....	Warren Chapel
	Open to ages 4-100, no signup, no fee.	
	Pam Maloof, instructor	
9:30-10:00	Youth registration: <i>bring gate ticket & release form</i>	Front of Auditorium
	<i>Information on weekly workshops and special events available</i>	
9:30-11:00	Mahjong for Beginners	Winfield Porch
	<i>Advance registration preferred, no fee.</i>	
10:00-Noon	♦ Eagles Art workshop: Monteaegle Montage.....	Shady Dell
	Susie Elder, instructor	
	<i>Advance registration required; see Week Six description</i>	
10:00-Noon	♦Playtime: Hummingbirds	Hummingbird Room
10:00-Noon	♦Games: All youth groups	Meet at Mall
	Spirit Week! Come dressed up for the theme of the day	
	EACH day this week—check the Youth Bulletin board	
	for themes!	
10:15	Youth Parents' Meeting: <i>ALL parents please attend!</i>	Harton Hall Porch
10:45	Lecture: The Wills and Estates of the First Ladies	Warren Chapel
	Josh Denton	
	<i>Nelson History Lecture Fund</i>	
1:00-2:30	Quiet Hour (and a half)	
2:30-3:30	Adult tennis skills and drills.....	Mall Tennis Courts
	Improve your game through drills and strategy-based lessons.	
	<i>No fee.</i>	
TBD	Buzzards and Falcons Excursion.....	Meet in at Auditorium
	<i>Check the Youth bulletin board for times and locations!</i>	
2:30-3:30	♦Eagles: Arts & crafts (<i>no supply fee</i>)	Shady Dell
2:30-4:00	♦ Eaglets Art workshop:	Shady Dell
	Earthly Expressions: Art and Nature	
	Susie Elder, instructor	
	<i>Advance registration required; see Week Six description</i>	
2:30	Readings from the Writers' Grove	Warren Chapel (rain location)
	Rick Glaze will read and discuss his newest book,	
	<i>Eight Pieces of Eight</i>	
	<i>Rountree Family Fund</i>	
3:00-3:30	♦Hummingbirds & Eaglets: Story time	Winfield Porch
3:30-4:30	Adult tennis round robin	Mall Tennis Courts
5:00-6:45	♦Hummingbirds, Eaglets, and Eagles hayride and cookout.....	Gym
	<i>Dinner provided!</i>	
7:00	Twilight Prayers	Warren Chapel

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

- 7:45** **Lecture:** The American Folk Art Museum Warren Chapel
in New York: Past, Present, and Future
Jason Busch
The Fitzgerald Lecture Fund
- 8:00-8:45 ♦Eagles: Moonlight swim and hoops Pool & Gym
- 9:00 ♦Buzzards & Falcons youth group Meet at Nashville Home
The Rev. Keith Gunter
Malone Trabue Youth Fund

WEDNESDAY, JULY 16

- 8:00-9:00** **Adult Exercise:** *Yoga Flow (bring mat or towel)* Gymnasium
Pippa Brown, instructor
Elrod Family Fund
- 8:30-9:15** **Adult Exercise:** Aqua Yoga Pool
Carter Floyd, instructor
Elrod Family Fund
- 9:30-9:55** **Ring!** Intergenerational Bell Chime Rehearsal Warren Chapel
Open to ages 4-100, no signup, no fee.
Pam Maloof, instructor
- 9:00-10:00 ♦Eagles tennis East Tennis Courts
- 9:30-10:00 Youth registration: *bring gate ticket & release form* Front of Auditorium
Information on weekly workshops and special events available
- 10:00-Noon ♦**Eagles Art workshop:** Monteagle Montage Shady Dell
Susie Elder, instructor
Advance registration required; see Week Six description
- 10:00-Noon ♦Playtime: Hummingbirds Hummingbird Room
- 10:00-Noon ♦Games: All youth groups Meet at Mall
Spirit Week! Come dressed up for the theme of the day
EACH day this week - check the Youth Bulletin board
for themes!
- 10:45** **Lecture:** Ten Obscure Facts on Chattanooga Warren Chapel
in the Civil War
Sam Elliot
Elizabeth Austin Lecture Fund
- Noon ♦Buzzards and Falcons: Excursion Meet at Front Gate
Caving with Joey
*Check the Auditorium bulletin board for destination,
and items to bring*
- 1:00-2:30** ***Quiet Hour (and a half)***
- TBD ♦Eagles Excursion Meet at Auditorium
*Check the Auditorium bulletin board for destination,
departure time, and items to bring. Parents needed to drive.*
- 2:30-3:30 ♦Eagles: Arts & crafts (*no supply fee*) Shady Dell
- 2:30** **Art Excursion:** Wooden dough bowl soy candles Hallelujah Pottery Studio
and sugar scrubs. Light refreshments provided.
Debbie Binder, instructor
Advance registration required; limited space; \$40 activity fee
- 2:30-4:30 Adult Card Party and Mahjong Meetup Winfield Porch
No Mahjong instruction: 2 tables and sets will be available.

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

3:00	Culinary Event: Cooking demonstration..... Harton Hall Emily Frith and Sallie Swor The art of cooking with honey <i>Special Lecture Fund</i>
5:15-5:50	♦Hummingbirds: Parent-child meetup.....Pilcher Park Meet on playground before the movie!
6:00	♦Hummingbirds: Early-bird movie:..... Auditorium <i>Hummingbirds & parents, too! See the Mall kiosk & Auditorium bulletin board; children must be accompanied by an adult</i>
6:00-7:00	♦Buzzards & Falcons: Progressive dinner.....Meet at Nashville Home
7:00	Twilight Prayers Warren Chapel <i>Youth-led service</i>
7:30-9:30	Arty PartyWinfield Porch Bring your own snack & beverage; advance registration required; <i>Advance registration required, limited space, and \$40 fee.</i>
7:45	Family Film (see kiosk and Auditorium bulletin board) Auditorium <i>All children must be accompanied by an adult.</i>
9:00	♦Buzzards & Falcons youth group.....Meet at Nashville Home The Rev. Keith Gunter <i>Malone Trabue Youth Fund</i>

THURSDAY, JULY 17

7:00-10:00	Produce Market on the Mall Front of Harton Hall
8:00-9:00	Adult Exercise: Pilates (<i>bring mat or towel</i>).....Gymnasium Kim Butters, instructor <i>Saunders Family Fund</i>
9:00 -10:00	A Conversation with the PastorsWinfield Porch The Rev. Mary Balfour Dunlap and The Rev. Keith Gunter <i>Check Mountain Voices for this week's topic.</i>
9:30-10:00	Youth registration: <i>bring gate ticket & release form</i>Front Auditorium <i>Information on weekly workshops and special events available</i>
9:30-10:00	♦Eaglets: Tennis.....East Tennis Courts
10:00-11:00	Adult Tennis: Cardio tennis.....East Tennis Courts <i>Get your heart pumping & work up a sweat. No advance registration required, no fee</i>
10:00-Noon	♦ Eagles Art workshop: Montecagle Montage..... Shady Dell Susie Elder, instructor <i>Advance registration required; see Week Six description</i>
10:00-Noon	♦Playtime: Hummingbirds Hummingbird Room
10:00-Noon	♦Games: All youth groups Meet at Mall Spirit Week! Come dressed up for the theme of the day EACH day this week—check the Youth Bulletin board for themes!
10:45	Lecture: Is Emily Post Rolling Over in her Grave?Warren Chapel Modern Manners vs. Traditional Manners Ginna Johnson <i>Miss Bessie Fund</i>
1:00	♦Eaglets Excursion Meet at Front Gate Caving with Joey <i>Check the Auditorium bulletin board for destination, and items to bring. Parents needed to drive.</i>

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

1:00-2:30	<i>Quiet Hour (and a half)</i>	
2:30	Floral Demonstration	Warren Chapel
	J. Kent Freeman	
	<i>Wallace Lecture Fund</i>	
2:30-4:00	♦ Eaglets: Art workshop	Shady Dell
	Earthly Expressions: Art and nature	
	Susie Elder, instructor	
	<i>Advance registration required; see Week Six description</i>	
2:30-3:30	♦Eagles: Arts & crafts (<i>no supply fee</i>)	Shady Dell
3:00-3:30	♦Hummingbirds & Eaglets: Story Time	Winfield Porch
3:00-6:00	Fresh Mess Market	Harton Park
6:00-7:00	♦Eagles: Progressive dinner	Meet at Nashville Home
7:00	Twilight Prayers	Warren Chapel
9:00	♦Buzzards & Falcons youth group (<i>messy games</i>)	Meet at Nashville Home
	The Rev. Keith Gunter	
	<i>Malone Trabue Youth Fund</i>	

FRIDAY, JULY 18

8:00-9:00	Adult Exercise: YoMassage (<i>bring mat or towel</i>)	Gymnasium
	Lauren Larino, instructor	
	<i>Elrod Family Fund</i>	
9:00-3:00	Woman's Association Bazaar	Mall
9:30-10:00	Youth registration: <i>bring gate ticket & release form</i>	Front Auditorium
	<i>Information on weekly workshops and special events available</i>	
10:00-Noon	♦Water Games: Hummingbirds	Hummingbird Room
	<i>Wear a bathing suit and bring a towel!</i>	
10:00-Noon	♦Water Games: All youth groups	Meet at Mall
	<i>Wear a bathing suit and bring a towel!</i>	
10:00-3:00	61st Woman's Association Cottage Tour	MSSA Grounds
	MSSA Woman's Association	
6:00	Woman's Association Cottage Tour & Bazaar	TBD
	<i>Thank-you dinner!</i>	
7:45	Movie (<i>see kiosk and Auditorium bulletin board</i>)	Auditorium
	<i>All children must be accompanied by an adult,</i>	

SATURDAY, JULY 19

10:00	Animal Show: The World of Animals	Auditorium
	Bob Tarter from the Natural History Educational Company	
	<i>All children must be accompanied by an adult; NO DOGS ALLOWED!</i>	
	<i>Keeble-Ewing Family Fund</i>	
4:00	MSSA Town Hall Meeting	Warren Chapel
6:00	Pickleball Tournament kickoff party	Providence (#165)
	Bring your own beverage and appetizer to share.	
	Partners will be announced.	
	<i>Jimmy and Shirley Stansell, hosts</i>	

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

WEEK SEVEN

July 20–26, 2025

Youth Tennis Week

Workshops, Events, Performances, and Activities

When required, payment and registration for workshops, events and activities may be made online or in the MSSA office. Remember to bring your gate pass to all workshops and show it to the platform staff on duty. Complete registration details and policies may be found on page 22.

Sun., July 20, Outreach Sunday

Outreach Sunday will be Sunday, July 20th. It is so important to support our neighbors in need on the mountain. This year, the Outreach Committee has selected the South Cumberland Community Foundation for Outreach Sunday. All offerings will go to support the Foundation. The South Cumberland Community Foundation supports many non-profits on the mountain including Tracy City Free Clinic, Easy's Dog Shelter, Friends of South Cumberland State Parks, The Grundy County Food Bank, Mountain Goat Trail Alliance, Beersheba Springs Medical Clinic, The Grundy EMS, Highland Recovery Center, Morton Memorial Church, Monteagle Elementary School and many more! Please give generously to support these organizations. It is our call as followers of Jesus!

Mon., Weeks 1-8, 8-9:00 a.m., Gymnasium

Ageless Strength & Vitality: Brendie Mitchell, instructor

Join us for *Ageless Strength & Vitality*, a dynamic, one-hour class specifically designed to support healthy aging through a holistic combination of yoga, weightlifting, brain exercises, and balance training. This unique class targets key areas that are known to age more rapidly, such as muscle mass, flexibility, balance, and cognitive function, while also enhancing overall wellness. The class combines aerobic movement, muscle-strengthening exercises, and brain-boosting activities to provide a well-rounded workout aimed at slowing the effects of aging. Whether you're looking to increase your strength, improve flexibility, sharpen your mind, or enhance your overall balance, *Ageless Strength & Vitality* will leave you feeling stronger, more centered, and more energized. Perfect for individuals of all ages and fitness levels, this class offers a supportive, low-impact approach to aging gracefully and actively!

Open to adults; no fee; no advance registration required

Mon.-Tues. July 21-22, Sign-ups Youth Bulletin Board Youth Tennis Week

Tournament Play: times and locations TBD

Calling all tennis players for a great week of youth tennis competition! Ages 8-17/all skill levels welcome to sign up and participate! Sign-up sheet will be posted Sunday evening and will run until Tuesday at noon. Once you have signed up, please attend our kick-off pizza party on Tuesday evening, July 22 at 7:00 p.m. at Summertime Cottage #68 for the bracket reveal! Matches will begin Wednesday and continue throughout the week, times TBD. Looking forward to seeing you all on the courts!

Mon. & Wed., Weeks 1-8, 8:30-9:15 a.m., Pool

Aqua Yoga: Liz Norell (Mon.) & Carter Floyd (Wed.), instructors

Aqua yoga moves traditional yoga postures into the water, to better support joints and lessen the cardio impact of the practice. These classes will also be gentle, in that we will move from one pose to the next at a relatively slow pace and hold the poses longer. Our goal will be to stretch big muscle groups (especially hips, back, and legs) and calm the nervous system. This accessible yoga class will leave you feeling refreshed and calmed. It's open to everyone, regardless of body type/shape, gender, yoga experience (or lack thereof), or mobility challenge. If you can get in and out of the pool, we will make this class work for you!

Open to adults; no fee; no advance registration required

Mon., Weeks 1-8, 10:45-11:45 a.m., Warren's Point

Peaceful Practice at the Point with Pace Verner, leader

Pace will share her Peaceful Practice with us each Monday morning at Warren's Point gazebo from 10:15-11:15 a.m. She will read a prayer, poem, or scripture, followed by a time of silence for prayer, meditation, or journaling, then lead a brief time for group reflection. Bring your journal, pen, and perhaps a blanket for sitting. All are welcome.

Open to adults; no fee; no advance registration required

Mon., July 21, 6-7:00 p.m., Warren Chapel

Dinner on the Chapel Grounds: Dinner on the Chapel Grounds: Come one and all!

Everyone is invited to join the Chapel Committee for dinner on the Chapel Grounds Monday evenings at 6:00 pm. The main dish, paper products, water, and lemonade are provided by the Chapel Committee. Please bring a side dish or dessert to share. When the bell rings for Twilight Prayers, we are all invited to join in the Twilight Prayers service. A great time of fellowship!

No fee; no advance registration required

Mon., July 21, 7:45 p.m., Harton Hall

Trivia Night: Are you ready to put your thinking caps on and have a blast? We've got just the thing to spice up your Monday night—Trivia Night at Harton Hall! Whether you're a trivia whiz or just looking for a fun night out with friends, our Trivia Night Extravaganza is the perfect way to challenge your brain while enjoying time with friends. Leave your phones in your pockets because this is all about good old-fashioned brainpower—no technology allowed! It's a great way to unplug and enjoy some quality time with new and old friends. Plus, what's better than bonding over shared knowledge or lack thereof.

Tues. & Wed., Weeks 1-8, 9:30-9:55 a.m., Warren Chapel

Ring! Intergenerational chime choir with Pam Maloof, instructor

Using a harmony bell method participants create a melody accompanied by a CD. The color-coded system allows everyone to participate. Grandparents, parents, and older siblings are encouraged to join in creating beautiful music.

Open to ages 4-100; no fee; no advance registration required

Tues. & Th., Weeks 1-8, 8:00 a.m., Gymnasium

Pilates with Kim Butters, instructor

Pilates Mixed Level Mat will begin each session with stretching to help alignment and increase awareness in the body. The class will then move through the classic Pilates mat exercises with modifications given for beginners or those with physical issues. Each session lasts 55 minutes and promises to be an invigorating start to your morning!

Open to adults; no fee; no advance registration required

Tues., July 22, 10:45 a.m., Warren Chapel

Lecture: The Secret City Where Women Impacted World War II and Changed History with Claudia Haltom

Where was it? What was it? How did so many women seem called to a place not on any map or near any train station or airport? What did they do that changed the world and so heavily impacted the outcome of World War II? This presentation will include pictures never seen before and a history from the 1940s that will lay out a clear description of what they did.

Tues., July 22, 2:30-4:30 p.m., Shady Dell

#7-A Straw Wreaths with Virginia Curry

Straws will take on a completely new character when you make a straw wreath! Various colors of straws, different lengths of straws and repeating patterns will make your straw wreath decorative and individual. Only skill needed—glue gun coordination!

Advance registration requires; maximum 15 participants; \$10 materials fee

Tues., July 22, 8:00 p.m., Warren Chapel

Lecture: Raising Worry-Free Kids with Sissy Goff

Kids are growing up in a world of worry today. Anxiety, in fact, is a childhood epidemic, effecting 1 out of every 4 children. Kids of all ages feel pressure . . . from the expectations around them, inside of them, and even, unknowingly, from us. What can we do to slow the epidemic for kids, in general? And, even more importantly, what can you do to calm the worry-related meltdowns and help your child find the confidence to fight his or her own brand of Worry Monster? In this seminar, you'll gain understanding the what's and why's in terms of the differences between anxiety and worry, and where your child is on the continuum help practically with tools to overcome the worry that he or she will inevitably face hope as your child discovers a sense of confidence that is stronger than any worry this age of anxiety can bring. Children need understanding, help, and hope. You can make a profound difference in their journey to finding all three. You will come out of this seminar feeling not only more confident in your parenting, but in your ability to help them discover all of the courage that is already inside of them.

Wed., July 23, 8:00 a.m., Auditorium

Yoga with Pippa Brown

Pippa Browne has been practicing yoga for a few decades and began teaching a Vinyasa flow class in California in 2010. Since moving back to Tennessee she has done further training in Ashtanga and Kundalini Yoga. Her classes are based on a standard Vinyasa flow with elements of Ashtanga and Kundalini Yoga woven into them.

Wed., July 23, 3:00 p.m., Dining Hall

Culinary Demonstration with Julia Sullivan

Join Julia Sullivan, Chef/Owner of Judith restaurant for a special demonstration, preparing her favorite menu items, featuring local, summer produce.

Wed., July 23, 10:45 a.m., Warren Chapel

Lecture: The Moon, Mars and Beyond—A Tour of the Cosmos with Mat Kaplan

Human spacecraft have visited all of our solar system's planets (including Pluto!), along with the asteroids, comets and moons that are in our solar neighborhood. New probes are on their way to Jupiter and Venus right now! These robots, and the 12 humans who walked on the Moon, along with giant new telescopes on the ground and in space, have revealed the cosmos as never before. Join Planetary Society Senior Communications Adviser Mat Kaplan as we travel at the speed of light and beyond, viewing the wonders of the final frontier.

Wed., July 23, 9:00 p.m., Northgate Field

Stargazing Event with Mat Kaplan

Come join us to view the magic of the universe! Mat Kaplan will be at North Gate Field for an evening of stargazing. We will have a telescope ready for you to view the constellations in the summer sky. Feel free to bring your own telescope.



Julia Sullivan

Thurs.-Sun., July 24-27; departure and return times TBD

“The Walk” - Buzzards and Falcons 4-Day Backpacking Trip

Iconically known in the 90s as “The Walk”, this trip is the ultimate backpacking adventure and was revived in the assembly in 2023. This year, along with years past, we will spend three nights and four days venturing through Shining Rock Wilderness in Pisgah National Forest, North Carolina. Shining Rock is home to some of the most beautiful views in the Southeast with versatile trails, enormous quartz boulders, fresh springs, and world class waterfalls. The group that took this trip last year had the time of their lives summiting mountains, picking fresh blueberries, and being solely in nature for four days straight. This trip takes extensive planning and commitment from both the staff and the youth, but the reward greatly exceeds the time and effort required to pull it off. This trip stands alone as the most memorable and life-impacting adventure that the assembly is capable of providing.

***Packing list to be provided*

Thurs., July 24, 9:00-10:00 a.m., Winfield Porch

A Conversation with the Pastors

Please join the Rev. Mary Balfour Dunlap and the Rev. Ed Norton for a conversation about a pre-selected topic. See this week's *Mountain Voices* for what will be discussed. Light refreshments will be provided.

Thurs., July 24, 10:45 a.m., Warren Chapel

Lecture: I Am Here You Are Not I Love You with Aidan Ryan

Blending the emotional depth of memoir with the breadth of biography, *I Am Here You Are Not I Love You* attempts to piece together clues from the lives and art of Aidan Ryan's late uncle and aunt, Andrew Topolski and Cindy Suffoletto, visual artists who were active from the mid-1970s until their deaths in the early 2000s. The book presents a critical reexamination of Andrew Topolski, an overlooked luminary of movements including intermedia and postminimalism. In repositioning Topolski's legacy and vast body of work, Ryan makes compelling findings about the interplay of talent, luck, and community support in the making or breaking of artistic careers. At the same time, the story shares the significant and never-before-seen body of work by Cindy Suffoletto, a talented and inventive artist little shown and never cataloged during her short life. Ultimately, Ryan argues that the time is right for both to take up a privileged place among the great artists of their generation. Ryan will read from his book and speak about the lessons he learned through his research, particularly around the mechanics of the art market, the lives of artist-partners, and the forces that determine artistic canonization.

Thurs. July 24, 1:00 p.m., Leave from front gate!

Caving with Joey Favaloro - Eagles

We have many wonderful caving experiences this summer! The incomparable Joey Favaloro will be leading our caving excursions this summer—his experience and expertise are unmatched! Please read the following description to know what to bring and how to prepare: For all caving excursions, advanced sign up is required (on youth bulletin boards) and all groups will meet right outside the front gates in the small parking area. Please arrive 15 minutes early. Caves are fun and full of wonder, and

they are also often wet, cold, and muddy: Cavers will need closed-toed shoes, long pants (ex: moisture-wicking pants; thick jeans; etc), t-shirt (long-sleeved preferable for warmth), long-sleeve pullover (optional: for warmth), a bike helmet, headlamp or flashlight (small flashlights can be taped to bike helmets to make a “headlamp”), and a towel to sit on in the car afterwards! Happy caving!

Thurs., July 24, 2:30 p.m., Writer’s Grove

A Reading from Odd Job Annie, First in a Cozy Mystery Series Set in Monteagle
with Beth Riner

Annie Cooper’s not your average retiree. After moving to the quirky mountain town of Monteagle, Tennessee, she creates a side hustle—Odd Job Annie—to offset her insurance costs. When one of her first and favorite clients, a feisty octogenarian, is brutally attacked and left for dead, it’s up to Annie and Dickie, her delightfully debonair new neighbor, to figure out whodunnit in this charming, laugh-out-loud cozy mystery. **SPOILER ALERT:** The feisty octogenarian lives in the Assembly.

This reading will be followed by blackberry cobbler and ice cream.

Thurs., July 24, 7:45 p.m., Auditorium

Documentary Screening I Am Her You Are Not I Love You with Aidan Ryan

Director, Aidan Ryan will discuss and screen his movie short about his uncle and aunt, Andrew Topolski, Cindy Suffoletto, and their Life in the Arts. I Am Here You Are Not I Love You follows Ryan as he attempts to make sense of the work and clues left behind by the late visual artists Andrew Topolski and Cindy Suffoletto, his aunt and uncle, who passed away when he was a teenager. The film is 40 minutes long.

Fri., Weeks 1-8, 8:00 a.m., Gymnasium

YoMassage with Lauren Laurino, instructor

This class is a combination of Yoga and Massage; specifically Yin or restorative Yoga where poses are held for a longer duration while comfortably bolstered and participants receive massage while holding these poses with the goal of helping muscles to relax and achieve greater range of motion.

Open to adults; no fee; no advance registration required

Fri., July 25, 10:45 a.m., Warren Chapel

Lecture: Humanizing Antiquity-The Ongoing Saga of Pompeii with Dawn Lafon

From the initial devastation to the rediscovery in the 1700’s, Pompeii and the surrounding area has had worldwide influence. Dawn’s lecture will cover the actual event and the people in the 1700’s such as Josiah Wedgwood and Sir William Hamilton who influenced the popularity of art and furniture from the ruins. The lecture will conclude with a look at current excavations and what role technology is playing in unlocking even more mysteries of what the world was like over almost two thousand years ago.

Sat., July 26, 8:00 p.m., Auditorium

All Assembly Dance: Entice Dance Band

Dance the night away with one of the most requested party bands in the South!

WEEK SEVEN

July 20-July 26, 2025

Youth Tennis Week

Adult Pickleball Tournament Week

Daily Schedule

SUNDAY, JULY 20

10:00-10:45	Sunday School for youth and adults.....	Various Locations
11:00	Worship Service: The Rev. Edward Norton.....	Warren Chapel
	<i>Winfield Leigh & Miss Ella D. Winfield Outreach Fund</i>	
	Offerings today are dedicated to MSSA Outreach	
2:30	Adult pickleball tournament starts.....	Pickleball Courts
	Check the courts for brackets	
7:30	Youth posting of the weekly calendar.....	Auditorium
	Come be the first to see this week's activities!	
	***Sign-up for Youth Tennis Tournament. Check the Youth Bulletin	
	Board for more details about the week's activities and matches.	
7:45	Classic Movie (<i>see kiosk and Auditorium bulletin board</i>)	Auditorium
	<i>All children must be accompanied by an adult.</i>	

MONDAY, JULY 21

Sign up for Youth Tennis Tournament!

8:00-9:00	Adult Exercise: Yoga Flex (<i>bring mat or towel</i>)	Gymnasium
	Brendie Mitchell, instructor	
	<i>Keeble and Erwing Family Fund</i>	
8:30-9:15	Adult Exercise: Aqua Yoga	Pool
	Liz Norell, instructor	
	<i>Elrod Family Fund</i>	
9:30-10:00	Youth registration: <i>bring gate ticket & release form</i>	Front of Auditorium
	<i>Information on weekly workshops and special events available</i>	
10:00-12:00	♦Playtime: Hummingbirds	Hummingbird Room
10:00-12:00	♦Games: All youth groups	Meet at Mall
10:45-11:45	Peaceful Practice at the Point	Warren's Point
	Led by Pace Verner; <i>see Week Seven description</i>	
	<i>The William Dunn (Billy) Trabue Family Fund</i>	
1:00-2:30	Quiet Hour (and a half)	
2:30-3:30	♦Eaglets: Arts & crafts (<i>no supply fee</i>)	Shady Dell
2:30-3:30	♦Eagles, Buzzards & Falcons: Ultimate frisbee	North Gate Field
2:30-4:30	Mahjong Monday	Winfield Porch
	No instruction	
3:30-4:30	♦Buzzards and Falcons tennis.....	East Tennis Courts
6:00	Dinner on the Chapel Grounds	Chapel Porch

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

7:00	Twilight Prayers Warren Chapel <i>In memory of Mary Demoville Hill Brownlow</i>
7:45	Adult Trivia Night Harton Hall

TUESDAY, JULY 22

Last day to sign up for the Youth Tennis Tournament!

8:00-9:00	Adult Exercise: Pilates (<i>bring mat or towel</i>)Gymnasium Kim Butters, instructor <i>Saunders Family Fund</i>
9:30-9:55	Ring! Intergenerational Bell Chime Rehearsal Warren Chapel Open to ages 4-100, no signup, no fee. Pam Maloof, instructor
9:30-10:00	Youth registration: <i>bring gate ticket & release form</i> Front of Auditorium <i>information on weekly workshops and special events available.</i>
9:30-11:00	Mahjong for Beginners Winfield Porch <i>Advance registration preferred, no fee.</i>
10:00-12:00	♦Playtime: Hummingbirds Hummingbird Room
10:00-12:00	♦Games: All youth groups Meet at Mall
10:15	Youth Parents' Meeting: <i>ALL parents please attend!</i> Harton Hall Porch
10:45	Lecture: The Secret City Where Women Impacted Warren Chapel World War II and Changed History Claudia Haltom
Noon	♦Youth Tennis Tournament registration deadline..... Auditorium
1:00-2:30	Quiet Hour (and a half)
2:30-4:30	Make-and-Take Workshop: Straw wreaths Shady Dell Virginia Curry, instructor <i>Advance registration required, limited to 15 participants,</i> <i>\$10 materials fee</i> <i>Bates Blackwood Family Fund</i>
2:30-3:30	Adult tennis drills and skills..... Mall Tennis Courts Improve your game through drills and strategy-based lessons. <i>No fee.</i>
2:30-3:30	♦Eagles: Arts & crafts (<i>no supply fee</i>) Shady Dell
TBD	♦Eaglets: Excursion Meet at Auditorium <i>Check the Auditorium bulletin board for destination,</i> <i>departure, and items to bring. Parents needed to drive.</i>
TBD	♦Buzzards/Falcons: Excursion Meet at Auditorium <i>Check the Auditorium bulletin board for destination,</i> <i>departure, and items to bring.</i>
3:00-3:30	♦Hummingbirds & Eaglets: Story time Winfield Porch
3:30-4:30	Adult tennis round robin Mall Tennis Courts.
7:00	Twilight Prayers Warren Chapel
7:00	♦Youth tennis tournament kick-off pizza party Summertown Cottage #68 <i>Draw will be announced! Check the Auditorium</i> <i>bulletin board for details.</i>
7:45	Lecture: Raising Worry-Free Kids Auditorium Sissy Goff <i>The Davis Fund</i>

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

8:00-8:45	◆Eagles: Moonlight swim & hoops	Pool & Gym
9:00-10:00	◆Buzzards & Falcons: Moonlight swim & hoops.....	Pool & Gym

WEDNESDAY, JULY 23

8:00-9:00	Adult Exercise: Yoga Flow (<i>bring mat or towel</i>)	Gymnasium
	Pippa Brown, instructor	
	<i>Elrod Family Fund</i>	
8:30-9:15	Adult Exercise: Aqua Yoga.....	Pool
	Carter Floyd, instructor	
	<i>Elrod Family Fund</i>	
9:30-9:55	Ring! Intergenerational Bell Chime Rehearsal.....	Warren Chapel
	Open to ages 4-100, no signup, no fee.	
	Pam Maloof, instructor	
9:00-10:00	◆Eagles tennis.....	East Tennis Courts
9:30-10:00	Youth registration: <i>bring gate ticket & release form</i>	Front Auditorium
	<i>Information on weekly workshops and special events available</i>	
10:00-12:00	◆Playtime: Hummingbirds	Hummingbird Room
10:00-12:00	◆Games: All youth groups	Meet at Mall
10:45	Lecture: The Moon, Mars and Beyond:	Warren Chapel
	A Tour of the Cosmos	
	Mat Kaplan, Host of Planetary Radio	
	<i>Savage-Zerfoss-Fryer Fund</i>	
1:00-2:30	<i>Quiet Hour (and a half)</i>	
TBD	◆Eagles Excursion	Meet at Auditorium
2:30-3:30	◆Eaglets: Arts & crafts (<i>no supply fee</i>)	Shady Dell
3:00	Culinary Event: Cooking demonstration.....	Harton Hall
	Chef Julia Sullivan of Henrietta Red and Judith	
	<i>Special Lecture Fund</i>	
2:30-4:30	Adult Card Party and Mahjong Meetup	Winfield Porch
	No Mahjong instruction: 2 tables and sets will be available.	
5:15-5:50	◆Hummingbirds: Parent-child meetup.....	Pilcher Park
	Meet in the playground before the movie!	
6:00	◆Hummingbirds: Early-bird movie:	Auditorium
	<i>Hummingbirds & parents, too! See the Mall kiosk & Auditorium</i>	
	<i>bulletin board; children must be accompanied by an adult</i>	
6:00-7:00	◆Buzzards & Falcons: Progressive dinner	Meet at Nashville Home
7:00	Twilight Prayers	Warren Chapel
	<i>Youth-led service</i>	
7:45	Family Film (<i>see kiosk and Auditorium bulletin board</i>)	Auditorium
	<i>All children must be accompanied by an adult.</i>	
9:00	Star Gazing 101:.....	North Gate Field
	<i>Learn about the constellations and more</i>	
	Mat Kaplan	
9:00	◆Buzzards & Falcons: Campfire	Meet at Nashville Home

◆Denotes Youth-specific programs • Remember to bring your gate pass to all events
 Please observe Quiet Hour each day from 1:00 to 2:30

THURSDAY, JULY 24

7:00-10:00	Produce Market on the Mall	Front of Harton Hall
8:00-9:00	Adult Exercise: Pilates (<i>bring mat or towel</i>)	Gymnasium
	Kim Butters, instructor <i>Saunders Family Fund</i>	
9:00-10:00	A Conversation with the Pastors	Winfield Porch
	The Rev. Mary Balfour Dunlap and The Rev. Edward Norton <i>Check Mountain Voices for this week's topic.</i>	
9:30-10:00	Youth registration: <i>bring gate ticket & release form</i>	Front Auditorium
	<i>Information on weekly workshops and special events available</i>	
9:30-10:00	♦Eaglets tennis	East Tennis Courts
10:00-11:00	Adult Tennis: Cardio tennis.....	East Tennis Courts
	<i>Get your heart pumping & work up a sweat.</i> <i>No advance registration required, no fee</i>	
10:00-12:00	♦Playtime: Hummingbirds	Hummingbird Room
10:00-12:00	♦Games: All youth groups	Meet at Mall
TBD	♦Buzzards and Falcons: The Walk	Meet at Nashville Home
	Backpacking excursion: advance registration required. <i>See Week Seven description for details.</i>	
10:45	Lecture: I am Here, You Are Not, I Love You	Warren Chapel
	Follows the writer Aidean Ray as he attempts to make sense of the work and clues left behind by the late visual artists Andrew Topolski and Cindy Suffoletto. Aiden Ryan <i>Martha Billington Trabue Fund</i>	
1:00	♦Eagles Excursion	Meet at Front Gate
	Caving with Joey. <i>Check the Auditorium bulletin board for destination, and items to bring. Parents needed to drive.</i>	
1:00-2:30	Quiet Hour (and a half)	
2:30-3:30	♦Eagles: Arts & crafts (<i>no supply fee</i>)	Shady Dell
3:00-3:30	♦Hummingbirds & Eaglets: Story time	Winfield Porch
2:30	Readings from the Writers' Grove	Warren Chapel (rain location)
	Beth Riner reads from her newly released book <i>Odd Job Annie</i> <i>Blackberry Cobbler and ice cream will be served after reading.</i>	
3:00-6:00	Fresh Mess Market	Harton Park
4:00	Woman's Association Book Club #3	Winfield Porch
	<i>Be Ready When the Luck Happens: A memoir</i> by Ina Garten	
6:00-7:00	♦Eagles: Progressive dinner	Meet at Nashville Home
7:00	Twilight Prayers	Warren Chapel
7:45	Documentary: I am Here, You Are Not, I Love You;	Auditorium
	Aiden Ryan, filmmaker, and writer Book signing after screening. <i>Martha Billington Trabue Fund</i>	
9:00	♦Eagles, Buzzards & Falcons: Night Games	Meet at Nashville Home
	<i>Capture the Flag</i>	

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

FRIDAY, JULY 25

8:00-9:00	Adult Exercise: Yo-Massage (<i>bring mat or towel</i>)Gymnasium Lauren Larino, instructor <i>Elrod Family Fund</i>
9:30-10:00	Youth registration: bring gate ticket & release formFront Auditorium <i>Information on weekly workshops and special events available</i>
10:00-12:00	♦Water Games: Hummingbirds Hummingbird Room <i>Wear a bathing suit and bring a towel!</i>
10:00-12:00	♦Water Games: All youth groups Meet at Mall <i>Wear a bathing suit and bring a towel!</i>
10:45	Lecture: Humanizing Antiquity—..... Auditorium The Ongoing Saga of Pompeii Dawn LaFon <i>Knox Polk Van Zandt Education Lecture Series on Travel</i>
1:00-2:30	Quiet Hour (and a half)
2:30-4:30	Meetings: MSSA Denominational Caucuses Various Locations as follows.
2:30	Consolidated..... Warren Chapel
2:30	Episcopal Auditorium
3:30	Presbyterian Warren Chapel
3:30	Methodist Auditorium
4:30	MSSA Board Meeting Pulliam Center
7:45	Movie (<i>see kiosk and Auditorium bulletin board</i>)..... Auditorium <i>All children must be accompanied by an adult.</i>

SATURDAY, JULY 26

9:00	ANNUAL MEETING: MSSA COTTAGE OWNERS Auditorium
9:00-5:00	66th Annual Mountain Market for Arts & CraftsHannah Pickett Park
1:00	MSSA Board Meeting Pulliam Center
2:30	MAEFC Meeting Pulliam Center
TBD	Pickleball Tournament (finals) Pickleball Court
6:30	All Assembly Dinner: Farm to Table Harton Hall <i>Advance registration required: fee paid at office.</i> <i>See Mountain Voices and at Harton Hall for event details.</i>
7:45	All-Assembly Dance: The Entice Dance Band Gym Dance the night away with the sounds of Motown! <i>Cross Family Music Fund</i>



♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

WEEK EIGHT

July 27-August 2, 2024

Workshops, Events, Performances, and Activities

When required, payment and registration for workshops, events and activities may be made online or in the MSSA office. Remember to bring your gate pass to all workshops and show it to the platform staff on duty. Complete registration details and policies may be found on page 22.

Mon., Weeks 1-8, 8-9:00 a.m., Gymnasium

Ageless Strength & Vitality: Brendie Mitchell, instructor

Join us for *Ageless Strength & Vitality*, a dynamic, one-hour class specifically designed to support healthy aging through a holistic combination of yoga, weightlifting, brain exercises, and balance training. This unique class targets key areas that are known to age more rapidly, such as muscle mass, flexibility, balance, and cognitive function, while also enhancing overall wellness. The class combines aerobic movement, muscle-strengthening exercises, and brain-boosting activities to provide a well-rounded workout aimed at slowing the effects of aging. Whether you're looking to increase your strength, improve flexibility, sharpen your mind, or enhance your overall balance, *Ageless Strength & Vitality* will leave you feeling stronger, more centered, and more energized. Perfect for individuals of all ages and fitness levels, this class offers a supportive, low-impact approach to aging gracefully and actively!

Open to adults; no fee; no advance registration required

Mon. & Wed., Weeks 1-8, 8:30-9:15 a.m., Pool

Aqua Yoga: Liz Norell (Mon.) & Carter Floyd (Wed.), instructors

Aqua yoga moves traditional yoga postures into the water, to better support joints and lessen the cardio impact of the practice. These classes will also be gentle, in that we will move from one pose to the next at a relatively slow pace and hold the poses longer. Our goal will be to stretch big muscle groups (especially hips, back, and legs) and calm the nervous system. This accessible yoga class will leave you feeling refreshed and calmed. It's open to everyone, regardless of body type/shape, gender, yoga experience (or lack thereof), or mobility challenge. If you can get in and out of the pool, we will make this class work for you!

Open to adults; no fee; no advance registration required

Mon., Weeks 1-8, 10:45-11:45 a.m., Warren's Point

Peaceful Practice at the Point with Pace Verner, leader

Pace will share her Peaceful Practice with us each Monday morning at Warren's Point gazebo from 10:15-11:15 a.m. She will read a prayer, poem, or scripture, followed by a time of silence for prayer, meditation, or journaling, then lead a brief time for group reflection. Bring your journal, pen, and perhaps a blanket for sitting. All are welcome.

Open to adults; no fee; no advance registration required

Mon., July 28, 2:30-4:30 p.m.

Tues.-Fri., July 29-Aug. 1, 9:30-11:30 a.m., and 2:30-4:30 p.m., Pulliam Center #8-A Intermediate & Advanced Bridge Workshop: Enjoying America's Forgotten Pastime, Scott Campbell, instructor

This class will cover many of the misunderstood concepts of the game, from the basic mathematics of bidding to logical approaches to declarer's play and creative defense. Animated hands provided by Bridge Base Online will be used during much of the class. Practice of daily teaching concepts will be offered through the use of duplicate boards. Review of standard conventions will also be discussed.

Advance registration required; max 48 participants; no fee

Mon., July 28, 6-7:00 p.m., Warren Chapel

Dinner on the Chapel Grounds: Dinner on the Chapel Grounds: Come one and all! Everyone is invited to join the Chapel Committee for dinner on the Chapel Grounds Monday evenings at 6:00 pm. The main dish, paper products, water, and lemonade are provided by the Chapel Committee. Please bring a side dish or dessert to share. When the bell rings for Twilight Prayers, we are all invited to join in the Twilight Prayers service. A great time of fellowship!

No fee; no advance registration required

Mon. July 28, 7:45 p.m., Harton Dining Hall

All-Assembly Bingo!

Join us for an evening of fun, friendly competition at all-assembly Bingo! There will be prizes, snack shop offerings, and a variety of Bingo games!

Tues. & Wed., Weeks 1-8, 9:30-9:55 a.m., Warren Chapel

Ring! Intergenerational chime choir with Pam Maloof, instructor

Using a harmony bell method participants create a melody accompanied by a CD. The color-coded system allows everyone to participate. Grandparents, parents, and older siblings are encouraged to join in creating beautiful music.

Open to ages 4-100; no fee; no advance registration required

Tues. & Th., Weeks 1-8, 8:00 a.m., Gymnasium

Pilates with Kim Butters, instructor

Pilates Mixed Level Mat will begin each session with stretching to help alignment and increase awareness in the body. The class will then move through the classic Pilates mat exercises with modifications given for beginners or those with physical issues. Each session lasts 55 minutes and promises to be an invigorating start to your morning!

Open to adults; no fee; no advance registration required

Tues., July 29, 10:45 a.m., Warren Chapel

Lecture: What Makes the Middle East Such a Volatile Region?—What History Can Teach Us About the Search for Order in the Region with Nicholas Roberts

With the Israeli destruction of Gaza, the recent fall of the Assad government in Syria, and the ongoing conflicts between Israel, Hezbollah, Syria, and Iran it seems as though the Middle East cannot escape an endless cycle of violence and conflict. What makes this region so unstable? What could bring about greater order? This lecture will look to

the history of the Middle East in the 20th and 21st centuries to answer these questions and will attempt to show how and why attempts to bring order to the region have so spectacularly failed.

Wed., July 30, 8:00 a.m., Auditorium

Yoga with Pippa Brown

Pippa Browne has been practicing yoga for a few decades and began teaching a Vinyasa flow class in California in 2010. Since moving back to Tennessee she has done further training in Ashtanga and Kundalini Yoga. Her classes are based on a standard Vinyasa flow with elements of Ashtanga and Kundalini Yoga woven into them.

Wed., July 30, 10:45 a.m., Warren Chapel

Lecture: An Introduction to Fly Fishing with Dewees Berry

Join Dewees and learn all about fly fishing basics.

Wed., July 30, 2:30 p.m., Shady Dell

#8-B How to Prep a Rod for Fly Fishing with Dewees Berry

During this workshop you will learn the ins and outs of rigging a fly rod.

Thurs., July 31, 9:00 a.m., Auditorium

#8-C Excursion: Fly Fishing on the Elk River with Dewees Berry

Dewees will lead an excursion to the Elk River to give instruction on casting and wading.

Thurs., July 31, 9:00-10:00 a.m., Winfield Porch

A Conversation with the Pastors

Please join the Rev. Mary Balfour Dunlap and the Rev. Robert Cook for a conversation about a pre-selected topic. See this week's *Mountain Voices* for what will be discussed. Light refreshments will be provided.

Thurs., July 31, 7:45 p.m., Auditorium

Lecture: Peter Taylor's THE OLD FOREST: Story into Film with Steve Ross

Filmmaker, Steve Ross, brings Peter Taylors short story "The Old Forest," to life in an hour-long film adaptation. "The Old Forest" is, in Ross's words, "an ethnographic film," in this case focusing on various aspects of pre-World War II Memphis: the conventional, upper-class world of Nat Ramsey and Caroline Braxley, his fiancé; the new working class world of Lee Ann Deehart, one of Nat's girlfriends; and the primeval world of the Old Forest, to which Lee Ann runs away in the crucial incident that forces Nat and Caroline to look closely at each other and themselves.

Ross will discuss and screen his film.

Fri., Weeks 1-8, 8:00 a.m., Gymnasium

YoMassage with Lauren Laurino, instructor

This class is a combination of Yoga and Massage; specifically Yin or restorative Yoga where poses are held for a longer duration while comfortably bolstered and participants receive massage while holding these poses with the goal of helping muscles to relax and achieve greater range of motion.

Open to adults; no fee; no advance registration required

Fri., Aug. 1, 10:45 a.m., Warren Chapel

Lecture: Iron Tigers with David Neil Drews

Iron Tigers is inspired by the actual 1899 Seawanee Tigers football squad, which the *NCAA News* called a team “unequaled for endurance” and the *New York Times* declared “the greatest college team ever.” Drews discusses the story that has captured the hearts of countless over the years.

Fri., Aug. 1, 2:30 p.m., Writer’s Grove

Readings in the Writer’s Grove: David Neil Drews will be reading from *Iron Tigers*.

Fri. Aug. 1, 2:30 p.m., Depart from Nashville Home; return Saturday

Buzzards and Falcons Ocoee Rafting Trip

Buzzards and Falcons have a great rafting experience this week: join us for one last adventure as we camp out Friday night before rafting the Ocoee River on Saturday! Pre-registration, sign-up, and release forms required. River rafting trips are fun and require the right gear. See the following for what to wear/bring: sunscreen, towel, swimsuit, shorts/shirt if preferred, sturdy shoes that will stay on feet (no flip flops or slides), and a spirit for adventure! (Suggested shoes: sandals with straps, old tennis shoes, etc.)

Sat., Aug. 2, 10:00 a.m., Warren Chapel and Assembly Locations

The Great Assembly Thanksgiving! A New Assembly Tradition

Please join us for a new tradition at the Assembly—Giving Thanks before the closing of the 143rd Season! All ages are asked to join us in the Chapel as Pace Verner reminds us of the power of thanksgiving and how we can speak words of thanks over our Assembly. We will be invited to choose from 5 preset locations on the Assembly grounds and walk or take a golf cart as we follow our Prayer Leader there. We will offer prayers of thanksgiving using a program that we will all receive. After your Prayer Leader offers a benediction, please come back to the Chapel for a small gift from the Chapel committee to you. For we are more than grateful and thankful for all the chances we have had over the season to worship and to share and to have dinners on Monday nights with you. You have blessed us—and we are thankful!

Sat. Aug. 2, 6:00-8:00 p.m., Pool

All-Assembly Luau

Come say farewell to the summer season in style at the All-Assembly Luau! Bring a dish to share and enjoy food, friends, memories, and the crowning of the Luau King and Queen!

Sat., Aug. 2, 7:45 p.m., Gymnasium

All Assembly Dance: Cruel Shoes

Calling all classic rock ‘n’ roll fans! Join long time Monteagle friend Clark Hudgins and his band for a merry night of dancing!

WEEK EIGHT

July 27–August 3, 2025

The Last Chapter

Daily Schedule

SUNDAY, JULY 27

9:00–4:00	66th Annual Mountain Market for Arts & Crafts	Hannah Pickett Park
10:00–10:45	Sunday School for youth & adults	Various Locations
11:00	Worship Service: The Rev. Robert Cook	Warren Chapel
	<i>Sermon endowed in memory of Gertie & Scott Fitzhugh and Helen & Walter May</i>	
7:30	Youth posting of the weekly calendar.....	Auditorium
	Come be the first to see this week's activities!	
7:45	Classic Movie (see kiosk and Auditorium bulletin board)	Auditorium
	<i>All children must be accompanied by an adult.</i>	

MONDAY, JULY 28

8:00–9:00	Adult Exercise: Ageless Strength & Vitality	Gymnasium
	<i>(bring mat or towel)</i> Brendie Mitchell, instructor <i>Keeble and Ewing Family Fund</i>	
8:30–9:15	Adult Exercise: Aqua Yoga	Pool
	Liz Norell, instructor <i>Elrod Family Fund</i>	
9:30–10:00	Youth registration: <i>bring gate ticket & release form</i>	Front of Auditorium
	<i>Information on weekly workshops and special events available</i>	
9:30–10:30	Meeting: MSSA Woman's Association.....	Winfield Porch
	Annual Dues \$25	
10:00–Noon	♦Playtime: Hummingbirds	Hummingbird Room
10:00– Noon	♦Games: All youth groups	Meet at Mall
10:45–11:45	Peaceful Practice at the Point	Warren's Point
	Led by Pace Verner; see Week Eight description <i>The William Dunn (Billy) Trabue Family Fund</i>	
1:00–2:30	Quiet Hour (and a half)	
2:30–3:30	♦Eagles, Buzzards & Falcons: Ultimate frisbee	North Gate Field
2:30–4:30	Mahjong Monday	Winfield Porch
	No instruction	
2:30–4:30	Bridge Workshop:	Pulliam Center
	Enjoying America's Forgotten Pastime Scott Campbell, instructor <i>Advance registration required; max 48 participants; no fee</i> <i>Roberts Family Fund</i>	
3:30–4:30	♦Buzzards and Falcons tennis.....	East Tennis Courts

♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

6:00	Dinner on the Chapel Grounds	Chapel Porch
7:00	Twilight Prayers	Warren Chapel
	<i>This week in memory of Polly P. Billington, Polly Ann Billington Roulbac, & Martha Billington Trabue</i>	
7:45	All Assembly BINGO!.....	Harton Hall

TUESDAY, JULY 29

8:00-9:00	Adult Exercise: Pilates (<i>bring mat or towel</i>).....	Gymnasium
	Kim Butters, instructor <i>Saunders Family Fund</i>	
9:30-9:55	Ring! Intergenerational Bell Chime Rehearsal.....	Warren Chapel
	Open to ages 4-100, no signup, no fee. Pam Maloof, instructor	
9:30-10:00	Youth registration: <i>bring gate ticket & release form</i>	Front of Auditorium
	<i>Information on weekly workshops and special events available</i>	
9:30-11:00	Mahjong for Beginners	Winfield Porch
	<i>Advance registration preferred, no fee.</i>	
10:00- Noon	♦Playtime: Hummingbirds	Hummingbird Room
10:00- Noon	♦Games: All youth groups	Meet at Mall
9:30-11:30	Bridge Workshop:	Pulliam Center
	Enjoying America's Forgotten Pastime Scott Campbell, instructor <i>Advance registration required; max 48 participants; no fee</i> <i>Roberts Family Fund</i>	
10:15	Youth Parents Meeting: <i>ALL parents please attend!</i>	Harton Hall Porch
10:45	Lecture: What Makes the Middle East.....	Warren Chapel
	Such a Volatile Region? Nicholas Roberts <i>Patterson Lecture</i>	
1:00-2:30	Quiet Hour (and a half)	
2:30-3:30	Adult tennis drills and skills.....	Mall Tennis Courts
	Improve your game through drills and strategy-based lessons. <i>No fee.</i>	
2:30-3:30	♦Arts & Crafts: Eagles (no supply fee).....	Shady Dell
TBD	♦Eaglets: Excursion	Meet at Auditorium
	<i>Check the Auditorium bulletin board for destination, departure, and items to bring. Parents needed to drive.</i>	
TBD	♦Buzzards and Falcons: Excursion.....	Meet at Auditorium
	<i>Check the Auditorium bulletin board for destination, departure, and items to bring.</i>	
2:30-4:30	Bridge Workshop:	Pulliam Center
	Enjoying America's Forgotten Pastime Scott Campbell, instructor <i>Advance registration required; max 48 participants; no fee</i> <i>Roberts Family Fund</i>	
2:30-4:30	Mahjong Tournament	Winfield Porch
3:00-3:30	♦Hummingbirds & Eaglets: Story time	Winfield Porch
3:30-4:30	Adult tennis round robin	Mall Tennis Courts

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Please observe Quiet Hour each day from 1:00 to 2:30

5:00-6:45	◆Eaglets Sack Supper	Meet at Ball Swing Park
7:00	Twilight Prayers	Warren Chapel
7:45	Movie (<i>see the kiosk and Auditorium bulletin board</i>)	Auditorium
	<i>All children must be accompanied by an adult.</i>	
8:00-8:45	◆Eagles: Moonlight swim & hoops	Pool & Gym
9:00-10:00	◆Buzzards & Falcons: Moonlight swim & hoops	Pool & Gym

WEDNESDAY, JULY 30

8:00-9:00	Adult Exercise: Yoga Flow (<i>bring mat or towel</i>)	Gymnasium
	Pippa Brown, instructor	
	<i>Elrod Family Fund</i>	
8:30-9:15	Adult Exercise: Aqua Yoga	Pool
	Carter Floyd, instructor	
	<i>Elrod Family Fund</i>	
9:30-9:55	Ring! Intergenerational Bell Chime Rehearsal	Warren Chapel
	Open to ages 4-100, no signup, no fee.	
	Pam Maloof, instructor	
9:00-10:00	◆Eagles tennis	East Tennis Courts
9:30-10:00	Youth registration: <i>bring gate ticket & release form</i>	Front of Auditorium
	<i>Information on weekly workshops and special events available</i>	
9:30-11:30	Bridge Workshop:	Pulliam Center
	Enjoying America's Forgotten Pastime	
	Scott Campbell, instructor	
	<i>Advance registration required; max 48 participants; no fee</i>	
	<i>Roberts Family Fund</i>	
10:00- Noon	◆Playtime: Hummingbirds	Hummingbird Room
10:00- Noon	◆Games: All youth groups	Meet at Mall
10:45	Lecture: The Art of Fly-Fishing	Warren Chapel
	Dewees Berry	
	<i>Blake Environmental & Nature Lecture series</i>	
1:00-2:30	Quiet Hour (and a half)	
2:30-3:30	◆Eaglets: Arts & crafts (<i>no supply fee</i>)	Shady Dell
TBD	◆Eagles: Excursion	Meet at Auditorium
	<i>Check the Auditorium bulletin board for destination, departure, and items to bring. Parents needed to drive.</i>	
2:30	Fly Fishing Workshop: How to prep a rod for fly fishing	Shady Dell
	<i>Advance registration, no fee.</i>	
	Dewees Berry	
2:30-4:30	Bridge Workshop:	Pulliam Center
	Enjoying America's Forgotten Pastime	
	Scott Campbell, instructor	
	<i>Advance registration required; max 48 participants; no fee</i>	
	<i>Roberts Family Fund</i>	
2:30-4:30	Mahjong tournament	Winfield Porch
5:15-5:50	◆Hummingbirds: Parent-child meetup	Pilcher Park
	Meet on playground before the movie!	
6:00	◆Hummingbirds: Early-bird movie:	Auditorium
	<i>Hummingbirds & parents, too! See the Mall kiosk & Auditorium bulletin board; children must be accompanied by an adult</i>	

◆Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

6:00-7:00	◆ Buzzards & Falcons: Progressive dinner Meet at Nashville Home
7:00	Twilight Prayers Warren Chapel <i>Youth led service</i>
7:45	Family Film (<i>see kiosk and Auditorium bulletin board</i>) Auditorium <i>All children must be accompanied by an adult.</i>
9:00	◆ Buzzards & Falcons: Campfire Meet at Nashville Home

THURSDAY, JULY 31

7:00-10:00	Produce Market on the Mall Front of Harton Hall
8:00-9:00	Adult Exercise: Pilates (<i>bring mat or towel</i>) Gymnasium Kim Butters, instructor <i>Saunders Family Fund</i>
9:00	Excursion: Fly Fishing on the Elk River Meet at Auditorium Deweese Berry, guide <i>Advance registration, limited space, no fee.</i>
9:00 -10:00	A Conversation with the Pastors Winfield Porch The Rev. Mary Balfour Dunlap and The Rev. Robert Cook <i>Check Mountain Voices for this week's topic.</i>
9:30-10:00	Youth registration: <i>bring gate ticket & release form</i> Front Auditorium <i>Information on weekly workshops and special events available</i>
9:30-10:00	◆ Eaglets tennis East Tennis Courts
9:30-11:30	Bridge Workshop: Pulliam Center Enjoying America's Forgotten Pastime Scott Campbell, instructor <i>Advance registration required; max 48 participants; no fee</i> <i>Roberts Family Fund</i>
10:00-11:00	Adult Tennis: Cardio tennis East Tennis Courts <i>Get your heart pumping & work up a sweat.</i> <i>No fee, no advance sign-up.</i>
10:00- Noon	◆ Playtime: Hummingbirds Hummingbird Room
10:00- Noon	◆ Games: All youth groups Meet at Mall
10:45	Lecture: The Camino Pilgrimage Warren Chapel Reflections and stories of personal journeys. Ned Murray and Bill Harper <i>Missionary Fund</i>
1:00-2:30	Quiet Hour (and a half)
2:30-4:30	Bridge Workshop: Pulliam Center Enjoying America's Forgotten Pastime Scott Campbell, instructor <i>Advance registration required; max 48 participants; no fee</i> <i>Roberts Family Fund</i>
TBD	◆ Buzzards & Falcons: Excursion Meet at Mall <i>Please check the Auditorium bulletin board for destination, departure, and items to bring.</i>
2:30-4:30	Mahjong Tournament Winfield Porch
2:30-3:30	◆ Eagles: Arts & crafts (<i>no supply fee</i>) Shady Dell
3:00-3:30	◆ Hummingbirds & Eaglets: Story time Winfield Porch
3:00-6:00	Fresh Mess Market Harton Park

◆ Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

5:00-5:45	◆Eaglets: Night games.....Gymnasium
6:00-7:00	◆Eagles: Progressive dinnerMeet at Nashville Home
7:00	Twilight Prayers Warren Chapel
7:45	Lecture: Peter Taylor's <i>The Old Forest</i> Auditorium
	Screening of movie and lecture
	Stephen Ross, filmmaker, writer, and professor
	<i>The Wallace Lecture Fund</i>
9:00	◆Eagles, Buzzards & Falcons: Night games.....Meet at Nashville Home
	<i>Capture the Flag</i>

FRIDAY, AUGUST 1

8:00-9:00	Adult Exercise: YoMessage(<i>bring mat or towel</i>).....Gymnasium
	Lauren Larino, instructor
	<i>Elrod Family Fund</i>
9:30-11:30	Bridge Workshop:Pulliam Center
	Enjoying America's Forgotten Pastime
	Scott Campbell, instructor
	<i>Advance registration required; max 48 participants; no fee</i>
	<i>Roberts Family Fund</i>
9:30-10:00	Youth registration: <i>bring gate ticket & release form</i>Front Auditorium
	<i>Information on weekly workshops and special events available</i>
10:00- Noon	◆Water Games: Hummingbirds Hummingbird Room
	<i>Wear a bathing suit and bring a towel!</i>
10:00- Noon	◆Water Games: All youth groups Meet at Mall
	<i>Wear a bathing suit and bring a towel!</i>
10:45	Lecture: Iron Tigers Warren Chapel
	A novel inspired by the team that conquered the Dixies and
	launched Southern football.
	David Neil Drews
	<i>Book sale and signing after lecture.</i>
	<i>Folk Family Fund</i>
1:00-2:30	Quiet Hour (and a half)
2:30-4:30	Bridge Workshop:Pulliam Center
	Enjoying America's Forgotten Pastime
	Scott Campbell, instructor
	<i>Roberts Family Fund</i>
2:30	Readings from the Writers' Grove Warren Chapel (rain location)
	David Neil Drews will read from his book,
	<i>Iron Tigers.</i>
	Book signing and sale to follow reading
TBD	◆Buzzards & Falcons: ExcursionMeet at Nashville Home
	Depart for overnight to the Ocoee
	<i>Advance registration at Auditorium bulletin board;</i>
	<i>limited space available</i>
5:00-6:30	Woman's Association Porch Party.....Winfield
	<i>Bring your own appetizer and beverage; all Assembly adults invited.</i>
7:45	Movie: (see kiosk and Auditorium bulletin board)..... Auditorium
	<i>(all children must be accompanied by an adult)</i>

◆Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

SATURDAY, AUGUST 2

- TBA ♦Buzzards & Falcons: Ocoee River Trip
(return late afternoon)
- 10:00 The Great Assembly Thanksgiving Meet at Warren Chapel
Blessing and closing prayer of Assembly buildings
See Week Eight description for more information
- 6:00-8:00 Luau Pool
BBQ provided; bring a side dish to share!
- 7:45 All Assembly Dance: Cruel Shoes Gym
Let us finish the 143rd Season with one last dance!
Music and Program Enhancement Func

SUNDAY, AUGUST 3

- 10:00-10:45 No Adult or youth Sunday School and no nursery
- 11:00 Worship Service: The Rev. Sara Ardrey Graves. Warren Chapel
Monteagle-Sewanee Sunday

Closing Ceremony of the 143rd Season
MONTEAGLE SUNDAY SCHOOL ASSEMBLY

144th PLATFORM DATES
June 7–August 1, 2026

“God be with you ’til we Meet Again.”



♦Denotes Youth-specific programs • Remember to bring your gate pass to all events
Please observe Quiet Hour each day from 1:00 to 2:30

MONTEAGLE SUNDAY SCHOOL ASSEMBLY

Biographies and profiles of Platform participants
Arranged alphabetically by last name of person or
first name of the organization or ensemble

Bruce Aft is a rabbi with a master's degree in social work (MSW). Though retired from serving congregations, he teaches courses in Judaism, social justice, literature and religion, and Jews in politics at George Mason University. Bruce loves teaching and hopes to make a difference in the lives of college students. His goal is to provide unforgettable educational and inspirational experiences for our students. Bruce says he likes losing to Oscar Fitzgerald in handball games, because he wants to be kind to the elderly.

Week 3 lecturer

Richard Ahlquist is the Rector of Holy Cross Episcopal Church in Trussville, AL where he lives with his wife, Helen, and two children, Miles and Elizabeth. He served as the chaplain at Warren Chapel in the summer of 2021 while he was studying at The School of Theology at Sewanee. He is excited to be back worshipping on the mountain.

Week 2 minister

The **Rev. Sara Ardrey-Graves** serves as the interim Associate Dean for Community Life at the School of Theology at the University of the South. Sara is a trained spiritual director and Episcopal priest, having served over fourteen years in parish ministry in North Carolina and Virginia. She earned her Diploma in Anglican Studies from the School of Theology at Sewanee, after receiving her Master of Divinity from Duke Divinity School. Sara has spent much of her time in ministry with people in discernment to serve God more deeply, whether through ordination, lay leadership, or spiritual devotion. A lifelong Southerner, Sara lives out her Christian faith through practices of creation care, pilgrimage, lectio divina, and reflection on the writings of Evelyn Underhill, Julian of Norwich and Teresa of Ávila.

Week 8 Sewanee Sunday Minister

Art Four Sale is a pop, jazz instrumental group whose original music brings that familiar, good-time feeling to audiences. The group performed as the regular house band for Kix Brooks' Arrington Vineyards in Arrington, TN, and since 2007, they have performed at a variety of wine festivals and wineries. Their music inspires folks to kick back and relax. Drawing from a variety of influences ranging from pop and Brazilian music to R&B and jazz, Art Four Sale's music has been described as "fun", "upbeat", and "just right for setting the perfect mood."

Week 5 performance

Kim Barrick's artwork has been delighting collectors worldwide for more than two decades. Her work is derived directly from life, capturing moments of light in each unique artwork. Described as expressive impressionism, her distinctive brushwork, broad palette, and varied subject matter has garnered awards and noteworthy accolades. A long-time gallery owner describes Barrick's work as "alive with light and full of movement." Her works in oil span genres of landscape, still life, wildlife, and most recently skyscapes. An advocate for what inspires, Barrick supports artists and open spaces through a nonprofit, the Chestnut Group, which she founded in 2001; she also serves other nonprofit organizations. She is a sought-after instructor and nature videographer, splitting her time between the South and West.

Week 5 workshop facilitator



Shao-nian Bates is an accomplished chef, tai chi instructor, and author of the book, *Memoir of a Small Chinese Woman*, about her life as a young Chinese girl living through Chinese cultural revolution. Shao-nian's father joined the Chinese Communist Party as a teenager and became a high-ranking officer in the Red Army, before Mao became China's leader. Her father was later the personal driver for Chairman Mao and Premier Chou Enlai. In her book, Shao recounts the hardships of a famine in the 1960s and her mother's sacrifice of giving her dinner ration to her kids. She currently leads practices at the High Vibes studio. Outside of the studio, Shao-nian is often building new creative projects at her house, cooking delicious meals for Sewanee students, and practicing Bhag-wa.

Weeks 5-8 Tai Chi instructor

Deweese Berry is a retired lawyer and law school teacher as well as an avid fly fisherman. He fishes the nearby Elk River and rivers in Wyoming and Idaho.

Week 8 lecturer and workshop facilitator

Hayden Blanc is an American actress, hailing from Nashville, TN. With a career that has spanned several decades, Hayden has worked extensively in both television and film. She has shared the screen with both Bob Carlisle and Reba McEntire, and has also had supporting-roles in the TV series "Drop Dead Diva" and "Born Again Virgin". Hayden's versatility as an actress has opened the door to many captivating lead and supporting film roles, including "Girl on the Edge", a Neuro-Scientist/Sociopath-Hunter in the award-winning film "Fogg" (earning her a best-actress nomination), and most recently played the loving wife to a dying husband in the critically acclaimed "This Day Forward".

Week 4 movie presenter

Debbie Blinder, originally from New Jersey, moved to TN over nine years ago and happily creates for Full Circle Candles and Gifts inside of their family store, Hallelujah Pottery, in Monteagle, Tennessee. Debbie started making candles as a hobby in her small kitchen. She wanted healthier candles that did not leave soot on her walls. Inspired by a love of our mountain and a deep respect for our local farmers and crafters, her hobby became a local business. She has been proudly making candles for eight years.

Week 6 craft excursion

Rev. Darren Brandon is the senior pastor of St. Paul United Methodist Church in Louisville, KY. Ministry has been Darren's lifelong calling, and he often reflects, "I was made a minister by all the spiritual leaders in my churches and colleagues." A native of Tullahoma, Tennessee, Darren and his wife Lori enjoy their family life with two grown daughters and four beloved grandchildren, ranging in age from 18 months to 8 years old. Darren is a graduate of Belmont University and Vanderbilt Divinity School. Over nearly 34 years of ministry, he and Lori have faithfully served in the Kentucky Annual Conference of the United Methodist Church, with appointments in Franklin, Berea, Bardstown, Owensboro, and Louisville. Darren also served as District Superintendent working to encourage and enhance congregations and pastors. Outside of ministry, Darren and Lori enjoy time on their farm in Tennessee, where they find peace and creativity in outdoor activities. They delight in family gatherings and enjoy restoring vintage tools, blending history and craftsmanship into their leisure.

Week 5 minister

Pippa Browne has been practicing yoga for a few decades and began teaching a Vinyasa flow class in California in 2010. Since moving back to Tennessee, she has done further training in Ashtanga and Kundalini Yoga. Her classes are based on a standard Vinyasa flow with elements of Ashtanga and Kundalini Yoga woven into them.

Weeks 5-8 Yoga

Jason T. Busch is the Becky and Bob Alexander Director & CEO of the American Folk Art Museum (AFAM) in New York. Busch has several decades of experience working in the arts throughout the United States. Prior to AFAM, Busch served as assistant curator of decorative arts at the

Wadsworth Atheneum Museum of Art in Hartford, Connecticut; associate curator of architecture, design, decorative arts, craft, and sculpture at the Minneapolis Institute of Art; chief curator and curator of decorative arts and design at the Carnegie Museum of Art in Pittsburgh; deputy director for curatorial affairs and museum programs at the Saint Louis Art Museum; and division director for decorative arts at Sotheby's in New York. He has curated several large exhibitions and collection installations and authored the associated publications, including *Currents of Change: Art and Life Along the Mississippi River, 1850–1861*; *Carnegie Museum of Art: Decorative Arts and Design Collection*; and *Inventing the Modern World: Decorative Arts at World's Fairs, 1851–1939*. Busch received his Master of Arts (MA) degree from the Winterthur Program in American Material Culture at the University of Delaware and holds a Bachelor of Arts (BA) degree in American Studies with minors in Art and Architectural History and Anthropology from Miami University. He also studied at Colonial Williamsburg Foundation, Historic Deerfield, and Historic Natchez Foundation, and was a fellow at the Center for Curatorial Leadership, affiliated with Columbia University. Busch is an academic member of the American Folk Art Society, an elected member of the Association of Art Museum Directors, and President of the Advisory Board of the College of Creative Arts at Miami University.

Week 6 lecturer

Kim Butters was a middle school teacher in Marion County for nine years. Stress contributed to her being overweight and inflexible. “I was miserable, had low self-esteem, and had trouble keeping up with my husband on hikes. A neighbor convinced me to go to an aerobics class with her. I loved it and began to pursue a more enjoyable, healthy life.” She became an AFAA certified Personal Trainer and Group Instructor in 2001 and left the Marion County School system to start her own fitness business from her home. Kim would soon discover Pilates, her true passion, at Barking Legs Theater in Chattanooga. “Pilates instructors seemed to have a different—a more healing understanding—of the body. I wanted that!” She became a certified Pilates instructor in 2005 at Core bodyworks in Atlanta and a Pilates Method Alliance certified Instructor in 2010. She worked for nine years in larger studios in Chattanooga and also worked part-time as a physical therapy technician. She has been teaching fitness classes onsite and online for Chattanooga State from 2001–2021 and was invited in 2007 to teach Pilates to the Sewanee community at the University of the South, where she also teaches Beginning Pilates as a PE class. She currently owns and operates Bodyworks Youniversity where she offers individual instruction on the unique Pilates equipment as well as mat classes. Kim trained in classical and contemporary approaches to Pilates and studied with Pilates Elders (students of Joseph Pilates), Mary Bowen and Jay Grimes, as well as second generation teachers (trained by an Elder), Michele Larsen, Rebecca Leone and Marie José Blom. She has also completed course work with world-renowned stretching expert, Kit Laughlin, and facial mapping expert, Phillip Beech, author of *Muscles and Meridians*. She most recently studied with Madeline Black, international leader in Pilates instruction and movement education and author of *Centered*. She has also completed courses in Rehabilitative Pilates, Applied Anatomy and Physiology from the London College of Osteopathy and Health Services.

Weeks 1–8 Pilates

Anne Byrn is a *New York Times* bestselling food writer and author based in Nashville, Tennessee. She writes the weekly newsletter *Between the Layers* on Substack. Her upcoming book, *Baking in the American South*, explores the untold stories and beloved recipes of the South. It follows *American Cookie* and *American Cake*, which NPR named one of the best cookbooks of 2016. Byrn's previous books were the bestselling *Cake Mix Doctor* and sequels. These cookbooks have more than 4 million copies in print. *USA Today* called the *Cake Mix Doctor* the bestselling cookbook of 2000, and it is one of *Southern Living's* top 100 cookbooks of all time. Byrn is a contributor to *CNN*, *Bon Appetit*, and the *Bitter Southerner*. Byrn's career began when she was hired as a food writer by *The Atlanta Journal*. By the end of her 15-year tenure, the weekly *Atlanta Journal-Constitution Food Guide* had grown to a 30-page section. It was



named the Best Food Section by the Association of Food Journalists in 1992. While in Atlanta, Byrn was the newspaper's restaurant critic for three years, hosted a weekly food and restaurant show on *WGST-Radio* and authored her first book, the popular *Cooking in the New South*. She received a 6-week advanced certificate from La Varenne Ecole de Cuisine in Paris. She also won the Maria Luigia Duchessa di Parma first-place award for food writing on an Italian subject. In addition, Byrn was the food writer for *Art Culinaire*, a hardback quarterly publication. In 1993 Byrn moved to England for a year where she wrote freelance articles on food and travel. She moved to Nashville in 1994—a homecoming, since Byrn is a Nashville native and a fifth-generation Tennessean. For several years, she was the food writer for *The Tennessean*, where Byrn wrote the story on how to doctor cake mixes that generated such tremendous reader interest that she developed it into the *Cake Mix Doctor*.

Week 5 cooking demonstration

Scott M. Campbell Jr. was born and raised in Atlanta, Georgia. He began coming to MSSA at age seven for summer programs, and his family has owned a cottage at the Assembly for more than 30 years. Scott spent seven years working in sales and marketing before becoming an instrumental music and music history teacher at Pace Academy (Atlanta) for 16 years. He is a professional jazz drummer and level-one sommelier. Scott is an ACBL Regional Master and has served as a club director for more than ten years. He hosts a twice-weekly dinner party and bridge game at his home.

Week 8 bridge instructor

Richard Candler is a local writer, naturalist, and musician. He has been interested in birds since he was a boy on the farm in Georgia where he grew up. He has been enjoying the birds in the South Cumberland region for over a decade. His favorite avian group is the hummingbirds. Richard lives in Sewanee with his wife and son. When he is not out chasing birds, he tunes pianos and teaches music lessons.

Week 2 excursion

Dr. Jay Cleveland graduated The University of Kentucky College of Medicine where he remained for residency in Internal Medicine with an interest in cardiovascular disease, followed by a residency in Emergency Medicine. After completing his final year as Chief Resident, he attained board certification and moved to Franklin, Tennessee with his family where he has been in private practice in emergency medicine for nearly 20 years. It was during this time on the front lines of healthcare that he made the decision to pivot from sickness to wellness medicine. Each day he was inundated with patients suffering heart attacks, strokes, complications from diabetes, hip fractures secondary to osteoporosis, and late-stage cancer. Many of these cases are preventable, but you have to stop treating just the illness which is merely one aspect of the patient, and start treating the patient as whole. He is now practicing Longevity Medicine full time in Franklin, Tennessee with the goal of increasing health span, not just lifespan.

Week 3 lecturer

Robert Cook graduated from Covenant Theological Seminary with a Masters in Counseling and an M.Div. He was originally ordained in the Presbyterian Church of America and spent 20 years pastoring in three PCA churches. In 2013, he was ordained as an AMiA priest and accepted the call to be Rector at St. Andrew's Church in Little Rock. In 2024, Robert was ordained an AMiA Bishop. Robert is married and has three children.

Week 8 minister

This summer, **Cruel Shoes Band** makes its triumphant return to the Assembly for yet another night of classic rock 'n' roll favorites. Led by a long time Monteagle friend Clark Hudgins along with his band of merry pranksters, Cruel Shoes will have you losing your shoes and dancing all night long.

Week 8 performance

The **Cumberland Mountain Music Makers** include local musicians Denis Marlowe, Michael Klug and Bob Townsend along with Nathan Sykes from Church Hill, Tennessee. Denis, Michael and Bob are also music instructors with the Grundy JamKids program, which is an affiliate of Junior Appalachian Musicians.

Week 4 performance

As a lifelong member of the Assembly, **Virginia Curry** has participated as a student, Hummingbird teacher/arts & crafts, teacher of art to students and adults and as the Platform Superintendent. She taught art for 20 years in Memphis, 3-year-olds through middle school. She is a lifelong learner of every aspect of creativity. As a retiree in the Assembly, she will bring her enthusiasm and love of art to the community she now calls home.

Weeks 2, 5, & 7 workshop facilitator

Joshua R. Denton is a solution-oriented attorney who has devoted his professional life to counseling and guiding clients to best reach their goals and objectives. A classically trained business and real estate litigator, Josh long ago developed a strong interest in all aspects of land use, zoning, real estate development and dispute resolution. He routinely represents clients before local governmental boards and commissions—ranging from local legislative bodies and planning commissions to boards of zoning appeals, utility advisory boards, roadway commissions, and historic zoning commissions. He also represents clients in all types of real estate and business disputes in state and federal courts. His roster of loyal clients includes entrepreneurs, seasoned real estate developer groups, builders, golf-course owners, investor groups, churches and other non-profit organizations, a select group of local government/quasi-government entities, HOA/ARC boards, individual property owners, and many other local and nationally recognized businesses.

Week 6 lecturer

Melisa Derseweh is a second-generation preacher, with a B.A. from Lipscomb and M.Div. from The School of Theology, The University of the South. She was ordained an Elder in the United Methodist Church in 2007. Growing up in Nashville as the middle of three sisters, Melisa learned an early appreciation for the beauty of creation; arts and music; and a sense of civic and social engagement. Her parents, James and Laverne Derseweh, were quiet pioneers in racial justice in the 1960s and 1970s in churches, schools, and employment situations. Her ministries include almost a decade as Director of Spiritual Formation, then serving rural congregations during her time in seminary, followed by extended appointments in two United Methodist churches (8 and 12 years respectively) before returning to the mountain to serve Morton Memorial UMC in Monteagle, Tennessee. She is a trained Facilitator in Healthy Congregations, working with churches using a dynamic family systems approach. Her ministry has included merging existing congregations into a new church community, as well as transforming congregations from us-centric to neighbor-centric. Her current ministry at Morton is a new adventure in encouraging the on-going neighbor-centric mission of this vibrant congregation in a setting that also highlights meaningful, beautiful worship. Melisa is married to The Reverend John Wesley Vaughan. Her hobbies include gardening, reading, traveling, and playdates with their two young grandchildren!

Week 3 minister

Raised in Tennessee and Denver, **David Neil Drews** was a commercial banker and then an English teacher prior to becoming a writer. He has two bachelor's degrees from the University of Tennessee, one in finance and one in English Literature, and a masters in English Education. David has taught high school and community college English, and tutored student athletes at the University of Tennessee Thornton Student Athlete Center. *Iron Tigers* reflects his passion for sports, American history, and fiction. Since attending his first University of Tennessee Volunteers football game in 1970, his blood has run deep orange. Yet, after spending five years researching the legendary 1899 Sewanee football team, some say there is a tinge of purple to his complexion.

Week 8 Writers' Grove and lecturer

Mary Balfour Van Zandt Dunlap is the Rector of The Episcopal Church of the Resurrection in Greenwood, South Carolina. Mary Balfour has served as the Rector since October 2019. She is married to Murray Dunlap and they have a 5-pound Maltese named Sugar! Mary Balfour attended the Episcopal Seminary of the Southwest in Austin, Texas. She has served as the Rector of St. Michael's in Fayette, Alabama and the Associate Rector of Emmanuel Episcopal Church in Southern Pines, North Carolina. Mary Balfour has been a part of the Monteagle Sunday School Assembly her entire life. She currently serves as the Chair of the Outreach Committee. Nothing makes Mary Balfour happier than a good rock on the porch of her family's cottage, Bridgepoint.

Week 4 minister

Susie Creagh Elder is an artist and art educator committed to sharing with her students the joy of art and her love of service. She currently is the Visual Arts Department Chair and teaches at Harpeth Hall School in Nashville. She exhibits her paintings with the Nashville Artist Collective (www.nashvilleartistcollective.org). Susie graduated from the University of the South and received her Master's Degree in art education from Ohio State University. Her connection to the mountain runs generations deep. She has been coming to the Assembly since she was a child, and her two girls, Georgia and Zoe, spend part of every summer here and both have been on the youth staff. Her husband, Bill, led the youth program at MSSA in the 1990s and now owns Shenanigans, the iconic blue restaurant in Sewanee.

Week 6 art instructor

Sam D. Elliott is a member of the Chattanooga law firm of Gearhiser, Peters, Elliott & Cannon, PLLC. He received his BA in History from the University of the South and received his law degree from the University of Tennessee. Originally appointed to the Tennessee Historical Commission in 2005, he served as chairman from 2009 to 2015 and was elected chairman again in 2024. He is a past president of both the Tennessee and Chattanooga Bar Associations and is a member of the Board of Trustees of the Tennessee Bar Foundation. He has served on the board and as president of the Friends of the Chickamauga and Chattanooga National Military Park (now National Park Partners), and on the boards of the Tennessee Civil War Preservation Association and the Tennessee Supreme Court Historical Society. Mr. Elliott is the author or editor of four books, all relating to Tennessee during the Civil War: *Soldier of Tennessee: General Alexander P. Stewart and the Civil War in the West* (1999), *Doctor Quintard: Chaplain C. S. A. and Second Bishop of Tennessee* (2003), *Isham G. Harris of Tennessee: Confederate Governor and United States Senator* (2010, co-winner of the Tennessee History Book Award) and *John C. Brown of Tennessee: Rebel, Redeemer and Railroader* (2017, winner of the Tennessee History Book Award), and also was the editor of the Chattanooga volume of the Tennessee Historical Society's Tennessee in the Civil War series. He has written a number of essays and articles on Tennessee history and occasionally speaks on matters pertaining to his research.

Week 6 lecturer

Originally from Indianapolis, Indiana, **Dr. Elliot Engel** now lives in Raleigh, North Carolina, where he has taught at the University of North Carolina, North Carolina State University, and Duke University. He earned his M.A. and Ph.D. as a Woodrow Wilson Fellow at UCLA. While at UCLA he won that university's Outstanding Teacher Award. Dr. Engel has written ten books published in England, Japan, Turkey, and the United States. His mini-lecture series on Charles Dickens ran on PBS television stations around the country. His articles have appeared in numerous newspapers and national magazines including Newsweek. He has lectured throughout the United States and on all the continents including Antarctica. Four plays which he has written have been produced during the last ten years. In 2009, he was inducted into the Royal Society of Arts in England for his academic work and service in promoting Charles Dickens. For his scholarship and teaching, Dr. Engel has received North Carolina's Adult Education Award, North Carolina State's Alumni Professorship, and the Victorian Society's Award of Merit. Most recently, he was named Tar Heel of the Week for his thirty years of delivering public programs in the humanities and sponsoring state and national literary contests for high school students. Since 1980, Dr. Engel has been President of the Dickens Fellowship of North Carolina, the largest branch

of this worldwide network of clubs. The sales of Dr. Engel's books, CDs, and DVDs have raised funds for The Great Ormond Street Children's Hospital which Dickens helped found in London in 1852. Professor Engel continues to teach outside the classroom and give literary and historical programs throughout the world. He also presents assemblies at elementary, middle, and high schools, and his educational CDs & DVDs are used in classrooms around the country. In his spare time, he likes to imagine all the impressive hobbies and leisure pursuits he could mention here—if he ever actually would find enough spare time to indulge in them.

Week 3 lecturer

One of the most requested party bands in the South, **The Entice Band** has played countless wedding receptions, corporate events, private parties, colleges, festivals and clubs. The Entice Band wants their audience to be entertained instead of just hearing a band play, and they put all of their energy into achieving that goal. The Entice Band has shared the stage with some of the great funk, soul and R&B acts like Cameo, The Ohio Players, The Gap Band, Midnight Star, Solo, Evelyn Champagne King, Bobby Blue Bland, Rick James, The SOS Band, Parliament-Funkadelic, and The Barkays. With on-stage energy, choreography and audience interaction, The Entice Band has the experience to make your event one to remember!

Week 7 performance

Joey Favaloro, aka Coach Fav, was born and raised in New Orleans. He first came to the Assembly in 1963 with the Elder/Mysing family and was introduced to caving by then-youth director Bill Elder. He attended Tulane University and was commissioned as a Naval Officer following his graduation, serving in Vietnam and Cuba. Those summers spent in the Navy were the only summers he did not make it to the Mountain. He spent his early teens exploring caves and dodging trouble with Jeff Reynolds. After 35 years of basketball coaching in New Orleans in the Catholic high school system and the University of New Orleans women's Division I basketball tea, Joey and his wife, Jessica, retired to Montecagle. Since official retirement, he has coached at the University of the South and now at Grundy County High School, where he began coaching boys' basketball in 2018. He has been caving in the TAG (Tennessee, Alabama, Georgia) with Big Light Speleology members, Dr. Jeff Reynolds and Dr. Butch Guevara, for many decades. The BLS motto is: "No cave too far, too dark, too deep" Joey and Jessica attend World Outreach Church in Murfreesboro.

Week 3 youth caving leader

Final Crossing was formed in November 2021 by a bunch of guys just getting together to pick on Sunday afternoons after church. These Sunday afternoon "pickings" quickly turned into something more, and Final Crossing began performing at local churches and venues around the area. Final Crossing primarily performs Bluegrass Gospel but does throw in some traditional bluegrass driving songs from time to time. Members of the group are Daniel Stephens (Guitar, vocals), Randy Hill (Banjo, vocals), Dwight Duckworth (Mandolin, vocals), Nathan DuBois (fiddle), and Curt DuBois (Upright Bass, vocals). Final Crossing is based out of Franklin County Tennessee.

Week 1 performer

Dr. Oscar Fitzgerald earned his B.A in history from Vanderbilt University and M.A. and Ph.D. from Georgetown University. His Master's thesis was on Naval Group China, a clandestine, guerrilla-training program during World War II. For thirteen years he established and directed the Navy's Vietnam history program. During that time, he worked on classified and unclassified histories of the war in Vietnam and co-authored two volumes of the official history of the United States Navy and the Vietnam Conflict. He also managed the Navy's extensive Vietnam archives and headed the oral history program conducting more than 40 interviews with senior U.S. and Vietnamese naval officers. Among the many exhibits he supervised as director of the Navy Museum was one on the Vietnam War.

Week 5 lecturer



Carter Floyd has been spending her summers in Monteagle since she was born, and she is in love with the area, especially the Monteagle Sunday School Assembly. Carter is 17 years old and attends Franklin Road Academy. This is Carter's second year on staff. She will be lifeguarding and teaching aqua yoga.

Weeks 1-8 aqua yoga

Ellen Fort, a Nashville native, spent her childhood summers at MSSA. She's a graduate of Loyola University New Orleans and the Culinary Institute of America in St. Helena, where she cemented her passion for food and wine. Her career includes roles as editor for Eater San Francisco, food editor of Sunset Magazine, and senior editor at SAVEUR Magazine. After almost a decade in the San Francisco Bay Area, she's back in Nashville with her husband, two daughters, and dog Domino. Ellen currently writes for publications such as the New York Times and Eater Nashville.

Week 2 culinary demonstration

Kent Freeman is the owner of J. Kent Freeman Floral Design and Gift Company located in Jackson, Tennessee. Kent has over 35 years of experience in the industry as a floral designer, event planner and business owner. When Kent first began helping friends with their floral design needs, he never dreamed he could turn his talents into a career. J Kent Freeman Floral Design and Gift Co. quickly gained a reputation for excellence and timeless design. It has become a premier destination for floral design for weddings, events, celebrations and holiday design throughout the south. His passion for floral design motivates him to continually promote this every changing industry. He has been the guest speaker for several Garden Clubs throughout the south, the keynote lecturer and guest lecturer for the Monteagle Sunday School Assembly, and the lead designer with Flowershop Network Corp. In 2010, Kent was asked by the Congressional Wives Club in Washington to be the lead floral designer for the First Lady's luncheon honoring First Lady Michelle Obama. The work of Kent and his team has been featured in numerous local, regional and national publications over the years. J Kent Freeman Floral Co continues to be voted "Best Floral Shop" by the Jackson Sun Readers' Choice and VIP Magazine. The company has also received the Area Chamber of Commerce Pinnacle Award. Kent has been married to Sherry for 37 years. They have two married children and 4 grandchildren. Sherry serves as the Executive Director of the Jackson Symphony. Together they can conquer any social event.

Week 6 floral demonstration

MSSA has been a major part of **Emily McAlister Frith's** life since she was 3 years old. Much of her love of food and cooking came from spending time in the old Sylvan Lodge kitchen with Laura Miles, who came with the McAlister family every summer, and her grandmother Ella Hayes, who enjoyed the lectures, the Sewanee summer music concerts, and cooking for friends and family with fresh summer produce. In 1988, Emily and her husband Jim opened the Corner Market, Nashville's first specialty grocery and popular Belle Meade lunch spot, which was open for 16 years. Emily and Jim then turned the Corner Market into a catering company. In 2007, Emily took the reins of Harton Hall, and fed the people of MSSA for 17 summers. She also created the Culinary Guild and the herb garden, and mentored a generation of young people from the Assembly and the community. She retired from Harton Hall after the summer of 2022, but is back this summer to oversee MSSA's food service program and bring back the Culinary Guild. A native Nashvillian, Emily is involved in many community non-profits, has been a contestant on Food Network's "Chopped," and is a founding member of the Nashville chapter of Les Dames d'Escoffier. She will be coordinating and conducting a series of cooking classes and events throughout the summer. Jim and Emily have 2 sons, Mac and Davidson, and a new daughter-in-law, Liz O'Brien.

Weeks 1-8 cooking demonstrations

The Get Down is a five-piece band with a BIG sound! Performing a wide range of hit songs from top 40, alternative, and timeless classics, every event is a high-octane performance with a refreshing, modern edge. The Get Down will help create one of the most memorable events of your life! Their years of industry experience, unmatched professionalism, and extensive catalogue of songs from years past alongside today's current hits will keep guests on the dance floor all night long.

Week 3 performer

When he's not whitewater rafting down the Grand Canyon or sailing around the Caribbean Islands, **Rick Glaze** lives in Nashville, Tennessee where he paints portraits in his home studio, writes and performs country music. He has released two albums, with songs featured on Country Music Television (CMT), BBC Radio, as well as radio airplay. He attended the Stanford University Creative Writing Program and holds an MFA in studio Art from the Maryland Institute College of Art. His previous published work includes *The Purple River* (Amazon #1 New Release), a novel set during a whitewater rafting trip; *Spanish Pieces of Eight*, a mystery set in the sailing world; and the humor and satire of *Ralph & Murray* (a Silver Falchion Top Pick and Kirkus star and Indie Book of the Month), as well as a short story collection, and a weekly column in *Silicon Valley*. He is Critique Manager for Sisters in Crime, Nashville, and a judge for Killer Nashville Silver Falchion Award.

Week 6 Writer's Grove

Sissy Goff is the Executive Director of Daystar Counseling Ministries in Nashville, Tennessee, where she works alongside her puppy counseling assistant-in-training, Patches the Havanese. Since 1993, she has been helping girls and their parents find confidence in who they are and hope in who God is making them to be. Sissy is a sought-after speaker for parenting events across the country and is a frequent guest on media outlets including CNN, Good Morning America, Inside Edition, NBC Nightly News, and Christianity Today. She is the bestselling author of 13 books including her latest, *The Worry-Free Parent: Finding the Confidence You Need So Your Kids Can, Too*. She is the co-host of the *Raising Boys and Girls* podcast. Follow Sissy on Instagram @raisingboysandgirls and @sissygoft.

Week 7 lecturer

Rev. Keith Gunter is the organizing Pastor of the New Creation Presbyterian Church. Following many years of serving as a youth minister in Marietta, GA, he moved his family to Hendersonville, TN. Over the last several years, the church has continued to grow with young families and a heart to serve. He and his wife, Amy, have three children: Autumn, Noah, and Macy. Keith's family fell in love with the Assembly in 2015, and he is excited to return to play tennis, hike, and crawl into a cave or two. He currently serves on the Hendersonville Rotary Board as the Chaplain and coaches' soccer and football. He loves a good cup of coffee and is always up to trying something new. Recently, Keith has returned from a three-month sabbatical after receiving the Clergy Renewal Grant from the Lilly Foundation. Be careful—he is known to fill willing listeners with stories of his sabbatical journey.

Week 6 minister

Bill Haltom is an award-winning author, news columnist and editor. He has written ten books, ranging in topics from seersucker to civility. He is a columnist for the Tennessee USA Today Network and has been the editor in chief or chair of the editorial boards for five journals, including *The ABA Journal*, the official publication of the American Bar Association.

Week 1 lecturer

Claudia Haltom is one of three generations (on her mother's side) of graduates of the University of Tennessee College of Law. After growing up in South Pittsburg and then educated in Knoxville, she began her career in Memphis where she was an assistant Shelby County Attorney for over a decade before being appointed a Judicial Magistrate for the Memphis and Shelby County Juvenile Court, presiding over and ruling on cases involving juveniles and adults. In the Memphis Rotary Club, she was a Paul Harris Fellow and at Calvary Episcopal Church she was a Vestry member. She was the treasurer of the Children's Foundation of Memphis. Upon retiring from the court, she founded A Step Ahead Foundation to provide birth control to women in Shelby County, but now it serves women in 85 of 95 counties in Tennessee. She and her husband Bill Haltom have three adult children. At MSSA she serves on the Monteagle Assembly Endowment Fund Corporation.

Week 7 lecturer

Colby Henderson-Black is a multi-generational Assembly goer, former elementary school teacher, and lover of art and design. (And she's lifelong friends with her co-facilitator, Bradley Moody

Mims!) Colby resides on Signal Mountain in Chattanooga, Tennessee with her son, Woody; daughter, Tippi Jean; husband, Garrett; and dogs, Wayne and Albie. She enjoys thrifting, puzzling, reading, cooking, and being outside with her family.

Week 3 workshop facilitator/Week 5 Talent Show director

Gina Johnson is a certified trainer in Professional Business Etiquette and Etiquette for Children and Teens. Her certification is from the Emily Post Institute. She retired from the University of Alabama in 2015 after 32 years of teaching and administration, culminating as an Associate Vice President. She was responsible for auxiliary services such as the bookstore, printing, parking, transit, food service, Action Card systems, fleet services, land management and gameday management. She also served as the church administrator at First United Methodist Church of Tuscaloosa. Gina participates in the annual Beyond the Gates career services weekend retreat for graduating seniors at Sewanee. She and her husband, Jim have one daughter, Houston Johnson Stowell, and grandson who live in Atlanta. Houston is a 2011 graduate of The University of the South.

Week 6 lecturer

Mat Kaplan got his first telescope when he was 10. A self-avowed young space geek, Mat devoured any books he could find about the final frontier. It wasn't long before he added a love for radio and TV production, managing his college station, working as a national technology reporter, and building three professional video studios. He started with the Planetary Society over 25 years ago as a volunteer while in the midst of a 30-year career in higher education. Within months, he was hired by the Society to produce media. The big advance came when he created Planetary Radio for the member-supported non-profit. Mat produced and hosted the show for over 20 years. When he recently stepped down, the show was being aired by over 120 public radio stations, and the podcast was downloaded more than 2.5 million times annually, putting it in the top 1% of podcasts. Mat continues to serve the Society in his new role as Senior Communications Adviser, sharing what his friend, Planetary Society CEO Bill Nye calls "The PB&J: The passion, beauty and joy of space exploration."

Week 7 lecturer and star gazing guide

Amy Kurland founded Nashville's legendary Bluebird Cafe. Amy grew up in Nashville with music and performance in her blood. Her father Sheldon, a Juilliard trained violinist, played on records for Johnny Cash, Dolly Parton, George Jones etc. After graduating from George Washington University and attending culinary school, Amy opened the café in 1982. She had planned on it being a gourmet restaurant in which patrons could occasionally listen to live music. Instead, music quickly became the focus and the café is now widely regarded as one of the preeminent listening rooms in the country, with more than 70,000 people passing through its doors annually. The Bluebird Cafe has become one of the most important cogs in the star-making machinery of country music and has helped launch the careers of dozens of country artists including Taylor Swift, Trisha Yearwood, Lady A, and Garth Brooks.



Week 1 performance

Dawn Lafon loves coming to the MSSA home of her dear friends, Bill and Claudia Haltom! She has met so many lovely people from all over Tennessee and beyond. To be able to rest and relax here is a great gift. Dawn is a lifelong Memphian who has recently retired from a career of over forty-four years as a Latin teacher. She spent over thirty-four years of that career at White Station High School. Dawn won local, state, and national awards and more importantly, so did her students. She was also the teacher who mopped the floor when a broken air conditioner flooded her classroom. When her students asked her why she was doing that, her answer was, "I know how to mop a floor. I don't know how to fix an air conditioner." Dawn's love of Latin and her passionate desire to inspire that love in her students pushed her to study in both Italy and Greece. She received a Rockefeller Foundation Fellowship to research the rediscovery of Pompeii and Herculaneum and the effect that had on art and furniture design. She titled her project, "Humanizing Antiquity" from a quote by Mark Twain. "Nothing humanizes antiquity and makes it blithe as some connec-

tion with the present.” Dawn served on the National AP Latin Exam committee for over six years helping to write the exam and speaking all over the country at education conferences. Dawn is member of St. John’s United Methodist church where she manages the church garden and teaches Sunday School. She is the chair of the Council on Ministries. Since retirement, Dawn has received Master Gardener Certification. Her family, friends and faith community are her priorities. Dawn’s favorite Latin phrase is “Docendo discere”, one learns by teaching. She intends to keep learning and teaching in her retirement.

Week 7 lecturer

Cheryl Lankhaar has been painting for more than 30 years. She is well-versed in watercolor, gouache, oil, and pastel as an artist and instructor. Cheryl has illustrated a children’s book entitled *The Montecagle Assembly, Kinsley’s Story*, which has sold more than 600 copies. Cheryl has painted numerous commissions including portraits and architectural subjects. She is known for her images of Sewanee and its lovely landscapes. Cheryl won a landscape painting award “Best in Show” in 2015 for her oil painting, Winchester Farm. She taught landscape painting for several spring semesters at St. Andrew’s-Sewanee School, where she was also the school nurse. Cheryl has mentored art students from around the world, teaching them scenery painting for plays, portraiture, and landscape painting. She taught several youth workshops at MSSA in 2022 and 2023. Since 2021, Cheryl has been an art instructor volunteering for Arts Inside, a program that brings art classes to incarcerated adults.

Week 1 workshop facilitator



Lauren Laurino, LMT, RYT & CEO of Mountain Mobile Massage, Meals & Events is a Franklin County resident, and Holistic Health Advocate lovingly known as “America’s Holistic Sweetheart”. She hosted the 1st IMDb listed Holistic Lifestyle Television Show with 4 appearances on Dr Oz, is a 2x recipient of the ANMA Higher Achievement Award, a CA State Senate Award, 2x bestselling Amazon Author, was invited to the White House for the 2016 Precision Medical Initiative, plus founded the 1st Holistic Chamber of Commerce in NJ. Through the NY Open Center, she has personally worked with many major influencers in the Holistic Health Field including Deepak Chopra, Marianne Williamson, David Wolfe, Ina May Gaskin, Dr Gabriel Cousens, Michael Bernard Beckwith, NYC Mayor Eric Adams and more. Lauren continues to educate and empower residents and visitors in the Volunteer State and in 2024 alone was featured in 4 major magazines including the TN Highlighter Magazine and Good News Franklin County. In her spare time, she volunteers to teach Children’s Yoga at schools and camps throughout TN, because she believes ‘there is no better time than now’ for our Youth to learn stress relieving tools.

Weeks 1-4 YoMassage

Journalist and historian **Marc Leepson** is the author of eleven books, including *What So Proudly We Hailed: Francis Scott Key, A Life*; *Flag: An American Biography*; *Lafayette: Idealist General*; *Saving Monticello*; and *The Unlikely War Hero: A Vietnam War POW’s Story of Courage and Resilience in the Hanoi Hilton*. A former staff writer for Congressional Quarterly in Washington, D.C., he has written for many newspapers and magazines, including Preservation, Smithsonian, Military History, Civil War Times, the Washington Post, New York Times, New York Times Book Review, and The Wall Street Journal. He has written entries for the Encyclopedia Britannica, Encyclopedia Americana, and the Dictionary of Virginia Biography. He is Senior Writer, Arts Editor and columnist for The VVA Veteran, the magazine published by Vietnam Veterans of America. From 2008-2015 he taught U.S. history at Laurel Ridge Community College in Warrenton, Virginia. He has been interviewed many times on radio and television, including on The Today Show, CNN, MSNBC, Discovery Channel, The History Channel, History Detectives, All Things Considered, Talk of the Nation, To the Point, Morning Edition, The Diane Rehm Show, and The BBC NewsHour, and has presented papers, chaired panels at academic conferences, and spoken to students many colleges, universities, and high schools. He graduated from George Washington University in 1967. After

serving in the U.S. Army from 1967-69, including a year in the Vietnam War, he received his honorable discharge and went on to earn a Master's Degree in history from George Washington University in 1971. He lives in Loudoun County, Virginia.

Week 1 lecturer

John McCardell served as Vice-Chancellor and President of the University of the South from 2010-2020. He retired as an Emeritus in June 2022. He received his A.B. degree from Washington and Lee University and his Ph.D. from Harvard University. His dissertation, "The Idea of a Southern Nation," won the Allan Nevins Prize from the Society of American Historians in 1979. From 1976 until 2010 he was a member of the History faculty of Middlebury College and served as President of the College from 1991-2004. He has published essays, edited volumes, and reviews in the field of nineteenth century American History. He has chaired the Presidents' Council of the NCAA Division III and the Board of the National Association of Independent Colleges and Universities. He is married to Bonnie, by far his better half, and they are the parents of two sons.

Week 5 lecturer

James Manning is an expert at doing many various tasks and doing them well. When working at the Oaklands Mansion, he is responsible for writing scripts, caring for artifacts, networking with media and working with community leaders in order to bring to life the significance of a community and an important era in history. Throughout his work experience, he has had an interest in homes and communities and generating revenue that works within that community to bolster its historic worth. Whether he is researching an area in order to sell a revitalized factory in Nashville as condominiums or transplanting native Tennessee wildflowers into a memorial garden at Oaklands for a friend, he appreciates the connections of such actions to the region's heritage. James has a passion for historic homes, Tennessee communities and storytelling. He is a creative person who cares about roots and thinks we are all a part of a legacy that is worth telling.

Week 4 lecturer

The most significant thing to know about **Dr. David McMillan** is that he is married to the honorable Marietta Shipley, the mother of mediation in Tennessee, the first judge in Tennessee to require parenting plans in divorce cases, the first judge to have status conferences as well as settlement conferences and to require mediation before cases are tried in court. David supported her campaign and her election to the Second Circuit Court. He is the author of the Foundational Theory of Community, a Definition of Sense of Community (the reason you came to this place). He is the founder of the Nashville Psychotherapy Institute, former clinical director of Parkwest Eating Disorders Program, and co-director of Compass, a program for treating domestic violence. He is the author of two books, *Create Your Own Love Story* and *Emotional Rituals*. He is an adjunct professor at Fisk University and the author of many publications.

Week 1 lecturer and workshop facilitator

Stacie Meeks has been a Critical Care Paramedic for over 18 years, 14 of which as an instructor. She is married to her husband of 25 years, and they live on the mountain with their three dogs. Stacie has two grown children, and she loves art and traveling. She has a God given mission to teach CPR to any and everyone she can.

Week 2 workshop facilitator

Bradley Moody Mims is a multi-generational Assembly goer, elementary school teacher, and lover of art. (And she's lifelong friends with her co-facilitator, Colby Henderson-Black!) Bradley lives in Columbia, Tennessee. She teaches third grade at Riverside Elementary School and is in her 10th year of teaching. Bradley enjoys crafting and exploring her riverside community. She grew up spending her summers in the Assembly, serving on staff for many years primarily in the Hummingbirds and Crafts program. She has previously been the Youth Coordinator. In addition to her workshop, Bradley is serving as the Youth Superintendent this season.

Week 3 workshop facilitator/Week 5 Talent Show director

Brendie Mitchell is a seasoned Registered Nurse and health and wellness executive with an impressive track record in managing national teams of health professionals, designing wellness programs, conducting clinical research, and overseeing large-scale care management programs. After 30 years in the corporate world, Brendie decided to return to her nursing roots to provide one-on-one support for individuals seeking to improve their function as they age. She believes in supporting the Baby Boomer and Gen X populations with realistic, achievable health goals tailored to their unique needs, enhancing their quality of life. Brendie played a pivotal role in developing innovative, remote and onsite, evidence-based quality care systems and the supporting technology. She cherished the idea of using this expertise to help individuals improve their quality of life and well-being from their homes. Inspired by this vision, Brendie planned her transition from the corporate sector to create a new service offering, rekindling the joy she initially found in nursing by helping patients become healthier. With both professional and personal experience in supporting individuals with practical guidance, advice, and advocacy for families and their caregivers. Brendie is also a 450-hour certified yoga instructor, specializing in Ashtanga, Baptiste, trauma-sensitive, and special needs populations. She leverages this knowledge, alongside her nursing expertise, to assess clients' overall needs and help them create plans that promote health improvements and a greater sense of well-being. Passionate about her family, preventive health, supporting underserved populations, and enhancing health and wellness programming through individualized support, Brendie is dedicated to providing the right expertise at the right time for those in need.

Weeks 1-8 Yoga Flex & Week 3 lecturer

Anne Monfore was born in Columbus, MS, and lives Tuscaloosa, AL. She attended the Mississippi State College for Women (now known as Mississippi University for Women) in Columbus, MS, and earned a master's degree in education and history from the University of Alabama. She taught for 25 years in public schools and AP classes for the University of Alabama. Anne is active in community, civic, and social organizations. She has served on the Hospital Board, Arts Council, Security Bank Board, the Advisory Board for the University of Alabama for the College of Education, and the College of Medicine. She has been particularly involved in historical preservation and was the recipient of the Patron of the Arts Award for the city of Tuscaloosa. She has always been a student of antiques, particularly French 18th century and French porcelain. She is a collector of French antiques and gives lectures on French furniture. Anne is also an artist and works in watercolor and oils. Her favorite is pen and ink with watercolor washes. Many of her paintings are from her personal collection of French furniture pieces that she uses as illustrations for lectures. She loves travel, particularly France and England. She arranges flowers and does flowers for special events at the University of Alabama. She has served as state president of the National Society of the Colonial Dames, one of her deepest loves because of its devotion to history and preservation. She was recently appointed by the governor of Virginia to serve as a regent to Gunston Hall, the ancestral home of George Mason in Virginia. Her role has been helping with the development of the gardens of the mansion on the Potomac River. She is an active member of Christ Episcopal Church where she serves as chairman of the foundation board. Anne spends her summers at her home, Mint Julep, where her family has had a home since 1882. As a member of the Assembly, she has served as a trustee and a member of the Endowment Board. She is the widow of the late Bob Monfore and has two sons, Thomas and Matthew, and three granddaughters, Ella, Frances, and Katie Grace, all of whom spend time on the Mountain.

Week 5 lecturer

After a 37-year career in education, including 19 intense, fast-paced years as Head of School in Augusta, GA, **Ned Murray** decided to transition into retirement by walking the 500+ miles of the Francis route of the Camino with his wife, Lucy. Ned describes his 42 days on the Camino as "one long prayer, filled with mystery, magic, transformation, and re-connection." He adds, "The food, fellowship, and wine were pretty awesome, too!" Ned subsequently failed retirement and currently serves as the Executive Director of Friends of South Cumberland State Parks.

Week 8 lecturer



Nelson Nolen and Bradley Cole Smith have been playing together for more than 20 years. Nelson frequently appears on stages around Atlanta with various bands, including Michelle Malone's band, Canyonland, and The Sundogs Tom Petty Show.
Week 2 performance

Liz Norell Liz Norell is an educator, a yoga teacher, and a life coach who loves MSSA and life in Monteagle. She's assisted with Platform publicity and support since 2013 (with a one-year hiatus), and in that time she's lectured, taught aqua yoga, and hosted workshops. In all of her work, Liz centers authenticity and self-awareness as practices to build stronger, more humane relationships.
Weeks 1-8 aqua yoga instructor / Week 3 Writers' Grove/ Week 5 lecture and workshop leader

Ed Norton is a graduate of Mississippi State University and Reformed Theological Seminary. He served on the staff of First Presbyterian Church, Jackson, Mississippi, and as the church planter for Highlands Presbyterian Church, Madison, Mississippi. He is now the Associate Pastor Emeritus with Independent Presbyterian Church in Memphis, Tennessee. He was on the staff of IPC Memphis for twenty-eight years. His responsibilities were local and global church planting and ministering to one of IPC Memphis's age group demographics. He has trained and been certified as a "Gospel Coach" with Church Multiplication Ministries. His extracurricular activities include co-founding and coordinating the United Kingdom Partnership (www.ukpartnership.net), which seeks to connect U.S.A. funding resources with church planting opportunities in the United Kingdom. He also serves on Third Millennium Ministries and Third Millennium Seminary boards. One of the joys of his life was serving in the Mississippi Air National Guard for twenty-four years. He was honorably discharged and retired as a Lieutenant Colonel. He is married to Sally for forty-four years. Ed and Sally have three children: Halley (married to Ford), Evan (married to Lindsey), and Clarke (married to Khrystyna), along with nine grandchildren.
Week 7 minister

Sandra Randleman joined the staff of First Presbyterian Church as the Associate Pastor for Congregational Care and Discipleship in September of 1999. Her areas of responsibility include congregational care, support groups, and missions. Sandra spent her high school and college years in Birmingham, Alabama, graduating from Samford University in 1976 with a Bachelor of Arts Degree with Honors in English and in 1977 with a Master of Arts Degree in English. Sandra then attended Vanderbilt Law School and graduated with a Doctor of Jurisprudence Degree in 1980. Later, she earned an LL.M. in Taxation from New York University School of Law. Sandra practiced law for 16 1/2 years, first in private practice and then as in-house counsel for a major corporation. A corporate transfer brought Sandra to Nashville. While practicing law, Sandra sensed that God was calling her to use her gifts in another way, in full-time ordained ministry. After a time of prayerful discernment, Sandra entered Vanderbilt Divinity School in 1996 and graduated in 1999 with a Master of Divinity Degree. While in school, Sandra completed both an internship and a residency in clinical pastoral education at the Veterans Administration Hospital in Nashville. Following graduation from Vanderbilt Divinity School, Sandra received a call to join the staff of First Presbyterian Church as an associate pastor. In 2002, Sandra completed a certificate of spiritual formation from Columbia Theological Seminary and then began work on a Doctor of Ministry. She was awarded a Doctor of Ministry Degree from Columbia in May 2006. Sandra's ministry at First Presbyterian Church has brought her a great sense of joy and a sense of having followed God's call to serve God and people through ordained ministry. In addition to her ministry, Sandra enjoys traveling (especially on mission trips), reading, swimming, hiking, and spending time with friends.
Week 4 lecturer

Beth Riner retired from teaching high school English to move to scenic Monteagle, Tennessee, where she rediscovered not only herself, but also her passion for writing. She adores smartass men, snarky friends, good conversation punctuated with laughter, blackberry cobbler, and Rooster, her rambunctious Boykin Spaniel, who lives with her in a 576-square-foot cabin, aptly named Storybook Cottage. A feature writer for The Grundy County Herald, Beth has also written for The

Sewanee Mountain Messenger and recently finished the next book in the Odd Job Annie cozy mystery series.

Week 7 Writers' Grove

Nicholas E. Roberts teaches classes on the Middle East, Islam, and imperialism in the History Department and the International and Global Studies Program at The University of the South. He received his B.A. in Religion from Carleton College, a M.A. in Middle Eastern Studies from the University of Chicago, and a Ph.D. in Middle Eastern and Islamic Studies/History from New York University. His scholarly interests include the history of European imperialism in the Middle East, the history of Israel/Palestine, modern Islamic movements, and Arab nationalism in the Middle East. He has received several awards including a James D. Kennedy III fellowship from Sewanee and a Fulbright fellowship to conduct research in Israel.

Week 8 lecturer

Jim Rogan has been studying and mixing cocktails for twenty years. Craft cocktails are his specialty. Jim has conducted many Sipinars and currently mixes cocktails at Shaker Village, Harrodsburg, Kentucky from May through October at its Music on the Lawn outdoor venue. Prior to working behind the bar, Jim was a member of the bar and practiced law in Danville, Kentucky.

Week 5 workshop

Steven Ross is Professor Emeritus at the University of Memphis. A writer-producer-director of documentary and fiction film, his work has been broadcast nationwide on PBS and The Arts and Entertainment Network; has received awards at numerous film festivals; and been screened at many museums and universities in the United States and abroad. Professor Ross has also served on the faculty of Wesleyan University, Temple University, and Sacred Heart University. He has had invitational residences at the American Academy in Rome; at the Yaddo artists and writers retreat in Saratoga Springs, New York; and presented at the Sewanee Writers Conference. He and his wife, noted jewelry designer Dorothy Northern, live in Memphis, across the street from the Old Forest in Overton Park.

Week 8 lecturer

Aidan Ryan is the author of *I Am Here You Are Not I Love You* (University of Iowa Press, 2025). His writing has appeared in Public Books, The Millions, Annulet, The White Review, Colorado Review, Humanities, and the anthologies Conversations with George Saunders, Silo City Reading Series, and Best New Poets 2019. He is a senior editor at Traffic East, cofounder of Foundlings Press, and director of the literary residency at Artpark. He lives in Buffalo, New York.

Week 7 lecturer and Writers' Grove

Stephanie Sabbe is the founder of Nashville-based Sabbe Interior Design, a highly regarded interior design firm specializing in both residential and commercial projects. After graduating from the University of Tennessee with a Bachelor of Science in Interior Design, Stephanie spent seven years working with large commercial architectural firms before founding Sabbe Interior Design in Boston, Massachusetts. In 2015, she relocated her practice to her hometown of Nashville, where she operates both a studio and a small retail shop, Heirloom Artifacts, in Belle Meade. Sabbe Interior Design has been featured in numerous publications, including Southern Living, House Beautiful, and Veranda. Stephanie's first book, *Interiors of a Storyteller*, is scheduled for release in March 2025.

Week 1 lecturer

Faculty at the **Sewanee Summer Music Festival** come from around the country, and many are a part of the music faculty at top universities or play in exceptional orchestras and ensembles from around the globe. SSMF is thrilled to have them at Sewanee, and to be able to present these world class musicians at the Assembly. The students at the Sewanee Summer Music Festival come from around the country and are excited to have the opportunity to perform their chamber music for the audience at the Monteagle Sunday School Assembly. Students at SSMF range from early high school all the way to doctoral school in their studies of music. Student ensembles are assigned at

the SSMF and often the chamber groups you will hear have only been rehearsing for a week or two. We hope you enjoy hearing their hard work pay off at their Assembly concerts! For more information about the full schedule of SSMF concerts in Sewanee this summer, see www.ssmf.sewanee.edu.

Weeks 3, 4, and 5 performances

Hampton Sides is best-known for his gripping non-fiction adventure stories set in war or depicting epic expeditions of exploration. He is the author of the bestselling narrative histories *Ghost Soldiers*, *Blood and Thunder*, *Hellhound On His Trail*, *In the Kingdom of Ice*, and *On Desperate Ground*. His most recent work, *THE WIDE WIDE SEA: Imperial Ambition, First Contact and the Fateful Final Voyage of Captain James Cook* (Doubleday) reached #3 on the New York Times bestseller list. Hampton has been a contributor to *Outside*, *National Geographic*, *Smithsonian*, *The New Yorker*, *The Wall Street Journal*, *The New York Times*, and many other newspapers and magazines. His journalistic work, collected in numerous published anthologies, has been twice nominated for National Magazine Awards for feature writing. A native of Memphis and a Yale graduate, Hampton is a board member of the Society of American Historians and the Author's Guild, and he was a recent Miller Distinguished Scholar at the Santa Fe Institute. He has an honorary doctorate in humane letters from Colorado College. Hampton lives in Santa Fe, New Mexico.

Week 2 lecturer

Singer and songwriter **Bradley Cole Smith** has been a fixture on the Atlanta music scene since the early 1990s. Formerly of Doublewide, Bradley cut his first solo album *Beggars and Bankers* in 2001. His latest release, *The Hilltop* EP, features a lush, rootsy landscape with more diverse instrumentation than his prior releases. As a songwriter, Bradley has been featured in films and television. As a performer, he has shared the stage with numerous artists including Sheryl Crow, Blues Traveler, Sister Hazel, Edwin McCain, Taj Mahal, Dwight Yoakum and Jerry Jeff Walker. His songs characterize the human experience, giving them timeless and ageless appeal.

Week 2 performance

After earning an MBA from the University of Chicago, **Bill Spitz** spent fifty years in various roles in the investment management industry. He spent the bulk of his career as the Chief Investment Officer at Vanderbilt University where he grew the endowment from \$300 million to \$3.5 billion and also served as a Clinical Professor in its Owen School of Management. Upon his retirement from Vanderbilt, Bill joined Diversified Trust Company, a wealth management firm that he helped found in 1994. He has written several investment books, two Harvard Business School cases and dozens of articles in various investment publications. In his current role, he writes several posts weekly for his firm's blog and publishes a white paper every few months on a topic of interest to the firm's clients. Bill has been married for fifty years and is the father of three daughters and the proud grandparent of four lovely children. He is a committed ballroom dancer having participated in more than fifty competitions earning a variety of awards. Bill and his wife enjoy traveling and have just completed visits to all seven continents.

Week 1 lecturer



Julia Sullivan is the Chef and Co-Owner of Henrietta Red, a contemporary oyster bar and restaurant in Nashville's Germantown neighborhood. A graduate of the Culinary Institute of America, she honed her skills at top New York restaurants like Blue Hill at Stone Barns, Per Se, and Franny's before returning to her hometown to open Henrietta Red in 2017. The restaurant, known for its seasonal, ingredient-driven cuisine, has received accolades from *Bon Appétit*, *GQ*, and was a James Beard Foundation semifinalist. Julia has been named one of the Best Young Chefs in America by *Robb Report*, one of *Food & Wine Magazine's* Best New Chefs, and recognized as a 2019 semifinalist and a 2020 finalist in the James Beard Foundation Awards Best

Chef: Southeast category. Active in the culinary community, Julia is the President of the board of Oyster South, furthering her dedication to sustainable seafood practices and supporting coastal communities and oyster farmers. Julia opened her second restaurant, Judith, in Sewanee, TN, in the fall of 2024.

Week 7 culinary demonstration

Sallie Stamps Swor is a native Nashvillian, cookbook author, and culinary blogger. Sallie graduated from Rhodes College and received a master's in counseling and psychology from the University of Memphis. Sallie worked in Memphis Public Schools for 9 years, and after moving back to Nashville she worked as a counselor in the Metro Public Schools for the next 21 years, where she met and married Sammy Swor, a high school principal. Sallie's home is her favorite place in the world to entertain, create, and cook. She enjoys cooking, knitting and any craft project; all things related to gardening, reading, traveling; and writing her food blog. Her company, The Deer One Enterprises, publishes her blog, manages The Strands website and business, and makes contributions to auctions at schools and organizations. In addition to active involvement in numerous civic organizations, Sallie also works as a private college consultant for high school seniors.

Week 6 culinary demonstration

Bob Tarter created the Natural History Educational Company of the Midsouth in 2005 to share his love of animals with others. Apart from being a lifelong nature enthusiast, Bob has a degree in Natural Resources and Environmental Sciences from the University of Illinois (Urbana-Champaign) and spent time as a biologist for Ducks Unlimited and with the Department of Natural Resources for the State of Indiana as a wildlife researcher and biologist. Bob and his wife Beth live in middle Tennessee with their two children, along with the entire NHECM animal family. Many of their animals are obtained when they are young and hand-raised by Bob and his family in their home. They all find a forever home at our small farm and will live there for the remainder of their lives as retirees, long past the time they are willing to program and travel. If you're not following him on social media, you're missing out on some truly fantastic stories about living with their menagerie, including that one time when they lost a kangaroo in their house.

Weeks 1 & 6 performance

Pace Humphreys Verner is the daughter of Jim and the late Judith Humphreys and has been a part of our Monteagle community her entire life. In addition to being a parent, Pace worked as the Director of Development for Daystar Counseling Ministries for 13 years before starting her private spiritual direction practice called Peaceful Practice. Her practice is based on the teachings of Ignatius of Loyola, who teaches us to find God in all things. As a spiritual director, Pace walks alongside others in their spiritual journey—listening, encouraging, and praying.

Weeks 1-8 peaceful practice

Caroline Vogel is a mother, partner, and lover of the Holy Spirit. She enjoys writing into the gaps (God Appointed Places) people experience in life. *God Spark* is her first children's book. She and illustrator Rara Schlitt are currently working on a series of children's books about the Holy Spirit. Caroline's daily work is as a mental health therapist and spiritual director. She has a passion for journeying alongside people as they seek to live into their health, wholeness, and soulful resilience. You can learn more about Caroline, her work and books on her website: www.carolinevogel.com.

Week 1 Writers' Grove

Judy Walling grew up on the border of the Cherokee National Forest and learned to use local flowers for arrangements. Inspired by a student teacher who interned at the local high School, Judy attended UT and majored in Related Arts Crafts & Interior Design. She later attended Cleveland State College, majoring in architectural technology and Interior Design. She earned an A.S. degree from Motlow State with emphasis on Architecture & Interior Design. Judy taught Engineering Graphics for 7 years at Franklin County High School and as an adjunct instructor at MTSU. She

received her B.S. in Industrial Education from MTSU and completed course requirements for both a Masters in Industrial Education from MTSU and a Masters in Organizational Management from Cumberland University. Judy learned about growing flowers and characteristics of native plants from her grandmother. After marrying a farmer, they bought their own farm and now grow many types of flowers, trees & shrubs as well as vegetables & blueberries. Judy enjoys using native plants, grasses and wildflowers in combination with domestic flowers.

Week 4 workshop

The Reverend Tom Ward has been an Episcopal priest for almost fifty years, serving parishes in Mississippi and Tennessee. From 1994 through 2005, he was University Chaplain at Sewanee, the University of the South. Tom now focuses on the contemplative dimension of the gospel, teaching Centering Prayer and leading retreats. For almost thirty-five years Tom worked closely with Thomas Keating and Contemplative Outreach, Ltd, a network which fosters contemplation. He has a special interest in fostering this practice in local congregations.

Week 2 lecturer

Justin Whitt works at the Department of Energy's Oak Ridge National Laboratory where he draws on over 30 years of experience to help teams of scientists and engineers successfully deploy large complex scientific instruments. He is currently assigned to the LEGEND-1000 project within the Nuclear Physics Division at Oak Ridge National Laboratory. The LEGEND-1000 project plans to build and operate a large (4-stories tall) detector system 1.5 miles underground to search for an unobserved phenomenon called neutrino-less double beta decay. He previously served as the director for the Department of Energy's Oak Ridge Leadership Computing Facility (OLCF) and was responsible for building and operating leadership class supercomputers. These supercomputers are used by researchers around the world to investigate a variety of physical phenomenon ranging in scale from galactic to atomic with a focus on research that can be performed nowhere else. Justin led the project to deliver the world's first exascale supercomputer called Frontier, which is capable of over a quintillion calculations each second. Justin is the husband of Maggie Kizer Whitt and proud father of Greta and Charlie. He is also the son-in-law of Martha and Jerry Kizer.

Week 4 lecturer

Maggie Kizer Whitt is a multi-generational Assembly goer dating back to her grandpa, Irwin Crais, riding the Mountain Goat train up from New Orleans as a child. She currently works as an Outdoor Educator at the Episcopal School of Knoxville in Knoxville, TN where she lives with her husband, Justin and two kids, Greta and Charlie. Maggie earned her Bachelor of Science from the University of the South in Natural Resources and later earned a masters of Education from Vanderbilt/ Peabody. She is presently working on her TN Naturalist certification. She grew up coming to the Assembly as a child and worked on the staff for two summers. Her daughter, Greta, is working this summer as Co-Head of Hummingbirds.

Week 3 excursion

Betsy Wills is the cofounder of YouScience, a national online psychometric-assessment service based in Nashville, Tennessee. She is a regular guest lecturer at Vanderbilt University and at New York University Stern School of Business and has been a featured speaker for TedX Women. She is also the Director of Marketing and Branding at Diversified Trust, a wealth management firm. She serves on the Advisory Board of the Peggy Guggenheim Museum in Venice and the Music City Center Authority in Nashville, Tennessee. Betsy is a graduate of Vanderbilt University and holds a Master's of Education in Human Resource Development from Peabody College. She lives in Nashville.

Week 4 lecturer



Retired from over thirty years of ordained ministry in the Episcopal Church, The **Rev. Sara-Scott Wingo** enjoys hiking, anything that takes her outdoors, time with family and friends, and writing. She has served churches in Alabama, Virginia, and Tennessee. She counts her greatest blessings to be her husband Pat, also a retired priest; three daughters; and two grandchildren, each born in 2024. She longs for Church to be a loving place of welcome for all and holds respect for the doubter and the disillusioned. Sara-Scott was introduced to Monteagle an infant, and the same is true for her children, who all grew up to have summer staff jobs in the Assembly, and for her grandchildren. She looks forward to joining us again this summer.

Week 1 minister



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